

Adolescent Mental Health Providers in Escondido 2017-2018

EUHSD does not endorse specific agencies or clinicians; this is only a reference guide.

Families can call the Access & Crisis Line at 24/7 at 1-888-724-7240 or call 211 to find a nearby Medi-Cal provider and/or to get information regarding other options.

Counseling and Psychiatric Services:

Palomar Family Counseling Services

1002 E. Grand Avenue, Escondido, CA 92025

Phone: (760) 741-2660 Fax: 760-480-1262

Program Manager: Sharon Kruvi LMFT

- DIS and EPSTD Provider (Medi-Cal School-based outpatient provider); Agency has an available psychiatrist.
- Also an MHSA Provider: County program serving those without Medi-Cal, but they must have a Social Security number.
- Forward on Friday: Clinic-based counseling on Fridays for those without SS#, but it is \$15 a session.
- Please submit a completed referral form. A referral response will be faxed to the number from which the referral was received.

Mental Health Systems

940 E. Valley Parkway, Ste. D, Escondido, CA 92025

Phone: (760)747-0205 Fax: (760) 747-0582

Program Manager: Shannon Nosenzo

- Clinic-based groups and case management for youth
- One therapist for counseling, serving students without Medi-Cal and insurance
- Groups: Decision-making, communication, relationships, anti-theft, substance abuse prevention/intervention, parenting classes, anti-bullying

Rady Children's Outpatient Psychiatry

625 W. Citracado Way, Ste., 102, Escondido, CA 92025

(760) 294-9270

Phone: 760-294-9270

Fax: 760-294-9268

- Clinic-based counseling and psychiatric services for children up to 18 y/o with Medi-Cal only
- Families must refer themselves

Neighborhood Healthcare Behavioral Health Clinic

425 D. Date Street, #224, Escondido, CA 92025 (760) 746-5857

- Clinic-based counseling services, no adult psychiatry (but accepts some 16 & older)
- Medi-Cal and sliding scale; some private insurance accepted;
- Sliding Scale Rates: Interns: \$20 session; Psychologist: \$78-\$269 Initials, \$58-\$112 follow-up sessions
- Client and family must refer themselves

PsyCare

300 Rancheros Drive, Suite #130, San Marcos, CA 92069

(858) 279-1223 (One referral number)

- Child Psychiatry and counseling
- Varying hours, generally 8 am-7 pm, some weekend hours
- Accepts all major insurances but does not accept Medi-Cal

Grief Counseling:

Elizabeth Hospice

500 La Terraza Blvd., Ste. 130 | Escondido, CA 92025

Contact: Melissa Lunardini, MA, MFTI

Children's Bereavement Manager

Direct (619) 294-8000

- Clinic-based Grief Counseling
- Assessment: Free; Additional sessions: \$30

Substance Abuse (See PAD page on EUHSD website):

McCalister N. Coastal TRC
3923 Waring Rd, Oceanside, CA 92056
(760) 726-4451

Vista Hill SAFIR Program-Support for Adolescents and Family in Recovery
Lincoln Elementary School (Back in Annex: Room 26)
1029 North Broadway, Escondido, CA 92026
Phone: (619) 688-4250

- Every Monday evening at 6:30 pm in both English and Spanish
- Free support group for parent and teen in recovery (both are required to attend)
- Ages 12-18

Domestic Violence & Sexual Assault:

Center for Community Solutions
24-Hour Toll Free Hotline: 1-888-385-4657; North County Location: 760-747-6282

- Client and family must refer themselves; provides counseling for youth age 14 and older and referrals to shelters

Escondido Crisis Response Teams:

PERT (Psychiatric Emergency Response Team)
Escondido Police: (760) 839-4722 or 911
Hours: Wednesday-Saturday, 12-10 pm

- If you call 911 and a PERT team member is not available, you may request that they send a PERT-Trained Officer. You may also request a PERT team member from a nearby region.

North County Crisis Intervention and Response Team
225 W. Valley Parkway, Suite 100, Escondido, CA 92025
(760) 233-0133
Hours: M-F 12-8 pm, Saturday 12-5 pm

- Walk-In same day appointments to youth, ages 4-17, who are experiencing severe behavioral and/or emotional difficulties that may include co-occurring substance abuse disorders.
- Serves Medi-Cal and uninsured.

Exodus Recovery Mental Health Walk-In/Urgent Care
660 East Grand Avenue, Escondido, CA 92025
Phone: (760) 796-7760
Hours: Monday through Friday 8:00 a.m. to 4:30 p.m.

- Crisis Intervention for adults age 18-65 who might otherwise present at emergency rooms for mental health services

Behavioral Health Hospital:

Aurora Behavioral Health
11878 Avenue of Industry, San Diego, CA 92128
Free 24/7 Referral and Assessment Line: 1-800-565-4228

- Accepts Medi-Cal for crisis only; Inpatient and Outpatient services