

# Montour High School Counseling Department

## NOVEMBER E-Newsletter

Welcome to the November edition of the Montour High School Counseling Department E-Newsletter! As we quickly end the first nine weeks, it is important that we keep you up to speed on the resources and services available to you through the current month.

### **CLASSROOM LESSONS:**

The counselors will visit the sophomore and junior social studies classes to review post-secondary planning activities. Here is a list of some of the information to be covered this nine weeks:

- PSAT score results (for students that took the PSAT)
- Khan Academy
- Naviance Career Exploration Activities
- National College Fair (juniors only)

### **ACADEMIC ASSISTANCE**

Need help with math, science, history, English or any other subject? Any student that needs help should sign up for their teacher's PLT for academic support sessions.

### **PLT SESSIONS**

- The counseling department offers post-secondary visits during PLT. Check flex time manager and sign up for opportunities that you would like to attend.
- Students who need support with research and writing can visit the Research and Writing Lab Monday - Thursday, during Spartan PLT.

### **PSAT/NMSQT TEST RESULTS**

All freshman, sophomores and juniors had the option to take the PSAT/NSMQT on October 13. The results will be returned to students in December/January. Students will receive a detailed score report and will sign up or log into their current College Board account. This will link their scores electronically and allow for free, personalized SAT prep. Counselors will be distributing the score reports to students in their social studies classrooms.

### **FEE WAIVERS AND/OR ACCOMMODATIONS FOR SAT OR ACT TESTING**

If students qualify for participation in the free/reduced lunch program, they are eligible for fee waivers for the SAT and ACT. These waivers are good for 2 separate test administrations. Students with IEP's and/or 504 plans are eligible for accommodations when taking the SAT and/or ACT. ***These students must provide documentation of need to SAT and/or ACT well in advance of testing.*** Please contact **Cindy Caliguire** at 412-492-6500, ext. 1606.

### **NEXT SAT AND ACT TEST DATES**

The next SAT is **Saturday, December 2**. Registration deadline is November 2.  
The next ACT is **Saturday, December 9**. Registration deadline is November 3.

**SOCIAL MEDIA:**

Follow the Montour High School Counseling Department on **Facebook:** Montour High School Counselors @spartanschoolcounselors and **Twitter:** MHS Counselors @mhscounselors3

**Please contact your child's counselor with any questions/concerns.**

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