

# Medical Information

Students who are injured or become ill are to report their condition to a teacher and then with the permission of the teacher may go to the school clinic. We are fortunate to have a licensed health care professional on duty or on call throughout the school day. Any student who visits the health care center for emergent problems, chronic health issues or daily prescription medications will not be required to have a pass.

Occasionally, the need arises for the health care professional to request a parent to pick up a child who has become ill. Parents will be notified if their child has a fever, vomiting, diarrhea, a fever over 100 degrees, a significant illness or injury, or is in need of emergency treatment. If a student is too ill to remain at school, the parent or emergency contact shall be notified and arrangements made for transportation before the student is released. The school may require clearance from a licensed physician for a student to return to school whenever it is deemed necessary in order to protect the health of the student or other students.

In case of medical emergencies, every effort will be made first to contact the parent of the student. If the parent cannot be reached, or if in the opinion of school officials, immediate action is required, emergency ambulance services will be called. The cost of such emergency ambulance service shall be the responsibility of the parent. An accident or injury requiring treatment is followed up with a report to the Superintendent. If a parent wishes to be notified each time their child visits the school clinic, regardless of the reason, that will be done. Parents should notify the health care professional in their school of that preference. All visits to the health care professional's office are documented in the school's electronic system, allowing parents to view the frequency and reasons for visits if requested.

## Returning to School from Illness

Any student who has been absent from school because of a disease considered by the school health care professional to be infectious or contagious may be required to provide written assurance from a licensed physician that he/she is no longer in an infectious or contagious state. These illnesses include pink eye, mononucleosis, impetigo, tuberculosis, whooping cough, measles, polio, meningitis, mumps, diphtheria, scabies, pneumonia, strep, shingles, MRSA and hepatitis. If you are not sure about a particular

illness, please call the school health care professional for advice before your child comes to school.

In order to minimize the spread of infection, please do not send your student to school when ill. The following guidelines may help you determine when it is safe to return your child to school:

1. Temperature below 100 degrees for 24 hours without medication
2. No vomiting for 24 hours and able to tolerate a bland diet
3. Diarrhea free for 24 hours
4. Lessening of “acute cold symptoms” such as a persistent cough, or excessive “runny nose”

If your child has been prescribed an antibiotic, please consult with the physician regarding when the student will no longer be contagious and is able to return to school. Normally 24-36 hours of antibiotic therapy is required to meet this criterion.

LICE (pediculosis): If a student is found to have live head lice while at school, the student will be sent home and can return the next day provided he/she has been treated with a special lice shampoo and has been checked by the health care professional. Data does not support the exclusion of students for the presence of nits, although continued monitoring by the school health care professional for signs of reinfestation is appropriate.

#### Administration of Medication

Our school health care professionals are always willing to give your child medication when needed. They are bound by Indiana State Law to follow certain regulations regarding these medications. The health care professionals are not permitted to exceed the recommended dosages as stated on the original label without a physician note. Inhalers and epi-pens may be carried by the student with physician and parent permission notes on file in the health care professional’s office. Parental permission in writing is required on a yearly basis for the use of an epi-pen or inhaler. All other medication (besides inhalers and individual epi-pens) will be kept in the health care professional’s office. Only the school health care professional or designee shall administer medications to students.

The administration of medications and/or treatments for students on a field trip will involve a concerted effort between the nursing and school staff, along with the parents and student. A school health care professional will rarely, if ever, accompany students on field trips.

In the interest of student safety, it is preferred that all medication, both prescription and non-prescription, should be transported to and from the school health care professional's office by a parent or guardian.

Prescription medication: (ordered by the physician)

1. Medication must be turned in to the clinic in the original pharmacy-labeled container with the student's name/date/medication/dosage and the time dosage is to be administered.
2. Any prescription medication must be accompanied by a physician's order. This order can be brought in by the parent or faxed to the school health care professionals' office by the physician. Any change in dose of a prescription medication would require a new physician order forwarded to the school health care professional.
3. Written permission from the parent giving the school authority to administer the medication must also accompany the prescription medicine.
4. If a medication is to be stopped, the parent should notify the school health care professional of the withdrawal of consent in writing.

\*Please ask your pharmacist when filling the medications that require refrigeration (i.e. liquid antibiotics) to fill a separate bottle with appropriate dosage to remain at school to avoid transportation problems, temperature change, or a forgotten dose when students forget to pick up or return medicine.

Non-prescription medication:

1. The school will provide Tylenol, Ibuprofen and Tums or its generic equivalent in the dose appropriate for student's age and weight as per the package instructions. All other medication must be provided by parent and dispensed by the clinic.
2. Written permission from the parent/guardian must be on file before any medication can be given, including over the counter decongestants, antihistamines or cough medicines. The amount to be dispensed must be on file before any medication will be given. A permission form may be obtained from the health care professional any time throughout the school year. Forms are also available on the district website under the health forms section.
3. Parental permission notes must be updated yearly. Homeopathic Products: Zionsville Community Schools, in concert with the National

School Nurse Association guidelines, does not honor requests by parents/guardians to dispense over the counter herbs, minerals, and vitamins and other homeopathic products. Homeopathic products will only be dispensed with a physician's order.

Medication Return: At the end of the school year OTC and prescription medications MUST be picked up by parents by the last day of school for students. All unclaimed medications will be discarded after the last day of school.

### Immunizations

All children must provide written documentation of such immunizations at the time of their first enrollment in the School Corporation. No child will be permitted to attend school for more than twenty days beyond the date of his/her enrollment without such documentation of immunization. Please see the Student Handbook for a list of vaccinations needed. Additional FAQ's and information about immunization requirements for school age children can be found on the ZCS website under the Support Services menu and Student Health.