



# Bronx Academy of Promise

## Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

December 5 - 9, 2016	Monday 12/5	Tuesday 12/6	Wednesday 12/7	Thursday 12/8	Friday 12/9
<b>Hot Meals</b>	Philly Cheese Steak on a Whole Wheat Club Roll Roasted Cauliflower	<b><u>Baked Potato Bar</u></b> (Beef Chili, Cheese Sauce, Turkey-Bacon Bits, Salsa) Yellow Corn	Savory Shepard's Pie w/Potatoes, Carrots & Peas Spanish - Style Pink Beans W.W. Dinner Roll	Turkey Bolognese w/Tomato Sauce Fusilli Pasta Sauteed Spinach	<b><u>Homemade Pizza</u></b>  Taco Pizza (Ground Beef, Refried Beans, Salsa & Cheese) or Cheese Pizza
<b>Sandwich Meals</b>	<b><u>Deli Wraps!</u></b> <b><u>Italian Sub</u></b> Turkey, Ham American Cheese on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich	<b><u>Deli Wraps!</u></b> <b><u>Chicken Salad Wrap</u></b> Cubed Chicken, Celery & Mayo on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich	<b><u>Hot Panini!</u></b> <b><u>Tuna Melt</u></b> Cheddar Cheese, Celery, Lettuce & Tomato on a W. W. Roll 3 Bean Salad or Sunbutter & Jelly Sandwich	<b><u>Deli Wraps!</u></b> <b><u>Turkey BLT Wrap</u></b> Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap or Sunbutter & Jelly Sandwich	Carrot Sticks or Tossed Romaine Salad or Sunbutter & Jelly Sandwich
<b>Salad Bar</b>	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas

**Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and**

**Assorted Cupped Fruit: Peaches, Pineapples, Pears**

**Milk: Low-Fat White and Non-Fat Chocolate**

*Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day*

This institution is an equal opportunity provider.