PE Make-up (2 day option)

We would like you to create a poster board (22inch X 28inch, can purchased at target, walgreens, riteaid, etc) that will help the students at Central High School understand the significance of physical fitness and healthy living. BE CREATIVE!!!

Once your board is complete, please use the back of this paper to list the 3 most important reasons that you believe physical fitness and healthy living are essential and explain each reason with at 3 sentences each.

Turn in your board and your paper to your teacher for credit!