



February 2018

Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Serve Daily: Hamburger on Bun Chicken Patty Spicy Chicken Patty Chicken Nuggets Cheese Pizza Turkey Hot Dogs Grilled Cheese Sun-Butter & Jelly Sandwich Grain Choice: All Breads, Pastas, Rice, and Breading are Whole Grain. Condiments Selection: Ranch Dressing Italian Dressing Ketchup Mayonnaise Mustard BBQ Sauce Milk Choice: Skim Milk 1% Milk Menus are subject to change without notice.
			1 Roasted Turkey Popcorn Chicken Salad Turkey Sandwich Sides: Kickin Pintos Beans Fresh Baby Carrots Fresh Banana Fresh Pear	2 Corn Dogs Nacho Salad Cheese Wrap Pepperoni Pizza Sides: Steamed Broccoli Fresh Cucumber Slices Fresh Apple Fresh Cantaloupe	
5 Spaghetti w/ Meatballs Taco Salad Turkey Cheese Sandwich Sides: Steamed Corn Fresh Broccoli Fresh Apple Fresh Pear	6 Fish Sticks w/ Mac & Cheese Turkey Chef Salad Egg Salad SDW Sides; Green Beans Fresh Cucumber Fresh Banana Fresh Orange	7 Oven Roasted Chicken Drumsticks Nacho Salad T-Ham SDW Sides: Jimaca Sticks Steamed Zucchini Fresh Apple Fresh Cantaloupe	8 Beef Tacos Popcorn Chicken Salad Tuna Salad SDW Sides: Chipotle BBQ Black Beans Celery Sticks Fresh Banana Fresh Pear	9 Sweet & Sour Popcorn Chicken w/ Broccoli Tuna Salad Platter Egg Salad Wrap Pepperoni Pizza Sides: Steamed Broccoli Cucumber Salad Fresh Apple Fresh Cantaloupe	
12 Oven Roasted Chicken Drumsticks Vegetarian Baja Salad T-Ham Cheese Sandwich Sides: Mashed Potatoes Fresh Broccoli Fresh Apple Fresh Pear	13 Rotini Pasta w/ Italian Meat Sauce Caesar Salad Tuna Salad Sandwich Sides Steamed Green Beans Fresh Cucumber Fresh Banana Fresh Orange	14 Broccoli & Cheese Baked Potato Turkey Chef Salad Egg Salad Sandwich Sides: Orange Glazed Carrots Fresh Squash Fresh Apple Fresh Cantaloupe	15 Beef Nachos Egg Chef Salad Chicken Sandwich Sides: Vegetarian Baked Beans Fresh Celery Sticks Fresh Banana Fresh Pear	16 Gen Tso Popcorn Chicken w/ Broccoli Beef Taco Salad Turkey & Cheese SDW Pepperoni Pizza Sides: Steamed Spinach Fresh Baby Carrots Fresh Apple Fresh Cantaloupe	
19 No School	20 No School	21 Cheesy Baked Penne All-American Cobb Salad T-Ham Sandwich Sides: Roasted Acorn Squash Fresh Celery Sticks Fresh Apple Fresh Cantaloupe	22 Meatball Pizza Sub Ranch Chicken Salad Cheese Wrap Sides: Campfire Chipotle Beans Fresh Baby Carrots Fresh Banana Fresh Pear	23 Beef Nachos Vegetarian Greek Salad Egg Salad Sandwich Pepperoni Pizza Sides: Steamed Broccoli Cucumber Slices Fresh Apple Fresh Cantaloupe	
26 Max Snax Pizza Sticks Chicken Chef Salad Tuna Salad Sandwich Sides: Steamed Corn Fresh Broccoli Fresh Apple Fresh Pear	27 Corn Dog Nacho Salad T-Ham Turkey & Cheese Sandwich Sides: Steamed Green Beans Cucumber Slices Fresh Banana Fresh Orange	28 Mac & Cheese Romaine Salad Tuna Salad Sandwich Sides: Steamed Zucchini Jimaca Sticks Fresh Apple Fresh Cantaloupe			

To make a meal, student must select at least 1 serving of fruit or vegetable.

A parent/guardian of any student with a food allergy should feel Free to contact the Food Service Director at: (708) 484-5773.

