

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Medical Statement for Children with Special Dietary Needs:  
Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



**Milk choices :**  
1% White Milk  
Fat Free White Milk  
Lactose Free Milk  
Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target
Chicken Biscuit Jelly Potato Rounds Ketchup Packets Honey Bun Poptart Cereal Juice/ Apple slices	Pizza Bagel Pancakes Honey Bun Poptart Cereal Honey Graham Juice Fresh Orange	Biscuit Grits Sausage Link Bacon / or Sausge Links Honey Bun Cereal Banana Juice	Sausage Biscuit French Toast Sticks Honey Bun Poptart Potato Rounds Ketchup Packets Juice Sliced Apples	Pizza Sausage Honey Bun Poptart Cereal Juice Banana	Calories... 508 Cholesterol.. 22 mg Sodium. 614 mg Sugar 46.2g Carbohydrates 89.7g
<b>Breakfast is a one week rotation.</b>					
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.		
Georgia Grown	Local wellness policy at <a href="http://www.gocats.org/schoolnutrition">www.gocats.org/ schoolnutrition</a>				Local Grown