

**POMONA UNIFIED SCHOOL DISTRICT
HEALTH SERVICES & PROGRAMS**

GROWTH AND DEVELOPMENT PRESENTATION

Growth and Development presentations may be provided to all fourth and/or fifth grade girls and boys. These presentations are to cover hygiene (e.g., bathing, deodorant, grooming, dental care) only. The girls' presentation should cover menstruation. Parental notification must be made prior to these presentations. Parents should be given the option of not having their child participate.

Companies, such as Proctor and Gamble, routinely send sample bags containing items, such as sanitary pads, lotion, deodorant and booklets. Please note that booklets or pamphlets with pictures or information regarding genitalia cannot be distributed. Sample packs should be opened prior to distribution and booklets checked.

Any videos that are used may not make reference to or show pictures of genitalia.

Please use the following procedure in scheduling your growth and development presentation.

- Schedule presentation with the principal and teachers, making sure the date is noted on the school calendar.
- Send home letter to the parents of participating students notifying them of the presentation and handouts.
- Prepare sample bags of hygiene items.
- Ask to have one teacher present at each presentation.