



Well is a Children's Mental Health Outreach and Engagement Program designed to:

- Promote mental health wellness and prevent mental illness of Orange County's children and teens in unserved and underserved communities by raising awareness and increasing knowledge of mental health issues and the protective and risk factors that affect those issues.
- Engage children, teens, and their families by assessing their needs, providing skills and case management, and linking them to community resources.

Service Need

According to the National Institute of Health, one in five children has a diagnosable mental health disorder yet, 80% will never receive mental health services. Mental health challenges increase with exposure to trauma, poverty, families in highly stressed situations, and communities that traditionally have not had access to effective mental health services. To address this problem, our services include:

OUTREACH SERVICES

- Raising mental health awareness at community events, fairs, and other venues
- Educational presentations to schools, PTA's and youth groups
- Informational telephone line and website
- Public Service Announcements and other media

ENGAGEMENT SERVICES

- Assessment of children/family needs and referrals to community resources
- Short-term case management
- Targeted educational and skills building presentations
- Support groups

For more information please contact:

1-888-955-6570

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Funded by Orange County Health Care Agency, Prevention and Intervention.