Welcome Kalāheo Parents! This newsletter is written to be read by all parents, grandparents and guardians. Mahalo for being a part of the Mustang community.

Kalāheo High School Community Council (SCC) NEWS

Welcome Back Kalāheo School Community!

Who are we? The SCC consists of members from the 6 community role groups including the Principal, teachers, non-certificated staff, parents, students and community members.

What do we do? The SCC supports the school in ways that enhance student achievement and school improvement. We provide input and approval for the school academic and financial plans.

When and Where do we meet? Meeting dates, times, and places for the school year are established at the first SCC meeting of the year (the first meeting is Tuesday, August 9, 2016 @ 4pm in Rm 4).

Where can I find SCC meeting agendas & minutes? Go to the Kalāheo website (kalaheohigh.org) and click on the Parent tab, scroll down to SCC and select.

This may be the most well-attended event of the year… this side of athletics!

Tuesday, August 9th 6:30 pm
Meet the Teachers & Staff of your student’s school.
Details on p. 4

Parents of teens! Kalāheo's PTSA is for you.

Why? We need you…and this is your last chance to be a part of your child’s formative school years. The PTSA parents love to do things for our teachers to make them happy — Hospitality Chair wanted! Like to take notes? Please…be our Secretary. Love working with Volunteers? We could use a Volunteer Coordinator. Have an idea for something we haven’t thought about? Terrific! Create your own job description.

You'll see our Board members at the Open House on August 9th…come to our first PTSA meeting on Tuesday, Sept. 13 5:30 pm in the Teachers' workroom.
email me with questions! Meg at kalaheopcnc@gmail.com
For the most updated information: http://kalaheohigh.org, click on College & Career Center

Contact:  
April Inouye,  
College & Career  
Counselor (305-0261) or  
email:  
April_Inouye@notes.k12.hi.us

PSAT Ticket Sales
9th, 10th and 11th graders can purchase a PSAT ticket beginning August 2nd in the College & Career Center, Rm H-208. The PSAT is good practice for those planning to take the SAT for college admission. Juniors who take the PSAT will be screened for the National Merit Scholarship program, an academic competition for recognition and scholarships. The PSAT will be offered Wed., Oct. 19, 2016. Cost to purchase a PSAT ticket is $15 CASH. LAST DAY to purchase a ticket is Sept. 16, 2016. For more info, visit www.collegeboard.org/psat.

Fall 2016 Combination ACT/SAT Prep Class
Kalaheo student interested in taking a combination ACT/SAT prep class, can pick up a registration form in the College & Career Center (Rm. H-208) beginning Aug. 2nd. Raymond Karelitz will offer a FOUR day course on August 26, after school (1:30-4 pm) and 27 (9 am-11:30 am), Sept. 2 (2:45-5:15 pm) and Sept. 3 (9 am-11:30 am). Cost of the course, including instruction and prep books is $75.00. Checks can be made payable to the Kalaheo PTSA. No Refunds or make-up days if absent. Deadline to PAY for the Fall class is Monday, August 22, 2016 by 3:00 pm.

College & Career Speakers
Aug. 22  1:30 pm  University of Nevada at Las Vegas  
Sept. 16  8:40 am  Northern Arizona University  
Sept. 26  9:00 am  Linfield College (OR)  
Sept. 26  10:30 am  Pacific University (OR)  
Sept. 27  12:20 pm  U.S. Air Force Academy Liaison Officer

College 101 Night
Seniors and their parents, as well as anyone interested in learning about what you need to do to navigate the college admissions process, should plan to attend College 101 Night on Tuesday, August 30 at 6:30 pm in the Kalaheo Library. Topics to be addressed include: high school graduation and college admission requirements, testing, college searching, financial aid and more.

SAVE THE DATE: A separate financial aid workshop will be held on Thursday, September 22, 2016 focusing on the Free Application for Federal Aid (FAFSA) updates.

SAT and ACT 2016-2017
To register for either the ACT or SAT, students must create their “login” and “password” for each test. Students register online, paying with a credit card. When asked for the high school code, Kalaheo High School’s Code is 120143 for both tests. Students are encouraged to send their scores to four colleges for free at the time of registration. Scores released AFTER testing may incur a cost per each release.

NEW: For both the SAT and ACT, you must upload your headshot photo to your registration. Read the instructions to ensure the correct type of photo.

Fee waivers are available to juniors and seniors who are eligible for free/reduced lunch. Be sure to submit the necessary paperwork with Kalaheo High School to determine your eligibility. See Ms. Inouye in H-208, if you have any questions.
As a member of Kalaheo High School, we can make a difference by reporting any illegal discharge in our school & community.

(see newsletter back page for more info)

**SPILL RESPONSE:**

- Local (Honolulu Fire Dept) 911 (24/7)
- State Hazard Hotline 586-4249 (business hours) 247-2191 (after hours)

To report illegal discharge that has already occurred, call 768-3203 (City Illegal Dumping Hotline)

Polluted runoff public outreach: 692-5208 (City), 586-4309 (State)
Welcome Back to School...Mustang Parents!

*Tuesday, August 9th, 2016*

Kalaheo High School

“Back to School” Open House

6:30 p.m. Cafeteria

*We will begin meeting promptly at 6:30 pm in the Café*

6:30—6:45 p.m. Principal’s Welcome & Introductions

6:45—6:50 p.m. Passing time to Period 1

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Please note there is a 5-minute passing time between periods.

*Open House* is an opportunity for parents and guardians to experience a portion of their student’s day. Each class “period” is ten minutes—just enough time to acquaint you with class instructor and program. This evening does not provide time for a separate parent/teacher conference. If you need more time with a teacher, please call your child’s counselor (305-0200) to make arrangements. You may also email the teacher by going to the school’s website at [http://www.kalaheohigh.org](http://www.kalaheohigh.org) and finding their school email address.

* * *

Your student may wish to attend with you. We encourage this.

If your student does not attend with you, be sure to bring a copy of his/her schedule.

**Copies of schedules will not be available at Open House.**
Unsure whether your child qualifies or is eligible for services? Please call the Department of Education, Homeless Concerns Office at 808-305-9869 or (toll-free) 1-866-927-7095 for assistance.
Kalāheo High School PTSA Membership
2016-2017

Last Name: ___________________ First: _______________ Spouse: ____________
Address: ___________________ City: _______________ Phone: ________________

E-mail address (please print): ____________________________________________________________________________

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<th>Student’s Name (last, first)</th>
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We need you! Please consider helping us with:

___ PTSA Board or Committee
___ "Make A Difference Day": Sat., October 22, 2016
___ Food (Provide refreshments when needed)
___ Call me for anything!

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<th>Membership Dues</th>
<th>$20.00</th>
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<td>(Please make check payable to Kalāheo PTSA)</td>
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Parents &
Friends of Kalāheo:

To supplement our PTSA budget, we are part of Foodland's "Give Aloha" this year.

It takes place just during the month of September. Go to your nearest Foodland and ask to donate to Kalāheo PTSA #78194. No purchase necessary.

When the program is over, we will get your donated amount, plus a % of the donated amount from Foodland and Western Union.
Student Leaders Prepare for the Year

Student Council leaders spent the entire summer preparing for the new school year. Each week, the council met to plan out goals and initiatives they plan to implement. The theme for the year is “We're All in This Together.”

“We want everyone to work together to create a better environment at our school” said Hailey Hunt, student body president. “Our goal this year is to improve school-wide communication.”

The council plans to achieve this by continuing their weekly ASK segment on the morning news, monthly news bulletin, and social media posts. Leaders also want to utilize our school email to send information and reminders to all students about upcoming activities and events. A feedback and suggestion box is also planned for the office and the Student Activities Center in C102.

Student leaders attended the Student Leadership Conference at the University of Hawaii at Manoa. About 400 student leaders from schools across the state attended the 3-day event. Besides networking with leaders from other schools, participants learned leadership skills, and ideas that can be used or implemented.

Various committees also met throughout the summer to plan out activities for the year. The Spirit Committee ironed out details for this year’s homecoming. This year’s Disney inspired theme is “Once Upon a Time.” Dig up your Mickey and Minnie ears and get ready to dress up like your favorite prince and princess. You can also choose to dress up like a pirate or a fairy from Peter Pan. All the fun kicks off at the Homecoming Ball on September 24 at the Officer’s Club at the Marine Corps Base of Hawaii.

“It is going to be an exciting school year,” said Austin Maglinti, 2nd Vice President. “Homecoming is going to be the best ever.”
ASK CALENDAR

AUGUST
1  Freshman Orientation
12  WDSC Meeting, 8:30am-1pm @ Kailua HS
15-16  Yearbook Picture-Taking
       through Social Studies Classes
16  Homecoming Ball Early Ticket Sale
17-24  Otake Sister School Visit
23  Welcome Assembly
24-31  Homecoming Ball Regular Ticket Sale, C102

SEPTEMBER
1-2  Homecoming Ball Late Ticket Sale, C102
7-9  Club Fair
19-21  Kalaheo Complex Leadership Camp
24  Homecoming Ball, Officer’s Club, 6-10pm
25  Homecoming Banner Competition
26-30  Homecoming Week
29  Homecoming Assembly
30  Homecoming Day Celebration
     and Football Game

 Associated Students of Kalaheo High School
730 Iilaina St., Kailua, HI 96734, (808) 305-0253
http://kalaheohighschool.blogspot.com
email: kalaheomustangs@yahoo.com

Hailey Hunt, President  Sarah Benzing, 1st Vice President
Austin Maglini, 2nd Vice President  Isabella Hardline, Rec. Secretary
Kaiako Cobeian, Cor. Secretary  Alohilani Zapata, Treasurer
Mr. Richard Lau, Student Activities Coordinator

NEW KALAHEO T-SHIRT!

KALĀHEO HIGH SCHOOL
MUSTANG FOR LIFE

$14 each
2 for $25

On Sale Now in C102!

Once Upon A Time
Kalaheo Mustangs

Homecoming Ball
Officer’s Club @ MCBH
Saturday, September 24, 2016
Early Ticket Sale! One Day Only!
Only $35 for KHS Students on 8/16!

Over $600 Raised for Relay for Life

Student leaders participated in this year’s Relay for Life
on July 9 at Kailua High School Field. Our student
council raised over $600 for American Cancer Society to
support the many programs that help cancer patients and
their families. Kalaheo has continuously supported the
American Cancer Society, especially after former
Japanese teacher Rachel Nemoto lost her battle with
cancer in 2012.
Seniors of the Class of 2017!

Please contact Expressions Portrait Studio at Windward Mall to take your senior portrait before October 14.

Please do not miss this opportunity to be a part of the yearbook! Sitting fee is $30.00 and portrait packages are available for purchase. A flyer will be going home with seniors in the next few weeks. Please remember that you must be dressed according to the school dress code, although strapless tops are allowed (if the top is appropriate). No animals or other humans may be in the photo, nor any inappropriate items/contraband. We encourage props (musical instrument, surfboard, sports equipment, etc.) Please call Mrs. Shaffer at 305-0198 with your questions.

Please visit www.expressionshawaii.net for more information and pricing.
What You Can Do to Help Protect Water

1. Use water wisely.
   Overwatering & runoff can carry pollutants into the storm drain system.

2. Use & dispose of hazardous substances properly.
   Read the product label. DO NOT pour motor oil, paint, solvents or other chemicals into the ground or down storm drains—they will end up polluting our oceans and streams. Motor oil is recycled at oil change locations. Other chemical products can be disposed of by soaking into clay litter, wrapping in plastic and dispose in the trash. Pesticides should be disposed of as hazardous waste.

3. Use fertilizer & pesticides sparingly.
   Apply outdoors only during dry weather, as rain water can easily carry substances to storm drains & streams.

4. Landscape the land to prevent erosion.
   Cover bare ground with grass, shrubs or trees to hold soil in place. Establish native plantings & provide vegetation buffer zones along storm drains & streams.

5. Improve housekeeping.
   Fix water leaks. A slow drip can waste more than 100 gal. of water@ week! Pickup litter.

6. Support your local campus, church or road clean up event.

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Bell Schedule 2016-2017

Revised 6/1/16

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Teacher will be available in their classrooms from 8:00-8:30 a.m. for student assistance. The first class starts at 8:35 a.m.

Days alternate between odd and even numbered periods. Even schedule rotates between long days for PTP/Event/Reading and short days for teacher meetings with early release for students. See Release Time Schedule for even rotation.

Community Helping Schools Yard Sale: 7 am-2 pm Sat., August 6th

877 Kainui Drive ("Duck Road") off Oneawa

Community Helping Schools is the best friend a teacher or school could have. All the money raised from this garage sale goes to our public schools. Kathie Wells, former Kalaheo parent, scholarship benefactor and realtor, created this organization to give much-needed supplies, furniture, etc to our schools.
Aloha!  All Parents and Students - Kalaheo Football is looking forward to a great 2016 football season!

Summer football practice has started for all Varsity & JV players plus all new comers interested in playing football!  Practice times are 3:30 pm to 6 pm.

The season is quickly upon us.  Our first game of the season is against Castle H.S. on Friday, August 5th.  If you are interested in participating in football, parents & athletes - go to the Kalaheo High website and click on student activities; then athletics to download all the forms to be turned in to the Trainers.

Also, join us @ our Facebook page: Kalaheo Mustang Ohana or our Team APP@https://www.teamapp.com.

Please feel free to contact me anytime.

Aloha, Varsity Head Coach Darrell Poole

darrellpoole@gmail.com
(808) 384-0405
Kalaheo Athletics

Kalaheo is beginning its 44th year of athletic competition. All students are encouraged to get involved in the OIA (Oahu Athletic Association).

All athletes must have a current physical exam (within 1 year) and a signed parent consent form and a concussion management form completed before participating in a sport. You may download these forms from the school website or pick them up from the main office. Call the Athletic office at 305-0252 if you have questions about the sports available.

To participate in extra-curricular activities, all school obligations must be cleared with the account clerk (Ms. Soares) in the office.

Sports available by season:

**Fall:** Air Riflery, Girls’ Volleyball, bowling, cross country, cheerleading, JV softball, soft tennis and football.

**Winter:** Girls’ basketball, boys basketball, JV baseball, canoe paddling, girls soccer, boys soccer, swimming & diving, JV tennis and wrestling.

**Spring:** Girls golf, boys golf, tennis, girls water polo, softball, judo, baseball, boys volleyball and track & field.

Mandatory Kalaheo Sports Night

**Wednesday, August 3, 2016  6:30 pm  Gym**

Parents of all athletes and new student athletes must attend this sport/risk video night to participate in a sport at Kalaheo.

Make-up: Sat., August 6, 2016 at 9 a.m.

Questions? Call Athletic Director

Mark Brilhante at 305-0252.

Got Physical Exam?

Student athletes who are planning to be part of athletics next year should schedule an appt with their doctor for an annual physical. This is needed for pre-season training and conditioning as well as for playing their sport.

A physical is effective for ONE year from the date taken.

Lady Mustangs Basketball

Students interested in playing Girls Basketball: informational meeting Tuesday, October 18th in the Gym. Off-season program begins October 20, 2016.

Need physical or Consent/Concussion Forms:


Air Rifle Team

Looking for a sport that’s off the regular path? How about an Olympic sport? Kalaheo Air Rifle Team is looking for you! Coaches are NRA certified instructors and the team has NRA and CMP affiliation. All are welcome to join!

Contact Coach Craig Garcia at 384-2892 for more information. Go Mustangs!
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Water Pollution Prevention at Kalaheo High School

Kalaheo High School is entered from Iliaina St. and located along Mokapu Saddle Road in Kailua. Storm water discharges from the campus flow via the small Municipal Separate Storm Sewer System (MS-4) to both the City and the State Department of Transportation (DOT) MS-4’s, which discharge to Kawainui Marsh and Kawainui Canal, both of which are Class I inland waters.

The average annual rainfall at the school is approximately 57”. The campus slopes from north to south.

When it rains, water flows over campus and streets carrying the pollutants it picks up into the storm drains. Storm drains are not connected to the wastewater treatment plant. Therefore, the pollutant water flows directly into our streams and ocean.

Pollutant means any hazardous waste, petroleum products, pesticides, detergents, chemical fertilizers, sewage sludge, animal waste, soil erosion and soil, accumulation of sediments, and construction waste and materials.

(See p. 3 for more details)

Back to School
Open House!
6:30 p.m.
Tuesday, Aug. 9  Café

August 2016