The CIF Los Angeles City Section is committed to providing quality support services in a respectful and gracious manner. We aim to enhance member schools’ abilities to manage safe and fair interscholastic athletic programs. Our goal is to promote healthy, safe, and fair interscholastic competition and develop programs that will raise academic achievement in all student-athletes.

www.cif-la.org

For the first time since Kennedy in 1980, the CIF LA City Section is home to a State Track & Field Champion. Congrats to the Carson girls!

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- Gatorade AT Initiative

BELOW: El Camino Real won its 9th City championship on a glorious afternoon at Dodger Stadium (Photo courtesy of John McCoy, LA Daily News)
As we close out the 2015-16 school year we reflect on the many outstanding performances by our teams and individuals. Standout performances include the following: Narbonne winning the Section’s first CIF State Football Championship; the Section launching Inclusive Sports in the sports of track & field and swimming becoming the first in the State of California to include a level of participation for students with disabilities; Birmingham girls wrestler Alex Castillo winning the CIF State title for the 170-pound classification; Granada Hills boys soccer and Jordan boys volleyball advancing to the CIF State SoCal Regional championships; Palisades boys tennis reaching the quarterfinal round at the CIF SoCal Regional Championship and Palisades golfer Ray Yang qualifying for the CIF State Boys Golf Championship.

Ending the year on a high and inspirational note, Javier Diaz of Grant, the first Section and State track medalist for wheelchair athletes, participated in the wheelchair shot put at the inaugural State Track & Field Championships for wheelchair and ambulatory student-athletes. The LA City Section was well represented at the State Track & Field Championships with Carson and El Camino Real taking first and third in the girls 4 X 100. The year ended with a bang as the Carson girls track and field team won the CIF State title. It was the first State track and field championship for the City Section since 1980!

We look forward to a great 2016-17 as the Section continues their transition with consideration for league representation on the Board of Managers; address the league realignment for the 2018-19 through 2022-23 school years; and as we continue our growth our membership continues to increase in number, 141 member schools and counting. Wishing everyone a great summer!

Commissioner John Aguirre

Congratulations to Luis Palmero Marquez of Los Angeles Academy of Arts & Enterprise and Palisades’ Delaney Arth who were named the recipients of the CIF State Scholar Athletes of the Year for the CIF LA City Section.

Twenty CIF Section winners, moreover, were recognized. Since 1982, the scholarship award identifies student-athletes who excel in the classroom, athletics, and are strong contributors to their schools and communities.

Commissioner's Desk

John Aguirre, Commissioner
The CIF State introduced a two-year pilot program on competitive equity for the sports of basketball, soccer and volleyball. Upon the conclusion of our Section championships, champions are ranked and placed in divisions based upon competitive equity and no longer student-based enrollment. As a result, we have seen immediate success. The Granada Hills boys soccer team advanced to the CIF State Division II SoCal Regional Final where the Highlanders lost a hard-fought contest to Bakersfield South, 1-0, to conclude their season with an overall mark of 23-3-3. Their special season included a West Valley League title, winning back-to-back league championships for the first time since 1977.

Meanwhile, Jordan boys volleyball, the two-time defending CIFLACS Division III champions, reached the CIF State Division III SoCal Regional Final where the Bulldogs fell short in a 3-0 loss to Saddleback Valley Christian. They finished a remarkable season with a 35-4 overall mark and Eastern League champions.

Jordan High School became the first boys volleyball team ever from the LA City Section to advance to a CIF State SoCal Regional Final. The Bulldogs lost in the Division III Finals after a superior postseason run!

CIF-LACS Establishes GoFundMe Account

The Section has begun a campaign effort to help raise funds to off-set the financial costs of the championship events. To donate to the campaign, visit GoFundMe at the following link:

www.gofundme.com/5n2rxark

25 Team Sports
55 Championships
141 Schools
38,969 Student-Athletes

Making History

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WINTER FLASHBACK– Granada Hills boys soccer advanced to the CIF State Division II SoCal Regional Final. The Highlanders ended the season 23-3-3 including a West Valley League title (Photo courtesy of Granada Hills)
**BASEBALL**
Division 1– El Camino Real
Division 2– Eagle Rock
Division 3– Los Angeles CES

**BOYS GOLF**
Granada Hills

**BOYS TENNIS**
Division 1– Palisades
Division 2– Narbonne

**BOYS VOLLEYBALL**
Division 1– El Camino Real
Division 2– Chatsworth
Division 3– Jordan

**LACROSSE**
Boys– Palisades
Girls– Birmingham

**SOFTBALL**
Division 1– El Camino Real
Division 2– Chavez
Division 3– Van Nuys
Division 4– View Park

**SWIM/DIVE**
Boys– Palisades
Girls– Palisades

**TRACK & FIELD**
Boys– Dorsey
Girls– Carson

**Champion’s Salute!**

*Eagle Rock baseball*

*Granada Hills boys golf*

*Birmingham girls lacrosse*

*View Park softball*
SUGAR ENERGIZES YOUR GAME

HERE ARE THE FACTS:

SUGAR = CARBS = ENERGY

To stay fueled and play your best, it’s recommended that you get 30-60g of sugar per hour of activity. Which is why Gatorade® Thirst Quencher is formulated with fast-absorbing carbs in the form of glucose and sucrose. Add in the electrolytes you need to replenish what you lose in sweat, and you’re ready to give it your all.

GATORADE
THE SPORTS FUEL COMPANY
Gatorade Provides Athletic Trainer Initiative Program

Need an AT? The Athletic Trainer Initiative gives you a chance to receive funding ($50K) to improve athlete safety: www.atinitiative.com. As a Section sponsor, Gatorade has been working with the NFL and NATA on an SSAT grant initiative to help schools get the funding they need for an Athletic Trainer program. What a great opportunity to pursue!

Important Dates

- July 23 – Football Coaches Meeting
- July 25 – First Allowable Practice – Football only
- August 3 – League Commissioner’s Meeting
- August 8 – First Allowable Practice – All Fall sports
- August 9 – AD/AP Meeting at Bravo Medical Magnet
- August 15 – Girls Volleyball Coaches Meeting
- August 17 – Boys and Girls Water Polo Coaches Meeting
- August 17 – Girls Tennis Coaches Meeting
- August 18 – Cross Country Coaches Meeting
- August 18 – First Allowable Fall Contest
- August 30 – Board of Managers Training Meeting
- September 7 – AD Symposium
- September 15 – Executive Committee Meeting