

Athlete's Name-\_\_\_\_\_

Grade-\_\_\_\_\_



**Rockdale Athletic Department**  
Home of the Tigers

Rockdale Independent School District - P.O. Box 632 - Rockdale, Texas 76567  
Tel (512) 430-6150 Fax (512) 446-3831

*Superintendent*  
Denise Monzingo  
*Principal*  
Tiffany Commerford  
*Athletic Director*  
Jeff Miller

Parents and Athletes,

As the spring semester comes to an end it is time again for our Athletes to update their paperwork and for the incoming 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> graders to get a physical in order to participate in athletics.

**Athletes are required to have a physical as 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders.** Since physicals have already been offered students must make their own appointment with their own doctor. Forms can be picked up at the Athletic Office or are available online on the Rockdale ISD Athletics website. U.I.L. revised the physical and medical history form this year so old versions will not be accepted. It must be a 2017 version.

**\*\*Physicals dated before May 1, 2017 will not be accepted\*\***

**Every student must fill out and turn in a new U.I.L. Medical History Form (front of 2<sup>nd</sup> page)** every year regardless of whether or not if they need a new physical.

**Online paperwork must be filled out annually and can be found at <http://rockdaleisd.rankonesport.com>.** Instructions for how to complete these forms are located on the back of this page. Everyone who plans participate in athletics during the 2017-2018 school year will need to complete these forms before they are eligible to practice or play.

**\*\*The RHS library will be open on Tuesday May 23<sup>th</sup> from 5:00 pm to 7:00 pm to give parents who do not have access to a computer an opportunity to fill out required athletic paperwork. Please plan on attending if you need access to a computer or if you have questions. (please see instructions on the back of this page for directions on what information to bring with you)**

If you have any questions please call the Athletic Training Office at 430-6007 or the Athletic Director's Office at 430-6150.

Sincerely,

Rockdale ISD Athletic Training Staff