

SHAC MEETING: February 5, 2014

TIME: 12:00 PM

LOCATION: Smithville Elementary

MINUTES: Called to order by Dr. Neal Spears

Minutes reviewed and approved following motion by Becky Duty and seconded by Gina Dawson with majority vote.

OLD BUSINESS: Update by Sophie Weinheimer R.N. and Janice Rogers L.V.N. regarding recently held AIM FOR SUCCESS presentations at the Junior High and High School campuses. Mrs. Weinheimer reported parent meeting held February 3rd with approximately 13 parents and staff attending. AIM for Success program new to 6th thru 8th graders with very captive audience. One 7th grader had to leave due to feeling nauseated with graphics thus leading summation of paying attention to speaker. Mrs. Rogers reported success at the high school level. Students seemed attentive. Dr. Spears informed SHAC members AIM FOR SUCCESS would be sending information regarding a survey taken by the students regarding issues discussed in the presentation.

NEW BUSINESS: Anna Murray spoke in regard to Index 4 Health. Committees and sub-committees set up to assess and evaluate health and wellness resources in community and report to site base committee. Initial assessment reports indicate great deal of community and school resources concerning health and wellness. Dr. Spears suggests involving Andes Goble from Recreation Center to be included in group.

Marcie Owen spoke in regards to Fuel up To Play 60 which Candy Biehle informed the group the school had already been doing and received award for participation.

Candy Biehle spoke to the members regarding the new nutritional updates that will be taking place. New requirements will concentrate on reduced sodium and additional fruit at breakfast. She expressed concern in meeting new sodium requirement without sacrificing taste and waste from fruit requirement. Dr. Spears questioned sodium reduction as no patients seen within this age group with elevated sodium levels. Breakfast is currently being offered free on all campuses with an increase in students eating breakfast since last year.

Candy Biehle spoke of the policy in cafeteria regarding students charging following news brief of occurrence in Utah school. Students are offered alternate meal when at charging limit or without means to pay for lunch. Junior High and High school students have \$10.00 charging limit. Parents are notified by letter, email, and website regarding status of students account.

Discussion to hold next SHAC meeting at 6:30 as previously scheduled and if limited turn out to return to noon meetings.

Sharlene Scheler RN spoke in regards to smoking cessation program for 3rd and 4th graders. She offered to be available for smoking cessation program at other levels. She reports eighty students attending Hearts Chapel on MLK for food and social time on Thursday evenings.

Anna Murray spoke in regard to the first Health based awareness group meeting held. Cooking demonstration by Marcie Owens was held with information regarding food preparation of frozen vegetables and community garden. Additional programs with speakers being planned at various locations in the community. Candy Biehle suggested flyer regarding SHAC meeting be distributed at this time to solicit more parent and community involvement.

After no further business the meeting was adjourned at 12:40 PM.