



Bronx Academy of Promise

Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

Oct. 31 – Nov. 4, 2016	Monday 10/31	Tuesday 11/1	Wednesday 11/2	Thursday 11/3	Friday 11/4
<p>Hot Meals</p>	<p><u>Happy Halloween!!</u></p> <p>Turkey Sandwich on Whole Wheat Bread</p> <p>Carrot Sticks</p> <p>Fresh Fruit</p> <p>1% or Non-Fat Milk</p> <p>or</p> <p>Sunbutter & Jelly Sandwich</p>  <p>11:30 AM Dismissal</p>	<p><u>Baked Potato Bar</u></p> <p>(Beef Chili, Cheese Sauce, Turkey-Bacon Bits, Salsa) Yellow Corn</p>	<p>Savory Shepard's Pie</p> <p>w/Potatoes, Carrots & Peas</p> <p>Spanish - Style Pink Beans</p> <p>W.W. Dinner Roll</p>	<p>Turkey Bolognese w/ Tomato Sauce</p> <p>Fusilli Pasta</p> <p>Sauteed Spinach</p> <p>Mixed Vegetables</p>	<p><u>Homemade Pizza</u></p> <p>Taco Pizza (Ground Beef, Refried Beans, Salsa & Cheese)</p> <p>or</p> <p>Cheese Pizza</p>
	<p>Sandwich Meals</p>		<p><u>Deli Wraps!</u></p> <p><u>Chicken Salad Wrap</u></p> <p>Cubed Chicken, Celery & Mayo on a Whole Wheat Club Roll</p> <p>Tossed Romaine Salad</p> <p>or</p> <p>Sunbutter & Jelly Sandwich</p>	<p><u>Hot Panini!</u></p> <p><u>Tuna Melt</u></p> <p>Cheddar Cheese, Celery, Lettuce & Tomato on a W. W. Roll</p> <p>3 Bean Salad</p> <p>or</p> <p>Sunbutter & Jelly Sandwich</p>	<p><u>Deli Wraps!</u></p> <p><u>Turkey BLT Wrap</u></p> <p>Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap</p> <p>or</p> <p>Sunbutter & Jelly Sandwich</p>
<p>Salad Bar</p>		<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day

This institution is an equal opportunity provider.