



1422 C Street  
Sacramento, CA 95814  
916.443.2646

[FrancisHouseCenter.org](http://FrancisHouseCenter.org)

## Direct Services

Monday, Tuesday, Thursday & Friday  
9 a.m.

Please do not line up before 8:45 a.m.

Numbers are handed out lottery style at 9 a.m., so arriving early does not guarantee service.

Please bring something with your name on it for ID (EBT card, medical card, utility bill)

- Resource Coaching
- Bus Passes (1 per week)
- CA ID's
- Hygiene Kits

## DMV Voucher for CA ID

If you are able to pay a reduced fee of \$8.00 for your CA ID, then you can pick up a DMV Voucher form from our front desk without getting a number **Monday, Tuesday, Thursday, Friday, 9:30 a.m. – 3 p.m.** If you require any other Direct Services in addition to the voucher, you will need to come at 8:45 a.m. and obtain a number.

## Supervised Playroom

Monday 9a.m. – 3p.m. Thurs. 9a.m. – 1p.m.  
Our playroom is supervised. Children are offered activities and a snack while their parents focus on finding work, housing, or meeting with a Resource Coach. Children 2 years and younger must be accompanied by a parent. No drop offs. Parents must remain on FHC site.

*We are partnered with Next Move & Goodwill Industries*

## Family Rescue Program

This program provides temporary shelter for one week to parents and guardians with (1) at least one minor child, or (2) an 18 year old who is currently enrolled in high school or (3) the adult applying is pregnant in the last trimester (7 months).

Pre-screening application must be completed in person Monday at 1 p.m.

Please bring:

- Valid ID / Driver's License
- Proof of all income
- Proof of custody of children

(Examples: Letter from school or a printout of benefits that includes all case names)

Those with documentation and who meet requirements will draw numbers lottery style. We can accept six applications per week.

## Resource Coaching

Available during Direct Services  
One-on-one meeting for goal planning and detailed resources, with follow-ups recommended.

## Job Development Center

Monday, Tuesday, Thursday & Friday  
9:30 a.m. – 3:30 p.m.

The JDC is open to assist with job and housing searches; create or update resumes and cover letters; and to practice interviewing for employment or housing. **To use the JDC you must have something with your name on it (EBT card, medical card, utility bill) and attend an orientation on your first visit.**

## Special Advocates at Francis House

Thursday Notary Service (by appt.) 11 a.m. – 1 p.m.  
Veterans' Advocate 9 a.m. – 11 a.m.  
(walk-ins welcome)

**HOTLINES & EMERGENCY**

**Parent Support Line** 1-888-281-3000

**Alcoholics Anonymous 24 hr.** 454-1100

**AL-ANON** (support for family/friends) 888-425-2666

**If Intoxicated, Non-Emergency Calls** 264-5471  
Police wagon will pick up and deliver to VOA Detox

**2-1-1 Sacramento** 211 or 498-1000

**California Youth Crisis Line** 1-800-843-5200  
(www.youthcrisisline.org) Counseling & medical services, shelters, crisis centers, AIDS testing and transportation info.

**National Runaway Switchboard** (Confidential - 24 hrs.)  
Crisis intervention, independent intervention.  
Message center for kids & adults. 1-800-621-4000

**Rape Crisis Line (WEAVE) 24 hr.** Domestic Violence & Sexual Assault 920-2952

**Red Cross 24 hr.** 993-7070 Emergency & Disaster Only 1-800-696-3873

**iCAN (Crime Victims Assistance Network)** help for victims of crimes 273-3603

**My Sister's House 24 hr.** Multilingual Help Line 428-3271 Business line 930-0626  
Safe haven for Asian Pacific Islander women & children impacted by domestic violence.  
Safe shelter. Woman to Work Program.

**Senior Legal Hotline** 551-2197 or (800) 222-1753

**LOAVES & FISHES OUTREACH PROGRAMS**

12<sup>TH</sup> & North C Streets

<b>Maryhouse</b>	<b>446-4961</b>
<b>Administration</b>	<b>446-0874</b>
<b>Jail Visitation</b>	<b>447-9472</b>
<b>Page Friendship guest</b>	(Service Center) <b>443-9499</b>
<b>Clean &amp; Sober</b>	<b>498-0331</b>
<b>Mustard Seed School</b>	<b>447-3626</b>
<b>Genesis (Mental Health)</b>	<b>669-1536</b>
<b>Legal Clinic</b>	Mon.- Thurs. 8 a.m. – 12 p.m. <b>446-0368</b>
<b>SSI Attorney</b>	Mon.- Thurs. <b>498-0349</b>

**Area code is 916 unless otherwise stated.**

**Suicide Prevention Hotlines**  
24 hr. 368-3111  
Auburn 1-530-885-2300  
Roseville 773-3111  
Lincoln 645-8866

**TLCS Mental Health Crisis Respite Center**  
**(916) RESPITE or (916) 972-1017**  
Offers a safe place for those experiencing a temporary mental health crisis but is not life threatening or in need of psychiatric hospitalization. Individuals can stay for a maximum of 23 hours. This is not a shelter, there are no beds. There is no medical staff on site to assist with medication issues.



916-321-BUSS (2877)  
TDD 916-483-HEAR (4327)  
www.sacrt.com

**Loaves & Fishes**  
446-0874, 12<sup>th</sup> & North C  
**Alkali Flat Light Rail Station RT Bus 15** (Friendship Park, Maryhouse, Mercy Clinic St. John Shelter)

**West Sac. Resource Center**  
372-8980, 110 Andrew St.  
**Yolo Bus 40, 41**

**The Job Program Salvation Army**  
442-0303; 12<sup>th</sup> & North B St  
**Alkali Flat Light Rail & RT Bus 15**

**Legal Services of Northern CA**  
444-6760; 515 12<sup>th</sup> St. (at E St.)  
**Alkali Flat Light Rail Station & RT Bus 34** At 12<sup>th</sup> & F St RT Buses 30, 31, 32, 61, 62

**Traveler's Aid**  
399-9646; 2251 Florin Rd, #130  
**RT Bus 63 or 64**

**Central Detox Reception Center**  
448-1236; 2700 Front St. Open 24 hrs (near Broadway) **RT Bus 38**

**Dept. of Human Assistance**  
CalWORKs/GA/Medi-Cal  
874-2072; 28<sup>th</sup> & R St.  
**29<sup>th</sup> St. Light Rail Station**  
**RT Bus 15, 38, 67, 68**

**Welfare Rights**  
736-0616; 1901 Alhambra Blvd  
**Light Rail @ 29<sup>th</sup> & R**  
**RT Buses 15, 38, 67, 68**

**The Well Space Health**  
325-5556; 1820 J St. (need Medical card) M-F 8am-5pm

**Wellspring Women's Center**  
454-9688; 3414 - 4<sup>th</sup> Ave. (at 34<sup>th</sup> @ Broadway) **RT Buses 51, 68, 83**

**Primary Care Center**  
874-9670; 4600 Broadway  
**RT Buses 38, 50, 51, 83**

**Sacramento Food Bank & Family Services** 456-1980  
3333 3<sup>rd</sup> Ave./Broadway  
**RT Buses 51, 68**

**Sac. Area Emergency Housing**  
455-2160; 4516 Parker Ave.  
Open 24hrs. **RT Bus 68**

**Sacramento Mental Health**  
732-3637; 2150 Stockton Blvd.  
**RT Buses 38, 50, 83**

**Dept. of Motor Vehicles**  
657-6555; 4700 Broadway  
**RT Buses 38, 50, 51, 83**  
DMV info 1-800-777-0133

**Lutheran Social Services**  
453-2900, 2980 - 35<sup>th</sup> St  
M-F 8:30 – 4:30pm  
**RT Buses 51, 68**

**Employment Dev. Dept.**  
2901 50<sup>th</sup> St @ Broadway  
**RT Bus 15, exit @ 53<sup>rd</sup> & Broadway RT Bus 83, exit @ Broadway RT Bus 38**

To download our most recent version, go to [FrancisHouseCenter.org](http://FrancisHouseCenter.org)  
Email changes or additions to:  
[leah@francishousecenter.org](mailto:leah@francishousecenter.org) or call 443-2646.  
The Street Sheet is produced by Francis House Center.

*(Misc. Services Continued)*

**WILLOW MEDICAL CLINIC** @ Salvation Army: 1200 North B St. **572-4502**  
**info@willowclinic.org**  
Medical help every Saturday 8:30 a.m. – noon for homeless & uninsured, first come first served. Current TB card required.

**LEGAL SERVICES OF N. CALIF.** 515 – 12<sup>th</sup> Street (at E) **551-2150**  
M-F 8:30 a.m. – noon, 1 p.m. – 5 p.m.  
Problems with public benefits /Landlord/Tenant; Call for appt.

**SENIOR LEGAL HOTLINE** 444 North Third Street, #312 **551-2140**  
**Senior Hotline (800) 222-1753**  
Free legal services for seniors and low income

**SOCIAL SECURITY OFFICE**  
**National Line** **1-800-772-1213**

**IMMIGRATION LEGAL ASSISTANCE** 1901 Alhambra Blvd. (2<sup>nd</sup> Floor) **443-5367**  
**WELFARE RIGHTS** **736-0616**  
M-F, 9:00am-5:00pm  
CalWORKs, food stamps, Medi-Cal rep. at hearings

**WOMEN’S EMPOWERMENT PROGRAM** 1590 North A Street **669-2307**  
Open M-F 8:30 a.m. - 4:30 p.m.  
8 wk program for homeless women to develop job skills & personal strength.

**DISABILITY ACTION ADVOCATES** **838-7001**  
Call for info or an appointment **1-(877) 322-1044**  
Assistance with applying for Social Security Disability

**LGBT COMMUNITY CENTER** **442-0185**  
Programs, support and advocacy for the LGBT community

**SACRAMENTO ADVOCACY FOR FAMILY EMPOWERMENT** 1908 O St. **855-5427**  
Mental health. Advocacy & support services to families and youth, free of cost.  
They facilitate a Teen Co-ed Group, Teen Anger Management Group and 2 Family support groups (one is Spanish speaking)

**DEPARTMENT OF REHABILITATION** **558-5300**  
Call to ask for office closest to you.  
Free services to help the disabled work and live independently

**PARATRANSIT MOBILITY MANAGEMENT CENTER RIDEQUEST** **429-2009 x 7229**

**WHEELS TO WORK** - The van stops at **Francis House Center** (1422 C Street) to pick up or drop off passengers on Monday, Tuesday and Friday at: 9:15AM, 11:04AM, 12:33PM, 2:18PM and 4:07PM. On Thursdays the times are: 9:07AM, 10:42AM, 1:50PM and 4:07PM.

**SHELTER PROGRAMS**

**TRAVELERS AID SOCIETY** 2251 Florin Road #130 **399-9646**  
Assistance for emergency housing, homeless families ONLY, call for appt.  
M-F, 9-12 & 1-4, Attendants on duty after 5:30 p.m.

**UNION GOSPEL MISSION** 400 Bannon St. Sac. 95811 **447-3268**  
**6:30-6:45 PM. Bed sign-up –Men ONLY**  
Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 & Fri. 6 A.M. breakfast for residents.

**SALVATION ARMY SHELTER** 12<sup>TH</sup> & North B Street **442-0331**  
General Office **678-4010**  
1 p.m. (M-F) bed sign-up – Women only  
1 p.m. (M-F) bed sign-up – Men only  
Dinner, breakfast & clothing for residents  
**Utility Assistance and Food Boxes** **678-4040**  
**Thrift Shop** **448-0890**

**FAMILY PROMISE** **443-3107**  
Committed to **helping** low-income families achieve lasting independence.  
90 Day Program - families only. Will accept boys 14 +. Must have some income.

**HOME START**–Roseville, Families only **782-6667**  
Transitional housing only – Not a shelter

**NEXT MOVE (formerly SAEHC)** 2925 34<sup>th</sup> Street **455-2160**  
(clothing/household items M-W-F, 9 a.m. - Noon)  
Family Shelter –Families, single fathers w/ children  
Women’s Refuge –Single women, no children  
Call for screening / space availability

**A STREET SHELTER - for Men Only** **448-5507**  
1400 A Street. 8 p.m. – 6 a.m. **Call for waitlist**

**ST. JOHN’S HOUSING PROGRAMS FOR TRANSITIONAL LIVING** **453-1482**  
4410 Power Inn Road  
Women and children, 90-day max stay. Call for Intakes – 7 days a week  
Meals and showers provided for our guests. No boys over 14 yrs. D&A & Mental Health Counseling, Parenting Classes

**LUTHERAN SOCIAL SERVICES** **453-2900**  
Transitional housing programs for youth (singles & families). Permanent housing programs for emancipated foster youth, disabled individuals, and disabled adults with children.

**U.S. MISSION OF SACRAMENTO** **515-9297**  
Transitional housing and work based program for men.

**SACRAMENTO SELF-HELP HOUSING** **341-0593**  
Various locations - housing referrals & shared housing

## SHELTER PROGRAMS

### **WIND YOUTH SERVICES**

Emergency shelter for youth, 18 - 24 yrs old **561-4900**  
Drop-in Center – homeless 12-24 yrs old. **1722 J Street, M-F 9am-6pm, S-S 10am-2pm**  
Services also include: street outreach, case management, mental health

**VOA – HOUSING PROGRAM FOR TRANSITIONAL LIVING** **443-4688**  
Office 8 a.m. - 4:30 p.m. **265-3400**

## DOMESTIC VIOLENCE SHELTERS

**MY SISTER’S HOUSE** **Office** **930-0626**  
**24 Hr. Multilingual Help Line** **428-3271**  
Safe haven and transitional house for Asian and Pacific Islander women and children impacted by domestic violence and human trafficking; Women to Work Program is for domestic violence survivors of all ethnicities.

**WEAVE** 1900 K St. (Midtown) or 7600 Hospital Dr., Suite 1 (South)  
**24 Hr. Crisis Line** **920-2952 / 443-3715 (TDD)**  
Free walk-in triage assessment for abused & battered women & children. Crisis counseling, safe houses for women & children, also children’s program & services

**A COMMUNITY FOR PEACE** **728-5613**  
**24 Hr. Crisis Line** **728-7210**  
Domestic Violence Assistance

## MENTAL HEALTH SERVICES

**GUEST HOUSE (El Hogar)** 1400 No. A St., Bldg. A **440-1500**  
Mental health clinic for the homeless, Triage on Tues., Weds. & Thurs. at 8 a.m.  
Mental health evaluation, medication if needed. SSI application.

**SACRAMENTO COUNTY MENTAL HEALTH** 2150 Stockton Blvd. (at T)  
24 hr. **875-1000**  
Crisis Line **732-3637**  
Will evaluate for voluntary psychiatric care. In-Patient Care Facility, Drop-in, 24 Hr.  
**Adult Service** **875-1055**  
**Children’s Service** **875-9980**

**GIFTED HEALING CENTER** 2251 Florin Rd., Suite 133 **421-1500**  
Intake **706-2269**  
Substance abuse, out-patient treatment & inpatient for men & women.  
Sliding scale payments, court order clients

**NAMI SACRAMENTO** 3440 Viking Drive, Suite 125 **364-1642**  
Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.  
**Mental Health Crisis Center** **732-3637**  
**Minor Emergency Response Team** **875-1113 or 875-1114**

## DENTAL CARE

**SACRAMENTO DENTAL CLINIC** 4600 Broadway **874-8300**  
Suite 1400 (Triage & walk-ins)  
Suite 2100 (Appts. only) Mon.-Fri. 8 a.m. – 5 p.m.

## HIV/AIDS SERVICES

**HARM REDUCTION SERVICES** 2800 Stockton Blvd., (Stockton & 3<sup>rd</sup> Ave.) **456-4849**  
Mon. – Fri. Noon – 6 p.m. for Walk-ins  
Free medical clinic most Saturdays; Noon - 5 p.m. / sign up at noon at 3647 40<sup>th</sup> St.  
Free Women’s Clinic; 8 a.m. – noon on the last Sat. of the month

**GOLDEN RULE SERVICES** 4433 Florin Road, Ste. 760 **427-4653**  
M-F, 9a.m. – 5p.m. Appointments & walk-ins are welcome.  
Free HIV, STD & Hep C testing, needle exchange, condom distribution and HIV prevention. **GoldenRuleServiceSacramento.org**

**CARES** 1500 - 21<sup>st</sup> Street **443-3299**  
(Treats HIV & AIDS)

## MISC. SERVICES

**DEPT. OF HUMAN ASSISTANCE (WELFARE)** 28<sup>th</sup> & R (Call for assist. and locations)  
General Info & Medical **874-2072**  
Medical – M-F, 7:30 a.m. – 5 p.m. **874-2256**  
Homeless Assistance (Food Stamps) **874-2072**  
Hand Imaging **874-3800**

**VETERAN’S SERVICE OFFICE** 2007 - 19<sup>th</sup> St. **874-6811**  
Walk-in M-F, 8 a.m. – 4 p.m. / Phone clients – M-F, 8 a.m. – 5 p.m.  
Counseling, claim dev., advocacy, benefit entitlement, etc.

**SACRAMENTO WORKS JOB CENTERS** - Call for the location nearest you. **263-3800**  
**MARK SANDERS JOB CENTER** - 2901 50<sup>th</sup> St (at Broadway)  
M-F, 8 a.m. – 5 p.m.

**COMMUNITY CONNECTION RESOURCE CENTER** **568-5980**  
1217 Del Paso Blvd.  
Help for ex-offenders, pre-release services, basic skill dev., job placement assist.

**GENDER HEALTH CENTER** **455-2391**  
2020 29<sup>th</sup> St. #201  
Programs, advocacy, counseling for the LBGT Community-  
**TheGenderHealthCenter.org**

**ASSOCIATED PRISON MINISTRIES OF CALIFORNIA** **581-0021**  
Transitional Services For the incarcerated, formerly incarcerated, and their families.



***(Detox Centers Continued)***

**ALCOHOL & DRUG SERVICES** 3321 Power Inn Rd., Ste. 120 **874-9754**  
Sacramento County Dept. of Health & Human Services  
M – F, 8 a.m. – 11 a.m. & 12:30 p.m.–4 p.m.  
Assess for Alcohol & Drug Treatment, Proof of Sac. County Residency.

**MEDICAL CARE**

**BIRTHING PROJECT CLINIC** 1900 T St. **558-4800**  
M-F, 8 a.m. - 5 p.m., Family Planning & Pre-Natal. Spanish

**IMANI HEALTH CLINIC (Free Clinic )** 3415 Martin Luther King Blvd. **734-5070**  
Open Sat. 8 a.m. – 1 p.m.

**DEL PASO HEALTH CENTER** 3950 Research Dr. **648-0907**  
Tues. & Thurs. only 8 a.m. – 5 p.m.

**WELLSPACE COMMUNITY HEALTH CENTER** 1820 J St. **737-5555**  
Call for hours and appointments, Monday-Friday. Medical care for all ages; mental health and psychiatry; substance abuse and addiction counseling. Visit the website **WellSpaceHealth.org** for more information and locations.

**WELLSPACE HEALTH OAK PARK CLINIC** 3415 ML King Jr. Blvd. **233-4910**  
Call for appointments and hours.  
Primary Care for women & children. Sliding scale, CHDP/Family PACT/Medi-Cal.

**MERCY CLINIC (L&F)** 1321 No. C St. (at 12<sup>th</sup>) **446-3345**  
General Med Care for people without SSI/Medical who are homeless.  
No I.D. req, M-F 7:30 a.m. - noon & 1 p.m. - 3:30 p.m.  
Sign-ups in Friendship Park, 7:30 a.m. - 11:30 a.m. / Walk-ins OK 1 p.m. - 3:30 p.m.

**PRIMARY CARE CENTER** 4600 Broadway, Ste 1100/1200 **874-9670**  
Call for Appt. **874-8277**  
General Health 8 a.m. – 5 p.m., M - F for homeless 21–65 yrs. old

**WOMEN'S HEALTH SPECIALISTS** 1442 Ethan Way, Ste. 100 **451-0621**  
Tues. – Sat. 9 a.m. - 5:30 p.m.  
Free & low cost reproductive health services, birth control, HIV/STD testing & referrals for women & men.

**SACRAMENTO LIFE CENTER** 930 Alhambra Blvd., Suite 230 **451-4357**  
**HOTLINE 451-2273**  
Free pregnancy and STD testing. Pregnancy support services.

**COUNSELING CENTERS**

**DOMESTIC VIOLENCE INTERVENTION CENTER**  
6060 Sunrise Vista Dr., Suite 2240 **728-5613**  
Harmony House Crisis Line **728-7210**

**THE EFFORT – COUNSELING (Aquarian)** 8233 N.E. Stockton Blvd. **368-3080**  
M-Thurs. 9 a.m. - 8:30 p.m. / Fri. 9 a.m. – 5 p.m. or **679-3925**  
Scale fee, A & D counseling, group counseling, HIV test by appt.

**YOUNG WOMEN IN TRANSFORMATION -** **476-4097**  
4635 Freeport Blvd. Suite B, Sacramento, CA 95822  
Helping young women transition into adulthood from homeless or near homeless, aging out of foster care, juvenile center or expelled from home.

**COMMUNITY AGAINST SEXUAL HARM (CASH)** **cashsac.org** **856-2900**  
Help for trafficked and sexually exploited women. Peer Support, Harm Reduction

**HOT MEALS**

**GLORY BOUND MINISTRIES** 4527 Parker Ave. **452-7078**  
Sun. 10 a.m. Worship, 11:30 a.m. Meal, Sun. 5 p.m. Worship, 6:30 p.m. Meal

**LOAVES & FISHES** 1321 No. C (at 12<sup>th</sup>) **446-0874**  
For Meals: Mon-Fri 11:30 a.m. - 1 p.m., Sat & Sun 11 a.m. - 12:30 p.m.  
(Tickets 7 a.m. - 12:30 p.m. at Friendship Park)

**ST. IGNATIUS LOYOLA PARISH** 3235 Arden Way **482-9666 ext.217**  
Meals served 6 p.m. – 7 p.m. on the 4<sup>th</sup> & 5<sup>th</sup> Wed. of month

**ST. PHILOMENES** 2428 Bell St. (at El Camino) **481-6757**  
Tues. 6 p.m. - 7 p.m. ( Meal is served in school gym at 2320 El Camino)

**WILLIAMS MEMORIAL COGIC** 4995 ML King Jr. Blvd. **453-9033**  
Food give-away every other Fri. 11 a.m.

**ST. VINCENT DePAUL** 141 Riverside Ave., Roseville **781-3303**  
Roseville Hot Meals T, W, Th. & Sat. 12 - 1:30 p.m. / Sun. 2:30 p.m. - 4 p.m.  
Clothes vouchers M-F, 10 a.m. – 3 p.m.  
Food Locker Sat. & Sun. 2:30 p.m. – 4 p.m. at 503 Giuseppe Court, Suite 8  
For Placer Co. Residents: T, W, Th, F, & Sat 9 a.m. - 11:30 a.m.

**UNION GOSPEL MISSION** 400 Bannon St. (North B St. at 12<sup>th</sup>) **447-3268**  
Church Services 7:30 p.m. (required), dinner following. 7 days  
Sunday Services 11 a.m., w/lunch following

**FIRST UNITED METHODIST CHURCH** 2100 J Street **446-5025**  
Community breakfast last 2 Suns. of month at 8:30 a.m. Social Hall

**RESOURCE WEBSITES**

OneFathersLove.com  
211Sacramento.org  
Suntopia.org

**DAY SHELTERS / HOSPITALITY CENTERS**

- FRIENDSHIP PARK (LOAVES & FISHES)** No. C at 12<sup>th</sup> Street **443-7378**  
(Page Guest @443-9499)  
**Men & Women Drop-in** 7 a.m. to 2:45 p.m. M-F  
**Coffee & Food** 7 a.m. to 8:30 a.m. M-F  
**Showers** M, W, F 7 a.m. to 2p.m., Tu & Th 7 a.m. to 10:30 a.m.  
**Laundry Vouchers** M-F, 9 a.m. **Haircut Vouchers** M-F
- MARYHOUSE (LOAVES & FISHES)** 1321 No. C St. (at 12<sup>th</sup>) **446-4961**  
Women and Children, 8 a.m. – 3 p.m. M – F  
Breakfast 8 a.m. – 9 a.m. Showers, mailing address & telephone.
- UNION GOSPEL MISSION** 400 Bannon St. **447-3268**  
All Services 9 a.m. – 11 a.m. & 1 p.m. – 3 p.m. on M-Th. 9 a.m. – 11 a.m. on F & S  
Showers, shaves, mail address service. 9 mo. Drug & Alcohol Program for men only
- WELLSPRING WOMEN'S CENTER** 3414 - 4<sup>th</sup> Ave. **454-9688**  
M-F, 7:30 a.m. - 11:30 a.m., Hospitality Center for mothers & children, Breakfast served. Counseling, case management & various group sessions & activities.
- UNITED CHRISTIAN CENTER** 110 6<sup>th</sup> Street, West Sacramento **372-8980**  
Yolo residents only, M-Th, 8:30 a.m. - 1:30 p.m.  
Showers & Laundry 11 a.m. - 1:30 p.m. Food Locker–Wed. Some clothing available.
- FREE CLOTHING / FOOD BANKS**
- CENTRAL DOWNTOWN FOOD BASKET** 1701 L St. **761-5624**  
St. John's Lutheran Church at Goethe Hall  
Groceries (95814 & 95816 zip) on Thurs. only, 9 a.m.
- RIVER CITY FOOD BANK** 1800 – 28<sup>th</sup> St. ( at R St.) **446-2627**  
M-F 11:30 a.m. – 3 p.m. Once every calendar month distribution & CalFresh application assist. ID required for all family members; Medi-Cal cards best.
- ST. MATHEWS CHURCH** 2300 Edison Avenue **927-0115**  
Food, clothing, health, family resources  
Food – Tues. & Thurs., 9:30 a.m. to 11:30 a.m. (95815, 95821, 95608, 95660)
- UNION GOSPEL MISSION** 400 Bannon St. **447-3268**  
Clothing for men- 9 a.m. – 11 a.m. & 1 p.m. - 2:45 p.m., Mon. - Thurs.  
(ID required) Women's clothes closet – Tues. & Thurs. (9 a.m. sign in) –  
9:30am – ½ hr. required Bible study, 10am - 12pm Free Shopping

***(Food/Clothes Closets Continued)***

- SACRAMENTO FOOD BANK & FAMILY SERVICES** 3333 Third Ave. **456-1980**  
Call for more info. **Food Hotline: (916) 313-7606**  
Clothing, infant support, education & food programs **Clothing Hotline: (916) 313-7663**  
**Parent Education Hotline: (916) 313-7622**
- SIERRA ARDEN FOOD CLOSET** 890 Morse Avenue **483-1942**  
T-F 10 a.m. - 11:45 a.m. (Zips 95825 & 95864)
- WIC – Women, Infants, and Children** 915 Broadway **326-5830**  
**Nutrition Program** for Pregnant women and mothers with infants & children.  
M, Tu, Th, F 8:15 a.m. - 4:15 p.m. & Wed. 8:15 a.m. - 6 p.m.  
Call for appt., MediCal, proof of income, address & picture ID req. (call for other locations)
- RANCHO CORDOVA COMMUNITY FOOD LOCKER** 10497 Coloma Rd. **364-8973**  
(St. John Vianny Church) Once every 30 Days. SS ID required  
M, W, F 9:30 a.m. – 1:30 p.m. Serves 95670, 742, 655, 683, 826, 827, & 830.
- 1<sup>ST</sup> CHURCH OF NAZERENE** 1820 – 28<sup>th</sup> St. (28<sup>th</sup> and S St.) **452-6171**  
**Donations Accepted** – Tues. 10 a.m. – 1 p.m. **Clothes Closet** - Thurs. 10 a.m. – 1 p.m.
- CAP. CITY SEVENTH DAY ADVENTIST CHURCH** 6701 Lemon Hill Dr. **381-5353**  
8:30 a.m. – 11:30 a.m. Food & Clothing - Every Mon. except the 1<sup>st</sup> one of the month.
- SERNA VILLAGE** 5836 Dudley Blvd, McClellan Park, CA 95652  
**Emergency Food Boxes call (916) 470-0408 for information**
- SOUTHPOINTE CHRISTIAN CENTER** 7520 Stockton Blvd. **504-3370**  
Last two Mondays of the month from 7:30 a.m. – 10 a.m.
- OUR LADY OF ASSUMPTION** **481-6352**  
Twice-weekly food locker, temporary assistance with rent, utilities, clothing, furniture  
Call for more info.
- DETOX CENTERS**
- THE EFFORT DETOX CENTER** 7586 Stockton Blvd. **691-3417**  
Alcohol Residential Detox Facility. Detox for Adults from Opiates or Stimulants.  
Call first – waiting list, 14 day detox period – cost is \$1,650 or County Beds
- VOLUNTEERS OF AMERICA (DETOX)** 700 North 5<sup>th</sup> Street **448-1236**  
Alcohol Treatment Center - Alcoholics only  
Screened 72-hr. plus sobriety for comprehensive alcohol treatment center