



# KINDERGARTEN READINESS CHECKLIST

## Social and Emotional Development

- Child is eager to learn
- Independence (dressing, eating, general hygiene, clean up)
- Personal Facts (full name, parent's names, child's age)
- Respectful and follows directions
- Sits still for short periods (15 min+)
- Interacts appropriately with peers (talks to other children, plays nicely, shares)
- Follows rules and routines
- Asks for adult help when needed



## Reading

- Listening skills (follows 2-3 step directions, retells information, recites/sings)
- Letter Recognition Capital and Lowercase (18 - upper case and 15 lower case)
- Concepts (big/ little, up/down, first/ last, like/different etc.)
- Produces rhyming words (If someone says "bat", the child says "cat")
- Understands the concepts of print (how to hold a book, which way to turn pages, understands that we read from left to right and that words have meaning)

## Mathematics

- Counting (verbally 1- 10, identify Number 1-10)
- Number recognition and sequencing (1-10)
- Sort by size, color and shape
- Shape Recognition (square, circle, triangle)
- Identifies less/more between two groups

## Physical Development

- Gross Motor Skills (jumping, running, throwing, catching)
- Fine Motor Skills (controlled: cutting, drawing, stacking, taping, gluing)

## Writing

- Trace simple shapes (straight line, square, circle, triangle)
- Begins to draw pictures to express ideas and stories
- Recognizes and tries to write own name
- Can draw and communicate using simple pictures and symbols



## Art

- Recognizes colors (black, white, brown, gray, red, yellow, orange, green, blue, purple and pink)
- Pretend role play
- Music appreciation

## Ways to prepare your child for Elementary School

- Read, Read, Read! Go to the library and get new books, make prediction while reading, discuss connections to other books or real life.
- Write! Give your child a journal to write in each day. Writing can consist of a combination of drawing, letters, numbers and words. They might copy words, create a story or draw a picture! Let them see themselves as writers.
- Play board games. This will help your child learn about taking turns and about winning and losing gracefully.
- Take any opportunity to turn an outing into to educational opportunity! Count in the car - Play I Spy for the letters in their name. Go on a number hunt through a menu, anything to get them to use their minds.
- Go out and explore! Anytime a child is out, they are learning. Talk about things they are seeing and encourage questions and curiosity.
- Meet up with other children to play.

## As time gets closer for school to start

- Talk about school in a positive way and share your favorite things about school
- Ask them about their fears about school: don't ignore these feelings. Going to school can be scary.
- Establish a routine at night a few weeks before school starts so they will be well rested.
- Talk to them about the first day, riding the bus, the people they might see at school, and what they may have for lunch?