

Wilson C. Riles Middle School

Physical Education Course Syllabus

School Wide Behavior and Expectations

All students are expected to follow the WCR Personal Standards Matrix identified in the agenda book.

Course Outlines/Grading and Assessment

Located on the WCR webpage at www.centerusd.k12.ca.us/cusd/wcriles

PE Clothing

- All students are required to change into PE clothing each and every day.
- Students are required to wear Wilson C. Riles shirt and shorts, or a solid white T-shirt and solid black shorts. The teaching staff will work out an arrangement should affordability be a problem.
- During cold weather, a solid white sweatshirt and solid black sweatpants **may be worn over required shirt and shorts.**
- Shirts must be tucked in during class and clothing visibly labeled with students' first and last names.
- Socks and properly tied athletic shoes must be worn at all times. Non-athletic type shoes such as flats, boots, and slip-on shoes are **Not** to be worn during class. Doing so will result in removal from activity.
- Jewelry, jackets, coats, sweaters, and non-prescription glasses are not to be worn in PE classes.
- Students may buy PE clothing during the 1st week of school in their PE class, and throughout the school year. Clothing costs are \$10.00 for the shirt and \$10.00 for the shorts. Cash only please.

Loan Clothing

- All students are required to change into PE clothing each and every day.
- Students must borrow WCR loan clothing when they are not in possession of their personal PE clothing at the beginning of the class period.
- Each use of loan clothing will result in a deduction of daily points.
 - Loan Clothing Use #1 – 5:
 - The number of daily points deducted will equal the number of times a student borrows loan clothing.
 - Example: 3rd use of loan clothes equals a 3 point deduction
 - Loan Clothing Use #6 and each additional use until the end of a quarter.
 - 5 daily points will be deducted for each use.
- A student refusing to use loan clothing will lose all daily points and receive a referral to the Vice Principal. Points lost for this reason may not be made up.
- A student that fails to return loan clothing will be billed \$5 to help cover the replacement cost of each unreturned piece of Loan Clothing.

Locks, Lockers & Locker Room Procedures

- Students will supply their own **combination lock**.
- A locker will be issued when a student brings a lock to school.
- Lockers are for storing PE clothing only and may not be shared.
- Keep your combination a secret!
- Locks will be cut off if not on students' assigned locker and registered with the PE staff.
- For your safety, appropriate behavior is expected; drinks and food are not allowed at any time in the locker room.
- ***Wilson C. Riles is not responsible for any lost or stolen items.***

Class Procedures

- After the tardy bell rings students have 5 minutes to change, use the restroom and report to their PE teacher's designated basketball court and begin walking the perimeter.
 - Students not on their PE teacher's designated basketball court will be assessed a tardy.
 - Students requesting to use the restroom following this 5 minute period or during class will be assessed a tardy.
- Should a student need to leave class they must obtain teacher permission, log in at the loan garage and get a hall pass.
- Immediately inform a teacher of any injury occurring during the PE period.
- The teacher will dismiss class when it is time to change.
- After class, students must remain within the area designated by the red lines until the passing bell rings.

Student Behavior Expectations

- Consistently exhibit positive social and problem solving skills.
- Consistently put forth your best effort.
- Do your part to help yourself, your team, and our class to achieve learning, fitness, and teamwork outcomes at the highest level.
- Respond to teachers and peers verbally and with eye contact.

Student Behavior Consequences

- Warning
- Removal from activity. Student/teacher conference.
- Parent Contact
- Detention
- Referral
- Vice Principal, parent, student, teacher conference

PE Husky Help Sessions for Absences or Missed Class Time

A student who is absent from school or misses a PE class period for any reason may participate in a PE Husky Help session to make up points lost due to absence from class. PE Husky Help sessions are held on **Wednesday from 7:15 to 7:35 am**. The locker rooms will be open for changing from 7:10-7:15. Students must wear PE clothes. Students will be graded using the PE performance rubric. It is the student's responsibility to complete all PE Husky Help sessions before the end of each grading period.

Medical Requests

A parent/guardian may excuse their student from the scheduled activity for a maximum of three consecutive days. All requests must be in writing and include the reason, date and phone number where a parent/guardian can be reached. A request for longer than three days will require a note from a doctor. Students with a request to be excused from activity are required to dress for PE and will participate at a safe, modified activity level.

When contacting your students' PE teacher, please utilize our email system for the most immediate response.

Mr. Brown pbrown@centerusd.org

Mrs. Cook kcook@centerusd.org

Mr. Jordan markjordan@centerusd.org

Mr. Wise jaw@centerusd.org