

WILKES COUNTY HEALTH DEPARTMENT  
306 COLLEGE STREET  
Wilkesboro, NC 28697

(336) 651-7450

MONDAY-FRIDAY 8:30AM-5:00PM

[www.wilkeshealth.com](http://www.wilkeshealth.com)



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**MISSION:** PROMOTING HEALTH AND PREVENTING DISEASE IN OUR COMMUNITY

**FOCUS:** The Wilkes County Health Department protects and improves community wellbeing by preventing disease, illness and injury, and improving social, economic and environmental factors that are essential to our health.

**POPULATION SERVED:** All residents of Wilkes County—birth to adulthood.

The Health Department improves community health through a holistic model that acknowledges all needs of a person—the whole person.

**PROGRAMS:**

**HEALTH DEPARTMENT CLINIC:**

- **Adult Health-** Adults age 21 and older receive well and sick care.
- **Child Health-** Children age 20 years and below receive well and sick care.
- **Laboratory-** Health Department patients receive lab work to assist with prevention, diagnosis, and treatment.
- **Family Planning-** Teens and adults receive confidential complete medical care and are provided with information and options about birth control choices including abstinence.
- **Pharmacy-** Health department patients may receive medications at reduced cost; or arrangements may be made through an agreement with the WRMC Care Connection Pharmacy.
- **Immunizations-** Children receive vaccine management, monitoring and administration. Boosters for employment, vaccines for international travelers, and flu and pneumococcal vaccines are also available.
- **Communicable and Sexually Transmitted Diseases-** Screening, monitoring and treatment for certain communicable diseases is available. Coordination with health care providers and public education is provided.
- **Breast & Cervical Cancer Screenings-** Women are screened for breast and cervical cancer and further medical care is available for abnormal results.
- **Susan G Komen for the Cure Grant Funding-** Women are checked for breast cancers and further medical care is available for abnormal results thanks to grant monies provided from Susan G. Komen for the Cure.
- **Vital Records-** Birth and death records are registered and analyzed to discover local health issues, and possible prevention activities.

**NUTRITION SERVICES:**

- **Women, Infants & Children (WIC) -** Eligible women and children are provided nutrition education and coupons for supplemental foods.
- **Diabetes and Nutrition Center-** Registered Dietitians offer individual and group classes for Diabetes education. Medical Nutrition Therapy assists patients with Weight Management, Eating Disorders, Hypertension, Hyperlipidemia, Renal Disease, Celiac Disease, Food Allergies, Sports Nutrition and Other Diagnoses.

- **Brenner's Fit Academy**- a 6 month program geared to children and their families who want to work toward better health by improving nutrition and physical activity

#### **OUTREACH PROGRAMS:**

- **Care Coordination for Children (CC4C)** - The program is offered at no charge to children who have long term medical conditions, dealing with social issues, referred by the physician or has had a recent hospital visit. The goal is to improve the healthcare of children.
- **OB Care Management** - work with prenatal women and the OB physician to ensure the best possible care during the pregnancy and after delivery. The goal is to help have a healthy pregnancy and a healthy baby.
- **Health Check**- families are contacted to ensure their children receiving Medicaid benefits get a complete physical each year.
- **Postpartum/Newborn Home Visit**- a one-time visit to new mothers and their babies following discharge from the hospital. Visits have been proven to play an integral part in providing continuity of care from the hospital to the home.
- **MESH (MOBILE EXPANDED SCHOOL HEALTH)** - High school students receive immunizations, sports physicals, sick and injury care, counseling and support.
- **Health Care Connection**-Link and care manage uninsured residents to doctors and /or specialists for medical care and treatment.
- **Child Care Health Consultant**-Nurse who works with all daycare providers in the county to offer assistance, support and expert information regarding health and safety of children in daycare.

#### **ENVIRONMENTAL HEALTH SERVICES:**

- **Water Protection:** Residents and businesses receive permits and evaluations for proposed, existing or repaired wastewater systems. Also provide private drinking water well program with the water protection program and water sampling.
- **Food & Lodging:** Unannounced inspection are conducted on facilities at a risk base frequency. Complaints are investigated to ensure compliance and promote public health. Foodservice employees are educated in safe food handling practices. Inspections include child care, institutions, residential care, swimming pools, tattoos, migrate housing and meth remediation procedures.

#### **HEALTH EDUCATION AND PROMOTION:**

- The Health Promotion department is dedicated to promoting health and preventing disease or injury in our community. Our Health Educators work with community partners to increase awareness and knowledge about health risks in order to promote behavior change. The department also works on making the healthy choice the easy choice through policy and environmental changes.
- Health Educators also provide technical assistance and coordinate programs to help others create healthy environments, standards, and policies.

#### **PREPAREDNESS:**

- The Preparedness Coordinator works with other local emergency agencies to communicate and develop plans in the event of an emergency, natural disaster, or outbreak. The Coordinator is also dedicated to educating the public on how to be ready and be prepared for any emergency that might strike.