

August

BREAKFAST

Howard Gardner Community School
2018 - 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		No Breakfast	<ul style="list-style-type: none"> hot sausage & cheddar brekwich zee zees cinnamon crisp bar (df) cheerios & dipperdoodle bar Fruit & Milk	<ul style="list-style-type: none"> hot cheesy bean breakfast burrito (v) blueberry burst muffin Fruit & Milk
<ul style="list-style-type: none"> cocoa critters cereal (df) zac omega fruit filled strawberry bar (df) Fruit & Milk	<ul style="list-style-type: none"> hot cinnamon toast bagel banana muffin Fruit & Milk	No Breakfast	<ul style="list-style-type: none"> hot breakfast enchilada scramble (vg) lemon muffin Fruit & Milk	<ul style="list-style-type: none"> hot cheesy bagel sandwich cinnamon crumbles Fruit & Milk
<ul style="list-style-type: none"> honey buttons cereal (df) dipperdoodle bar (df) Fruit & Milk	<ul style="list-style-type: none"> hot cheesy omelet yogurt & granola cinnamon chex & zac apple bar Fruit & Milk	No Breakfast	<ul style="list-style-type: none"> hot cinnamon toast bagel blueberry burst muffin Fruit & Milk	<ul style="list-style-type: none"> plain bagel & cream cheese Fruit & Milk
<ul style="list-style-type: none"> snow flurries cereal (df) zee zees berry apple bar (df) Fruit & Milk	<ul style="list-style-type: none"> hot french toast sticks cinnamon grahams & string cheese Fruit & Milk	No Breakfast	<ul style="list-style-type: none"> hot breakfast rancho scramble (vg) cinnamon crumbles cocoa critters cereal (df) Fruit & Milk	<ul style="list-style-type: none"> hot sausage & cheddar brekwich lemon muffin zee zees cinnamon crisp bar (df) Fruit & Milk
<ul style="list-style-type: none"> corn chex, zac attack strawberry bar yogurt & honey grahams Fruit & Milk	<ul style="list-style-type: none"> hot buttermilk pancakes blueberry burst muffin Fruit & Milk	No Breakfast	<ul style="list-style-type: none"> cinnamon grahams & string cheese plain bagel & cream cheese Fruit & Milk	<ul style="list-style-type: none"> hot french toast sticks, sausage, and egg cinnamon crumbles Fruit & Milk

Did You Know?

Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

Chef reserves the right to change menu for seasonality and new menu innovation.

This institution is an equal opportunity provider