

Athletes are required to have yearly physicals prior to athletic participation including try-outs.

What does this mean for my child?

In order for your child to try-out and compete in athletics, they are required to have a physician complete a physical exam & update medical history. The form will need to be turned in to and on file with the Athletic Trainers every school year. Physicals dated prior to April 1st will be invalid after August 1st.

Link : [Electronic Forms and Printable Medical History/Physical](#)

1. Click Download and print tab
2. Click on Medical History / Physical
3. Print form and take to a physician of your choosing for exam/physician signature.
4. Please make sure the doctor dates the form & make a copy for your record.
5. Read information under Instructions Tab
6. Fill out Electronic Participation forms.

Please include an emergency contact that is not parent/ guardian (The emergency contact can help us contact parents/guardian in an emergency)

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