

Lunch Menu

August 2017

bo

Monday	Tuesday	Wednesday	Thursday	
	1	2	3	4
7 -Chicken Tamal, Mixed Vegetables (400) Fat Free Chocolate Milk (200) 1% White Milk (200)	8 -Carnitas Nachos (*Contains Pork), Tortilla Chips (400) Fat Free Chocolate Milk (200) 1% White Milk (200)	9 -Cheeseburger, Potato wedges (420) 1% White Milk (210) Fat Free Chocolate Milk (210)	10 -Chicken Tinga Sopes, Black Beans, Rice (100) -Ham & Cheese Sandwich (250) Salad- Chicken Taco Salad, Baked Chips (25)	11 -Ma -Tur Sanc Fat f 1% \
14 -Chicken Burrito (200) -Turkey Ham & Cheese Sandwich (175) Fat Free Chocolate Milk (188) 1% White Milk (187)	15 -Beef Chili, Tortilla Chips (375) Fat Free Chocolate Milk (188) 1% White Milk (187)	16 -Chicken Patty Burger, Potato Wedges (400) Fat Free Chocolate Milk (200) 1% White Milk (200)	17 -Turkey & Cheese Sandwich (175) -Chicken Fajita Strips, Spanish Rice (200) Fat Free Chocolate Milk (188)	18 -Tur Sanc Fat f 1% \
21 -Steak & Cheese Sandwich (375) Fat Free Chocolate Milk (188) 1% White Milk (187)	22 -Spaghetti & Meatballs, Marinara Sauce (375) Fat Free Chocolate Milk (188) 1% White Milk (187)	23 -Hot Dog, Potato Wedges (400) Fat Free Chocolate Milk (200) 1% White Milk (200)	24 -Teriyaki Chicken, Chow Mein Noodles (375) Fat Free Chocolate Milk (188) 1% White Milk (187)	25 -Chi -Tur Sanc Fat f 1% \
28 -Pizza Bagel Sandwich (375) Fat Free Chocolate Milk (188) 1% White Milk (187)	29 -Caribbean Chicken Southern Rice (375) 1% White Milk (188) Fat Free Chocolate Milk (187)	30 -Carne Asada Fries (400) Fat Free Chocolate Milk (200) 1% White Milk (200)	31 -Cheese Tamal, Mixed Vegetables (400) Fat Free Chocolate Milk (200) 1% White Milk (200)	

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.







Friday

caroni & Cheese (200)
key Pastrami & Cheese
dwich (175)
Free Chocolate Milk (188)
White Milk (187)

key Pastrami & Cheese
dwich (375)
Free Chocolate Milk (188)
White Milk (187)

cken Jambalaya (375)
key Ham & Cheese
dwich (25)
Free Chocolate Milk (200)
White Milk (200)



