



## NUTRITION SERVICES DEPARTMENT

East Whittier City School District  
14535 E. Whittier Blvd. ° Whittier ° CA 90605 ° T: 562.907.5950 ° F: 562.945.6411

### FREQUENTLY ASKED QUESTIONS AND ANSWERS

**1. Q: HOW DO I GET IN TOUCH WITH THE NUTRITION SERVICES OFFICE?**

A: We are located at 14535 E. Whittier Blvd. Whittier, CA 90605  
Our phone number is (562) 907-5950  
Our office hours are 6:30 am – 3:00 pm Monday –Friday

**2. Q: ARE WE REQUIRED TO COMPLETE A LUNCH APPLICATION AGAIN FOR THE NEW SCHOOL YEAR?**

A: YES! You must RENEW your child's application every school year. Submit one application per Household and enter all names who reside at this one address.

**3. Q: IS THERE A DEADLINE TO SUBMIT MY CHILD'S LUNCH APPLICATION?**

A: YES! You must submit your application by September 26, 2017 so your child can continue to receive their eligible meal.

**4. Q: WILL I BE ABLE TO DROP OFF MY APPLICATION DIRECTLY TO NUTRITION SERVICES AT THE DISTRICT OFFICE?**

A: Yes! You may drop off your application at Nutrition Services Department during the hours of 6:30 a.m. and 3:00p.m.  
For speedy approval, you can submit an online meal application at [Ezmealapp.com](http://Ezmealapp.com).

**5. Q: WHY DO SCHOOL STAFF AND ADULT VISITORS HAVE TO PAY MORE FOR MEALS THAN STUDENTS?**

A: The Nutrition Services department receives federal reimbursement for each student meal served in the district. We do not receive federal reimbursement for meals sold to school staff and adult visitors and are required to charge more for these meals to cover our costs.  
The cost of a school meal is significantly less than what people pay at a restaurant for the same type or amount of food.

**6. Q: CAN I REQUEST AN ALTERNATE MEAL IF MY CHILD HAS A FOOD ALLERGY OR DISABILITY THAT LIMITS THE TYPES OF FOODS THEY CAN SAFELY CONSUME?**

A: Yes. Food modifications for children with disabilities should be coordinated with the Nutrition Services Department to receive the appropriate medical paperwork.  
Alternate meal selections for children with food allergies might vary at the elementary level due to limited menu options. Parents need to request a "Medical Statement" form from the school nurse. This form must be filled out and signed by the child's physician. The Nutrition Services department will provide an alternative meal based on the selection of appropriate foods available.

Meal prices for these students are the same as regular meals.

Please contact the Christie Ford, Nutrition Services Department at [cford@ewcsd.org](mailto:cford@ewcsd.org) or (562) 907-5950 if you have questions about the menu options.

We are unable to provide alternate meal accommodations for non-medical reasons.

**7. Q: HOW WILL I KNOW WHEN MY CHILD NEEDS MORE MONEY IN THEIR ACCOUNT & HOW CAN I FIND OUT MY CHILD'S ACCOUNT BALANCE?**

A: Visit [MySchoolBucks.com](http://MySchoolBucks.com) to view your child's account. Nutrition Services sends home periodic messages indicating when the school meal account is negative.

**8. Q: WILL ANY OTHER STUDENT KNOW IF MY CHILD IS ON FREE OR REDUCED LUNCH PROGRAM?**

A: No, each child uses their individual student PIN number at the point of sale. Federal law prohibits overtly identifying a student by his/her meal eligibility.

**9. Q: WHAT ARE THE PRICES FOR LUNCH?**

PAID-PRICE	ELEMENTARY	MIDDLE SCHOOL
Breakfast	\$1.00	\$1.25
Lunch	\$2.25	\$2.50

REDUCED-PRICE for Elementary and Middle School	
Breakfast	\$0.25
Lunch	\$0.40

ADULT MEAL PRICES	
Breakfast	\$3.00
Lunch	\$5.00

**10. Q: WHAT MENU OPTIONS IS MY CHILD REQUIRED TO SELECT TO COMPLETE A REIMBURSABLE SCHOOL LUNCH MEAL?**

A: Students are required to take at least three (3) of the five (5) menu options:  
1 Serving of meat or meat alternate  
2 servings of fruit and/or vegetables  
1 serving of bread or bread alternate  
1 serving of milk

In addition, every student must take at least (1) fruit or vegetable to make their meal complete.

**11. Q: WHERE CAN WE FIND THE MENU AND NUTRITIONAL INFORMATION?**

A: The menu and nutritional information on specific items can be obtained from the School Nutrition Services office or the Nutrition Services webpage at [www.ewcsd.org](http://www.ewcsd.org). Go to the District link, Nutrition Services Department; Menus.