

# AUGUST

# BREAKFAST 2016-2017

WG=WHOLE GRAIN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 P/C DAY NO STUDENTS	2 PEPPER-PIZZA STIX & APPLE JUICE  OR ORANGE OR CEREAL	3 CINNAMON BUN & ORANGE JUICE  OR PINEAPPLE OR CEREAL	4 HAM LINKS & STEAMED RICE & grape juice OR PEACHES OR CEREAL	5 WG FRENCH TOAST & CRAISINS  OR PINEAPPLE OR CEREAL
8 MINI PANCAKES AND APPLE JUICE OR ORANGE OR CEREAL	9 BLUEBERRY BREAD & GRAPE JUICE  OR PINEAPPLE OR CEREAL	10 PORK PATTY & STEAMED RICE & ORANGE juice OR APPLE OR CEREAL	11 PIZZA BAGEL & APPLE JUICE  OR MIXED FRUITS OR CEREAL	12 PORT.SAUSAGE & STEAMED RICE & ORANGE juice OR PEACHES OR CEREAL
15 MAPLE PANCAKE ON STIX & CRAISINS  OR APPLE SC. OR CEREAL	16 SCH. MADE BANANA BREAD & grape juice  OR PINEAPPLE OR CEREAL	17 BELGIAN WAFFLE & ORANGE JUICE  OR MIXED FRUITS OR CEREAL	18 PORT.SAUSAGE & STEAMED RICE & GRAPE juice OR ORANGE OR CEREAL	19 STATEHOOD DAY NO SCHOOL
22 MINI PANCAKES AND APPLE JUICE OR ORANGE OR CEREAL	23 BLUEBERRY BREAD & GRAPE JUICE  OR PINEAPPLE OR CEREAL	24 PORK PATTY & STEAMED RICE & ORANGE juice OR APPLE OR CEREAL	25 PIZZA BAGEL & APPLE JUICE  OR MIXED FRUITS OR CEREAL	26 PORT.SAUSAGE & STEAMED RICE & ORANGE juice OR PEACHES OR CEREAL
29 MAPLE PANCAKE ON STIX & CRAISINS  OR APPLE SC. OR CEREAL	30 BANANA BREAD & grape juice  OR PINEAPPLE OR CEREAL	31 BELGIAN WAFFLE & ORANGE JUICE  OR MIXED FRUITS OR CEREAL	1 PINEAPPLE SMOOTHIES  OR ORANGE OR CEREAL	2 PORT.SAUSAGE & STEAMED RICE & GRAPE juice OR ORANGE OR CEREAL

ALL LUNCH COMES WITH CHOICE OF 1% OR SKIM MILK , 1/2 PINT