

Alden-Conger Public School
215 N. Broadway
P. O. Box 99
Alden, MN 56009
www.alden-conger.org

March 2018



Important Dates:

March 2018

- 6 NHS/Red Cross Blood Drive
- 9 Spring Play - 7:00pm
- 10 Spring Play - 7:00pm
- 11 Spring Play - 2:00pm
- 12 School Board Meeting 7:00pm
- 12 PTO Meeting 6:30 pm
- 12 Solo/Ensemble Contests
- 15 Band & Choir Concert - 7:00pm
- 19 Kindergarten Round-up—6:30-7:30pm
- 28 **End of 3rd Quarter**
- 29 **NO SCHOOL-Teacher Work Day**
- 30 **NO SCHOOL– Spring Break**

April 2018

- 2 **NO SCHOOL– Spring Break**
- 9 School Board Meeting 7:00 pm

Upcoming Dates to Remember

- Prom - May 5
- Graduation - June 1





Alden-Conger Public School

March 2018



Payschools and Payments

A reminder that if you want to make a payment on your family lunch account, pay a sports fee, or dues, etc. please remember that you can do so on our school website at alden-conger.org. When you reach our website. Go to the "Parents" tab, and click on "Payschools" and see items that you can pay for online. You must create a login and password to do this.

Also, if you enter the JMC Parent Access, you can make lunch payments there.

If you need to get a JMC Parent login or password or if you can't remember your information, please call the main office at 507-874-3240 Ext. 2410.

Red Cross Blood Drive

The National Honor Society sponsored American Red Cross Blood Drive will be held in the LeVerne Carlson Gym on March 6. The public is invited to donate blood from Noon – 6:00pm. Walk-ins are welcome from 2:00 - 6:00pm. People who take the time to give blood make a vital contribution to the community. You must be at least 17 years old, 110 pounds, and not be sick when donating. You must also bring proper identification.



ALDEN-CONGER

KINDERGARTEN ROUND-UP- Monday, March 19th.

A Kindergarten Orientation for parents and children who will be entering kindergarten this fall will be held on Monday, March 19, 2018 from 6:30pm-7:30pm at the Alden-Conger School. The orientation will give parents an opportunity to register students for kindergarten, meet with school personnel and discuss concerns that they may have. This orientation is open to anyone that is interested in having their child attend Alden-Conger School. Feel free to contact the elementary office at 507-874-3240 Opt. 2 if you have further questions.

Please remember to bring the following items to orientation with you: **immunization record, copy of birth certificate, and completed family information forms.**

Hope to see YOU at Kindergarten Orientation!



Counselor's Corner

by Mrs. Wallin

Office Hours: 7:45 -11:00 a.m. 11:30 a.m.-1:15 p.m. (or by appointment)

COLLEGE PLANNING NIGHT

For Sophomores & their parents

Tuesday, March 6 7:00 pm – 8:30 pm

- * Information from various types of colleges
- * Financial Aid representative
- * College application & scholarship tips
- * Information about ACT, PSEO, & college visits

This evening is intended to introduce students and parents to the various options available after high school. We will have up to five representatives on hand to talk about the types of post-secondary programs available: Community Colleges, Private Colleges, State Colleges, Technical Schools, and ROTC/Military. In addition, there will be a wealth of information about financial aid, college applications, school visits, junior & senior requirements, and much more. We look forward to seeing everyone on March 6th !!

Upcoming Assessments

JUNIORS will take a **practice ACT** assessment on Tuesday, March 13 from approximately 8:15 a.m. until noon. This will be a full length practice for the English, Math, Reading & Science portion of the ACT. We will include “tips & tricks” for preparing and taking the ACT, and we will also score the practice test so students have an idea of where they are and what they need to work on. *The actual ACT will be given at A-C on Tuesday, April 3, to Juniors who have signed up to take it.*

SOPHOMORES will take the **preACT** assessment on Tuesday, March 13 during periods 1–3 (8:10-10:35 a.m.). The preACT is an assessment that provides the most accurate indicator as to how a student will perform on the ACT as a junior if they continue to take more advanced coursework. The assessment also includes an Interest Inventory in which the results show potential career area matches based on student interests.

MINNESOTA COMPREHENSIVE ASSESSMENTS (MCA)

6 th Grade:	Reading: April 10-13	Math: April 24-27	
7 th /8 th Grade:	Reading: April 5-6	Math: April 24-25	8 th Grade Science: May 3
10 th Grade:	Reading: April 18-20	Science: May 4	
11 th Grade:	Math Only: April 26-27		

JUNIORS – consider planning campus visits during summer break...many colleges will be in session during June & July. This would be a great time to start looking at options after high school!!

***UPDATED SCHOLARSHIP LIST IS ON THE WEBSITE!!
Check it out – updates often!***



Postsecondary Enrollment Options

Postsecondary Enrollment Options (PSEO) is a program that allows 10th-, 11th- and 12th-grade students to earn both high school and college credit while still in high school, through enrollment in and successful completion of college-level, nonsectarian courses at eligible participating postsecondary institutions. Most PSEO courses are offered on the campus of the postsecondary institution; some courses are offered online. Each participating college or university sets its own requirements for enrollment into the PSEO courses. Eleventh and 12th-grade students may take PSEO courses on a full- or part-time basis; 10th graders may take one career/technical PSEO course. If they earn at least a grade C in that class, they may take additional PSEO courses.

There is no charge to PSEO students for tuition, books or fees for items that are required to participate in a course. Students must meet the PSEO residency and eligibility requirements and abide by participation limits specified in Minnesota Statutes, section 124D.09. If a school district determines a pupil is not on track to graduate, she/he may continue to participate in PSEO. Funds are available to help pay transportation expenses for qualifying students to participate in PSEO courses on college campuses. Schools must provide information to all students in grades 8-11 and their families by March 1, every year. Students must notify their school by May 30 if they want to participate in PSEO for the following school year. For current information about the PSEO program, visit the Minnesota Department of Education's Postsecondary Enrollment Options (PSEO) webpage.

March is Music in our Schools Month—and the Music Department is busier than ever!!

On Monday, March 6th, high school band and choir students are involved in the area's Solo/Ensemble Contest held at Riverland in Austin.

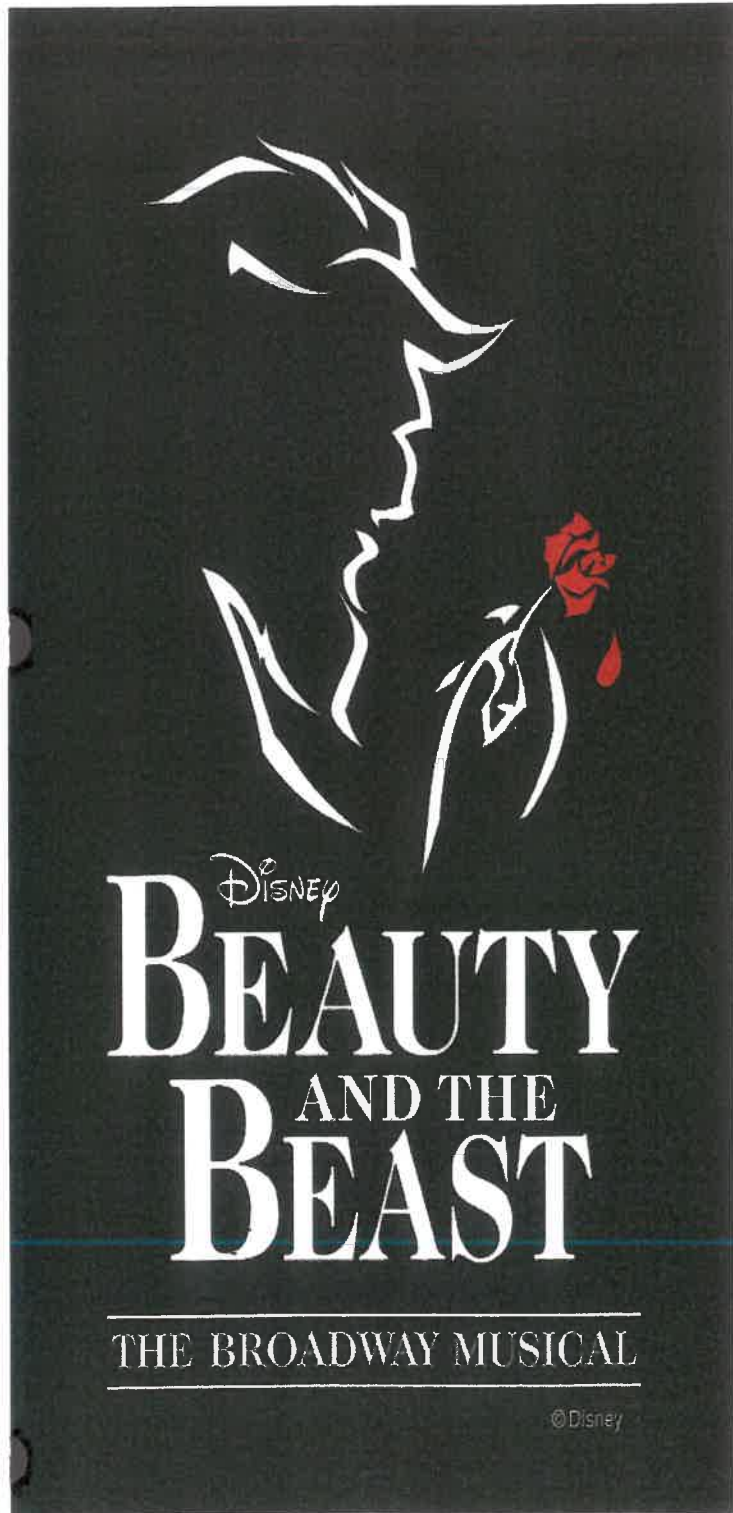
The music and drama departments will be presenting the musical Beauty and the Beast on March 9 and 10 at 7 p.m. and March 11 at 2 p.m.

Admission is \$4 for student and senior citizens and \$6 for adults.

On Thursday, March 15th the Middle School and High School bands and choirs will be presenting their spring concert at 7:00 pm.



Alden-Conger Drama Department Presents...



March 9 & 10

at 7pm

March 11

2pm

**Alden-Conger High
School Stage**

215 N. Broadway, Alden, MN

Admission Prices

Adults - \$6

Students/Senior Citizens - \$4

PTO Happenings

Mark your calendars for **March 17th, 2018** for our 10th annual Night of Knights PTO fundraiser

Kim Guanella will once again be serving snacks, which is included in your ticket price. Tickets are \$10.00 in advance and \$15.00 at the door. Tickets will be available at Alden Legion, Alden School and from PTO members.

Raffle tickets are now on sale for a suggested donation of \$5.00

Prizes include:

1st place: iPad donated by Pride Builders of Freeborn

2nd place: ½ hog and it's processing donated by Kris and Shane Christensen and Jeremy & Darcy Johnson/Conger Meats

3rd place: Twins Tickets donated by Heath Reindal/Reindal Electric

4th place: 2 Chanhassen Dinner Theater Tickets donated by KATE Radio

5th place: \$100.00 cash

*Drawing will take place March 17th but you do not need to be present to WIN

We are always looking for donations for our silent auction.. The list is growing. Please follow us on Facebook for updated pictures and auction items.

Alden Conger Families~

Each grade level will be creating a basket to be auctioned off at the PTO "Night of Knights" fundraiser on March 17th . Elementary teachers will be asking for money or donations from families. Middle School and High School advisors will be helping those students.

Next PTO meeting is Tuesday March 12th starting at 6:30 pm in Jenny Erickson's classroom– Rm. 165

Little Knights News



Little Knights Events:

March 19: Kindergarten Round-Up 6:30-7:30 pm

March 28 & 29: NO Preschool

April 2: NO Preschool

We are currently accepting preschool applications for the 2018-2019 school year. The application is located on our school website alden-conger.org under the preschool tab. The application can be filled in online.

If you have any questions, you may contact Kayla Christenson by emailing her at kchristenson@ac242.us

Menus for March 2018

ALDEN-CONGER PUBLIC SCHOOLS

This institution is an equal opportunity provider. Menus are subject to change.

EGG-CELLENT.



Ah, the humble, wonderful egg! Just 75 or so calories, but with seven grams of high-quality protein, plus iron, vitamins, minerals, and other disease fighting nutrients. Versatile for cooking. Inexpensive. Readily available. Perhaps the perfect food - for breakfast, or any time!

EAT BETTER - PLAY HARDER - LIVE HEALTHIER - LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

FRESH GARDEN BAR SERVED DAILY WITH LUNCH. MAY INCLUDE THE FOLLOWING:

BROCCOLI, CAULIFLOWER, CUCUMBERS, RADISH, RED & GREEN PEPPERS, DARK GREEN LETTUCE, TOMATOES, CARROTS, CUCUMBERS GARBONZO BEANS.

REDUCED FAT PRE PACKAGED DRESSINGS ARE SERVED WITH LUNCH

ALL GRAINS ARE AT LEAST 51 % WHOLE GRAIN

SKIM MILK, 1%, AND FAT FREE CHOCOLATE MILK ARE SERVED WITH BREAKFAST & LUNCH.

KEEP ALL YOUR ACCOUNTS CURRENT

APPLICATIONS FOR EDUCATIONAL BENEFITS ARE AVAILABLE IN THE BUSINESS OFFICE

SECOND CHANCE BREAKFAST SERVED DAILY - ENDS AT 10 A.M. IF YOU MISS OUR EARLY BREAKFAST YOU CAN STILL GET BREAKFAST UNTIL 10 A.M.

MARCH 5- MARCH 9TH IS NATIONAL SCHOOL BREAKFAST WEEK!!!!!! BREAKFAST IS A GREAT START TO YOUR DAY!!!!!!

Thursday, March 1

Breakfast
 French Toast W/Syrup Or Cereal Choice & String Cheese, Fruit, Juice, Milk

Lunch
 Hot Ham & Cheese Or Grilled Chicken W/G Bun, Steamed Potatoes, Garden Bar, Fresh Fruit Choice, Diced Peas, Milk

Friday, March 2

Breakfast
 Grab & Go Breakfast Fruited, Fruit, Juice, Milk

Lunch
 Cheese Pizza Or Pepperoni Pizza Slice, Green Beans, Garden Bar, Fruit Choices, Milk

Friday, March 9

Breakfast
 Pancake On A Stick W/Syrup Or Cereal Choice & String Cheese, Fruit, Juice, Milk

Lunch
 Deli Sub Sandwich Or Breaded Fish Party, Baked Beans, Colelaw, Garden Bar, Fruit Choices, Milk

Thursday, March 8

Breakfast
 Bagel W/Toppings Or Cereal Choice & Yogurt, Fruit, Juice, Milk

Lunch
 Diced Chicken W/Gravy W/G Biscuit, Steamed Peas, Garden Bar, Fresh Fruit Choice, Peaches, Milk

Wednesday, March 7

Breakfast
 Bacon Scramble Squares Or Cereal Choice & String Cheese, Fruit, Juice, Milk

Lunch
 Hamburger Party Or Rib Party, W/G Bun, Sweet Potato Fries, Broccoli Salad, Garden Bar, Fresh Fruit Choice, Diced Peas, Milk

Tuesday, March 6

Breakfast
 Warm Cinnamon Roll Or Cereal Choice & Yogurt, Fruit, Juice, Milk

Lunch
 Assorted Pizza Choices, Mixed Veggies, Garden Bar, Frozen Fruit Cup, Applesauce, Milk

Monday, March 5

Breakfast
 Mini Cake Donuts & String Cheese Or Cereal Choice & String Cheese, Fruit, Juice, Milk

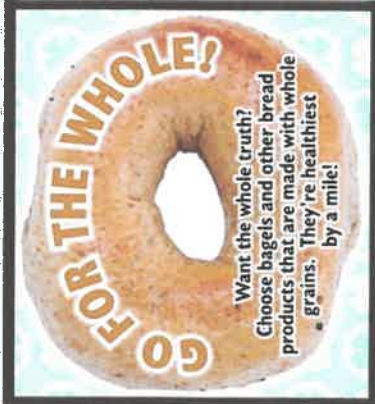
Lunch
 General Tso's Mandarin Orange Or Sweet & Sour Chicken, Brown Rice, Fortune Cookie, Asian Veggies, Garden Bar, Fresh Fruit Choice, Peaches



Don't forget to set your clocks forward one hour on Sunday, March 11!



When he created Monopoly in March 1933, Charles Darrow was unemployed, having lost his job during the Depression. Today, more than 250 million Monopoly games have been sold, and Darrow died a millionaire in 1967.



'Want the whole truth?' Choose bagels and other bread products that are made with whole grains. They're healthiest by a mile!

Visiting the **Blarney Stone** at the ruins of Blarney Castle in Ireland is said to give you "the gift of gab" — the ability to talk sweetly, convincingly, and endlessly!

Happy St. Patrick's Day,
March 17!



Blarney Castle

Photo by Debra McCaffrey SA 4.0



Q: How do you turn soup to gold?



A: Put 14 carrots in it!

Learn more at www.CHOOSEMYPLATE.gov or http://myplatehealth.org/healthy_healthynoodlepyramid.html

Friday, March 16
Breakfast
Blueberry Muffin & Yogurt Or Cereal Choice & Yogurt, Fruit, Juice, Milk
Lunch
Cheese Sticks W/Marinara Sauce Or Sloppy Joe W/G Bun Green Beans Garden Bar Fruit Choices Milk

Thursday, March 15
Breakfast
Knights Breakfast Sandwich Or Cereal Choice & String Cheese, Fruit, Juice, Milk
Lunch
Mini Corn Dogs Or BBQ Chicken Patty, Baked Beans, Creamy Cole Slaw, Garden Bar Fresh Fruit Choice Strawberry Applesauce Milk

Wednesday, March 14
Breakfast
Breakfast Parfait Or Cereal Choice & Animal Crackers, Fruit, Juice, Milk
Lunch
Chicken Alfredo W/G Noodles Breadstick 9-12 Or Wow Butter Sandwich (Meat 9-12), Broccoli, Caesar Salad Garden Bar Frozen Fruit Cup Peaches, Milk

Tuesday, March 13
Breakfast
Cheesy Omelet Or Cereal Choice & W/G Biscuit, Fruit, Juice, Milk
Lunch
Breaded Spicy Chicken Patty Or Breaded Chicken Patty W/G Bun Cooked Carrots Garden Bar Fresh Fruit Choice Applesauce, Milk

Monday, March 12
Breakfast
Waffles W/Syrup Or Cereal Choice & Yogurt, fruit, Juice, Milk
Lunch
Beef Taco Or Chicken Fajita, W/G Tortilla & Toppings, Spanish Rice Steamed Corn Garden Bar Fresh Fruit Choice Diced Peas Milk

Friday, March 23
Breakfast
Breakfast Breads Or Cereal Choice & String Cheese, Fruit, Juice, Milk
Lunch
Cheese Galaxy Pizza Or Italian Chicken Patty W/G Bun Broccoli W/Cheese Garden Bar Fruit

Thursday, March 22
Breakfast
W/G Pancakes W/Syrup Or Cereal Choice & Yogurt, Fruit, Juice, Milk
Lunch
Beef & Bean Burrito Or BBQ Diced Chicken W/G Bun Green Beans Garden Bar Fresh Fruit Choice Applesauce Milk

Wednesday, March 21
Breakfast
Cheesy Omelet Or Cereal Choice & W/G Toast, Fruit, Juice, Milk
Lunch
Chicken Nuggets (W/G Dinner Roll 9-12) Mashed Potatoes & Gravy Garden Bar Fresh Fruit Choice Peas Milk

Tuesday, March 20
Breakfast
Warm Cinnamon Roll Or Cereal Choice & Animal Crackers, Fruit, Juice, Milk
Lunch
Hamburger Patty Or Turkey Cheese Sub Sandwich Baked Beans W/G Chips Garden Bar Fresh Fruit Choice Peaches, Milk

Monday, March 19
Breakfast
W/G Bagel W/Toppings Or Cereal Choice & String Cheese, Fruit, Juice, Milk
Lunch
Taco Burger Or Hot Dog W/G Bun Carrots Garden Bar Frozen Fruit Cup Applesauce Milk

Friday, March 30
NO SCHOOL
SPRING BREAK

Thursday, March 29
NO SCHOOL
SPRING BREAK

Wednesday, March 28
Breakfast
Scrambled Eggs Or Cereal Choice & W/G Cinnamon Toast, Fruit, Juice, Milk
Lunch
Assorted Pizza Day Green Beans Garden Bar Fruit Choice Milk Cookie

Tuesday, March 27
Breakfast
French Toast W/Syrup Or Cereal Choice & String Cheese, Fruit, Juice, Milk
Lunch
Ham burger Patty Or Cheeseburger W/G Bun W/G Chips (9-12) Ranch Fries Garden Bar Fresh Fruit Choice Peaches, Milk

Monday, March 26
Breakfast
W/G Biscuit W/Strawberries Or Cereal Choice & Yogurt, Fruit, Juice, Milk
LUNCH
Beef Or Chicken Nacho's W/Toppings & Chips Seasoned Corn Garden Bar Fresh Fruit Choice Applesauce Milk