

Larson, Boulan, & Smith Lunch Menus



May 2018



TRADITIONS



MAY MENU

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|---|
| 30th-4th | Enchilada Casserole Mexican Black Beans | Mac and Cheese with Dinner Roll ✓ Steamed Broccoli | Chicken Potato Bowl Corn | Chicken Drumstick with Biscuit Mashed Potatoes and Gravy | French Toast Sticks ✓ with Turkey Sausage Hash Browns |
| 7th-11th | Sweet & Sour Chicken with Brown Rice Steamed Broccoli | Spaghetti with Meat Sauce or Marinara ✓ & Garlic Breadstick Roasted Italian Vegetables | Pulled Pork with Cornbread Biscuit Sweet Potato Fries | Chicken Nuggets with Dinner Roll Mashed Potatoes & Gravy | Cheese Quesadillas ✓ Beef/Bean and Cheese Nachos ✓ Aztec Corn |
| 14th-18th | General Tso Chicken with Fried Rice Roasted Carrots | Mini Chicken Corn Dogs Steamed Broccoli | Beef/Bean and Cheese Tacos ✓ Beef/Bean and Cheese Nachos ✓ Mexican Black Beans | Chicken Potato Bowl with Dinner Roll Corn | Breakfast Burrito Tater Tots |
| 21st-25th | Orange Chicken with Fried Rice Oriental Vegetables | Broccoli Chicken Alfredo with Dinner Roll Steamed Broccoli | Steak Fajitas Beef/Bean and Cheese Nachos ✓ Refried Beans | Spicy Chicken Wings with Corn Biscuit Sweet Potato Fries | Waffles ✓ with Turkey Sausage Hash Browns |
| 28th-1st | 5/28 Memorial Day – No School | Mac and Cheese with Dinner Roll ✓ Steamed Broccoli | Chicken Potato Bowl Corn | Chicken Drumstick with Biscuit Mashed Potatoes and Gravy | French Toast Sticks ✓ with Turkey Sausage Hash Browns |

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a ✓ are vegetarian. Many of our other daily specials have the option to be made **vegetarian**, just ask!

FAST TAKES

MAY MENU

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|---|
| 30th-4th | Turkey and Cheese Ham and Cheese Chicken Caesar Wrap Chef Salad Garden Salad V | Ham and Cheese American Sub Buffalo Chicken Wrap Chicken Caesar Salad Garden Salad V | Turkey and Cheese Turkey Club Sub Turkey Club Wrap Buffalo Chicken Salad Garden Salad V | Ham and Cheese Italian Sub Italian Wrap Chef Salad Garden Salad V | Turkey and Cheese Buffalo Chicken Sub Southwest Wrap Beef Taco Salad Garden Salad V |
| 7th-11th | Turkey and Cheese Ham and Cheese Chicken Caesar Wrap Chef Salad Garden Salad V | Ham and Cheese American Sub American Wrap Chicken Caesar Salad Garden Salad V | Turkey and Cheese Ham and Cheese Sub Buffalo Chicken Wrap Crispy Chicken Salad Garden Salad V | Ham and Cheese American Sub Crispy Chicken Wrap Chef Salad Garden Salad V | Turkey and Cheese Italian Sub Ranch Chicken Wrap Chicken Fajita Salad Garden Salad V |
| 14th-18th | Turkey and Cheese Ham and Cheese Chicken Caesar Wrap Chef Salad Garden Salad V | Ham and Cheese American Sub Buffalo Chicken Wrap Chicken Caesar Salad Garden Salad V | Turkey and Cheese Turkey Club Sub Turkey Club Wrap Buffalo Chicken Salad Garden Salad V | Ham and Cheese Italian Sub Italian Wrap Chef Salad Garden Salad V | Turkey and Cheese Buffalo Chicken Sub Southwest Wrap Beef Taco Salad Garden Salad V |
| 21st-25th | Turkey and Cheese Ham and Cheese Chicken Caesar Wrap Chef Salad Garden Salad V | Ham and Cheese American Sub American Wrap Chicken Caesar Salad Garden Salad V | Turkey and Cheese Ham and Cheese Sub Buffalo Chicken Wrap Crispy Chicken Salad Garden Salad V | Ham and Cheese American Sub Crispy Chicken Wrap Chef Salad Garden Salad V | Turkey and Cheese Italian Sub Ranch Chicken Wrap Chicken Fajita Salad Garden Salad V |
| 28th-1st | 5/28 Memorial Day – No School | Ham and Cheese American Sub Buffalo Chicken Wrap Chicken Caesar Salad Garden Salad V | Turkey and Cheese Turkey Club Sub Turkey Club Wrap Buffalo Chicken Salad Garden Salad V | Ham and Cheese Italian Sub Italian Wrap Chef Salad Garden Salad V | Turkey and Cheese Buffalo Chicken Sub Southwest Wrap Beef Taco Salad Garden Salad V |

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.



MAY MENU

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|--|
| 30th-4th | Grilled Cheese ✓ Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Chicken Philly Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Meatball Sub Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Hot Dog Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Fish Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ |
| 7th-11th | Philly Cheesesteak Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Chicken Parm Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Bacon Cheeseburger Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Pulled Pork Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Chicken Cordon Bleu Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ |
| 14th-18th | Grilled Cheese ✓ Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Chicken Philly Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Meatball Sub Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Hot Dog Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Fish Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ |
| 21st-25th | Philly Cheesesteak Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Chicken Parm Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Bacon Cheeseburger Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Pulled Pork Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Chicken Cordon Bleu Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ |
| 28th-1st | 5/28 Memorial Day – No School | Chicken Philly Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Meatball Sub Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Hot Dog Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ | Fish Sandwich Hamburger/Cheeseburger Garden/Black Bean Burger ✓ Crispy/Spicy Chicken Patty Bosco Sticks ✓ |

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat. Items marked with a ✓ are vegetarian.



UPPER CRUST

MAY MENU

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|--|
| 30th-4th | Cheeseburger Pizza Cheese Pizza V Pepperoni Pizza | Sausage Pizza Cheese Pizza V Pepperoni Pizza | Buffalo Chicken Pizza Cheese Pizza V Pepperoni Pizza | Meatball Calzone Cheese Pizza V Pepperoni Pizza | Margherita Pizza V Cheese Pizza V Pepperoni Pizza |
| 7th-11th | BBQ Chicken Pizza Cheese Pizza V Pepperoni Pizza | Bosco Sticks & Sauce V Cheese Pizza V Pepperoni Pizza | Garden Veggie Pizza V Cheese Pizza V Pepperoni Pizza | Sausage Pizza Cheese Pizza V Pepperoni Pizza | Hawaiian Pizza Cheese Pizza V Pepperoni Pizza |
| 14th-18th | Buffalo Chicken Pizza Cheese Pizza V Pepperoni Pizza | Sausage Pizza Cheese Pizza V Pepperoni Pizza | Supreme Pizza Cheese Pizza V Pepperoni Pizza | Sausage Calzone Cheese Pizza V Pepperoni Pizza | Stromboli Cheese Pizza V Pepperoni Pizza |
| 21st-25th | Taco Pizza Cheese Pizza V Pepperoni Pizza | Cheese Flatbread V Cheese Pizza V Pepperoni Pizza | Bruschetta Pizza Cheese Pizza V Pepperoni Pizza | Sausage Pizza Cheese Pizza V Pepperoni Pizza | Chicken Bacon Ranch Pizza Cheese Pizza V Pepperoni Pizza |
| 28th-1st | 5/28 Memorial Day – No School | Sausage Pizza Cheese Pizza V Pepperoni Pizza | Buffalo Chicken Pizza Cheese Pizza V Pepperoni Pizza | Meatball Calzone Cheese Pizza V Pepperoni Pizza | Margherita Pizza V Cheese Pizza V Pepperoni Pizza |

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