

**Have a  
Great Day!**


**Bronx Academy of Promise**

**Breakfast Menu**

October 3 - 7, 2016

Meal Includes:  
Meat/Meal Alternate, Grains, Fruit, and Milk



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>School Closed</b></p> <p style="text-align: center;"><b>Rosh Hashanah</b></p> 		<p style="text-align: center;"><b>Turkey Sausage &amp; Egg Sandwich</b> *****</p> <p style="text-align: center;"><b>Yogurt Parfait w/Fruit &amp; Granola</b> *****</p> <p style="text-align: center;"><b>Assorted Whole Grain Cereals</b> *****</p> <p style="text-align: center;"><b>Fresh and Cupped Fruit</b> *****</p> <p style="text-align: center;"><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p style="text-align: center;"><b>Buttermilk Pancakes w/Syrup</b> *****</p> <p style="text-align: center;"><b>Plain Bagel w/LF Cream Cheese</b> *****</p> <p style="text-align: center;"><b>Assorted Whole Grain Cereals</b> *****</p> <p style="text-align: center;"><b>Fresh and Cupped Fruit</b> *****</p> <p style="text-align: center;"><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p style="text-align: center;"><b>Egg &amp; Cheese in a Pita</b> *****</p> <p style="text-align: center;"><b>Blueberry Muffin w/Fruit Salad</b> *****</p> <p style="text-align: center;"><b>Assorted Whole Grain Cereals</b> *****</p> <p style="text-align: center;"><b>Fresh and Cupped Fruit</b> *****</p> <p style="text-align: center;"><u>Milk</u> 1% White or Non-Fat Chocolate</p>

**Available at Every Breakfast**

**Grains: Bagels, English Muffins, Whole Wheat Bread**

**Milk: Low-Fat White and Non-Fat Chocolate**

**Water available at every meal**

**This institution is an equal opportunity provider.**