

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B				1 Egg & Cheese Croissant (140)	2 Coffee Cake & String Cheese (180)
L				Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Refried Pinto Beans (1c) (160)	Herb Chicken Breast with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c) (150)
S				Greek Chicken Salad with a Wheat Dinner Roll (10)	Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
5	Blueberry Muffin & WG Crackers (155)	6 Pancakes (2) with Syrup (140)	7 Rice Chex & WG Crackers (150)	8 Maple Pancake Corn Dog (150)	9 Cherry Fruit Pocket (160)
L	Penne Pasta (1c) & Meat Sauce (3/4c) with Mixed Vegetables (1c) (160)	Double Dog Chicken Hot Dogs with Sweet Potato (1c) (170)	Chicken Empanadas with Pinto Beans (1c) (170)	Breaded Chicken Drumstick with Mashed Potatoes (1c) & Dinner Roll (170)	Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c) (160)
S	Caesar Chicken Salad with a Wheat Dinner Roll (10)	Chef Turkey & Ham Salad with a Wheat Dinner Roll (10)	Chinese Chicken Salad with a Wheat Dinner Roll (10)	Greek Chicken Salad with a Wheat Dinner Roll (10)	Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
12	Bagel with Cream Cheese (160)	13 Cinnamon French Toast w/Syrup (165)	14 Coco Puffs & WG Crackers (180)	15 Chicken Tamal (180)	16 Coffee Cake & String Cheese (180)
L	Pesto Chicken Spaghetti (1c) with Mixed Vegetables (1c) (160)	Turkey & Cheese Calzone with Whole Kernel Corn (1c) (170)	Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c) (160)	Pepperoni Pizza w/ Carrot Sticks (1c) & Ranch (270) (Starts at 12:40pm)	Herb Chicken Breast with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c) (150)
S	Caesar Chicken Salad with a Wheat Dinner Roll (10)	Chef Turkey & Ham Salad with a Wheat Dinner Roll (10)	Chinese Chicken Salad with a Wheat Dinner Roll (10)	Greek Chicken Salad with a Wheat Dinner Roll (10)	Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
19		20 <b>NO SCHOOL</b>	21 Reduced Sugar Trix & WG Crackers (170)	22 Breakfast Pizza Calzone (180)	23 Apple Fruit Pocket (160)
L			Pepperoni Pizza w/ Carrot Sticks (1c) & Ranch (270) (Starts at 12:40pm)	Chicken Tamal with Pinto Beans (1c) (180)	Creamy Chicken Chipotle (1/2c) over Penne Pasta (1c) with Steamed Broccoli & Carrots (1c) (160)
S			Chinese Chicken Salad with a Wheat Dinner Roll (10)	Greek Chicken Salad with a Wheat Dinner Roll (10)	Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
26	Bagel with Cream Cheese (160)	27 Cinnamon French Toast w/Syrup (140)	28 Lucky Charms & WG Crackers (180)	March 1st Bean & Cheese Quesadilla (150)	March 2nd Coffee Cake & String Cheese (180)
L	Spaghetti (1c) & Meatballs with Mixed Vegetables (1c) (160)	Chicken & Waffles with Mashed Potatoes (1c) (180)	Beef Empanadas with Pinto Beans (1c) (180)	Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch (160)	Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c) (160)
S	Caesar Chicken Salad with a Wheat Dinner Roll (10)	Chef Turkey & Ham Salad with a Wheat Dinner Roll (10)	Chinese Chicken Salad with a Wheat Dinner Roll (10)	Greek Chicken Salad with a Wheat Dinner Roll (10)	Santa Fe Chicken Salad with a Wheat Dinner Roll (10)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED/ Lunch Starts At 11am on Tuesdays



“Eat Right, Be Bright!”