



Huntington Beach

City School District



November 1st, 2016

Greetings!

Happy November! In this edition of the Early Childhood newsletter from the Huntington Beach City School District, you will find a visual on positive phrases to use with children, a reminder on checking and maintaining the emergency and disaster supplies in your home, information on local museums that will be offering free admission for one or more day during the month of November and our monthly read aloud reminder. There is also a great playdough resource with embedded recipes and projects. A perfect rainy day activity!

We hope that your month ahead is full of connection and time with loved ones.



64 Positive Things to Say To Children



**SET YOUR
CLOCKS**

**CHECK YOUR
STOCKS**



Having a stockpile is important during a disaster, but it can be hard to remember to check your supplies. That's why Get Ready: Set Your Clocks, Check Your Stocks encourages Americans to use the clock change as a reminder.

Make sure that your stockpile includes:



Photo courtesy iStockphoto

- A three-day supply of water with one gallon of water per person per day
- A three-day supply of non-perishable food
- Flashlights
- Batteries
- Manual can opener
- First-aid kit
- Radio
- Prescription drugs, sanitary supplies, and diapers and pet supplies as needed

When it's time to change your clocks for daylight saving time, check your emergency preparedness stockpile. Replace anything that is expired or missing.

Don't forget your pet!



Check out our website for more info!

bit.ly/ClocksStocks

3 easy steps

Check your stockpile twice a year!



Check that you have what you need



Replenish supplies that are out of date or missing



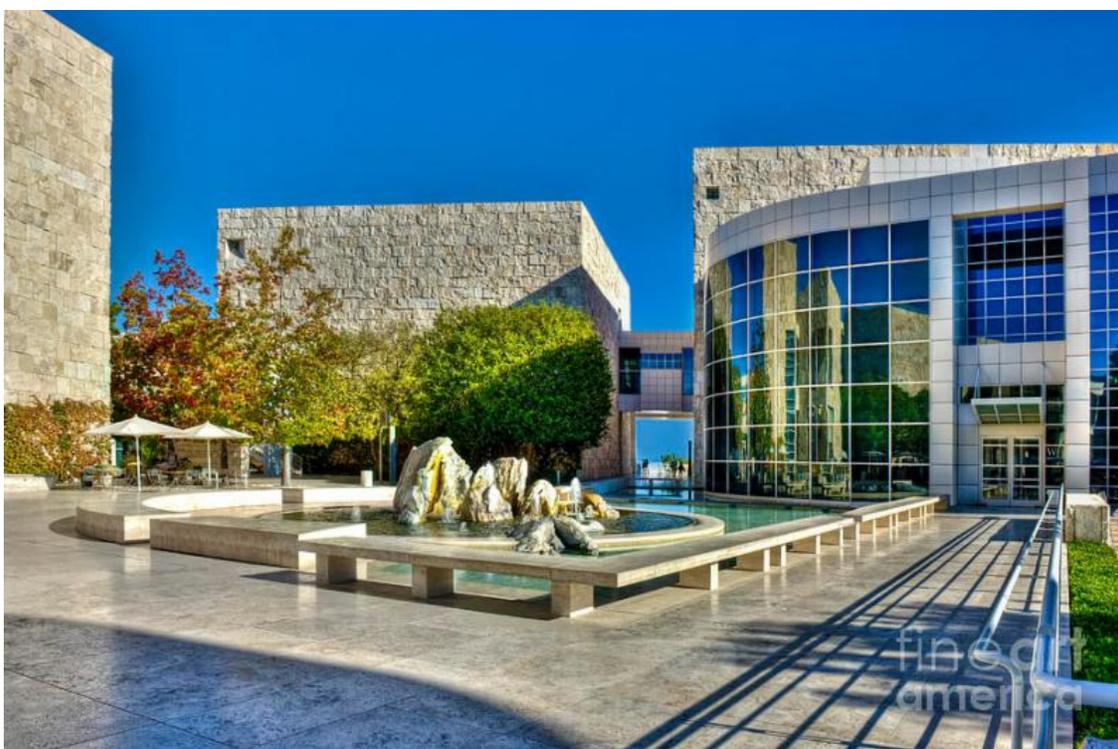
Store supplies in an easily accessible container

Don't be caught without supplies during a disaster!



Free Museum Entry: November 2016

While many museums in and around Orange County remain free to access all year long, the locations below typically charge a fee. Fees are waived during the date indicated beside each link. We hope that you choose to take an adventure and explore one of these museums with your family!



- [NOV 1]] [Kidspace Children's Museum](#) (from 4 to 8 p.m.)
- [NOV 1] [Natural History Museum](#)
- [NOV 1] [Page Museum at La Brea Tarpits](#)
- [NOV 3] [Japanese American National Museum](#) (from 5 to 8 p.m.)
- [NOV 3] [MOCA Grand](#) & [MOCA Geffen](#) (from 5 to 8 p.m.)
- [NOV 3] [Skirball Cultural Center](#)
- [NOV 3] [Huntington Library](#) (note that you have to reserve passes for the free day in advance, and it books up fast. For this reason we'd suggest you take a look at the free day for December and start planning when you need to be online to grab the tix)
- [NOV 3] [Long Beach Museum of Art](#) (3 to 8 p.m.)
- [NOV 4] [Norton Simon Museum](#) (5 to 8 p.m.)
- [NOV 4] [Pasadena Museum of California Art](#) (noon to 5 pm)
- [NOV 4] [Long Beach Museum of Art](#)
- [NOV 6] [Museum of Latin American Art](#)
- [NOV 6]] [Craft and Folk Art Museum](#) (pay what you can)
- [NOV 8] [Los Angeles County Museum of Art](#) (also free for L.A. County residents with valid I.D. after 3:00pm on Mondays, Tuesdays, Thursdays & Fridays all month long)
- [NOV 8] [Autry National Center of the American West](#)
- [NOV 10] [Japanese American National Museum](#) (from 5 to 8 p.m.)
- [NOV 10] [MOCA Grand](#) & [MOCA Geffen](#) (from 5 to 8 p.m.)
- [NOV 10] [Skirball Cultural Center](#)
- [NOV 10] [Long Beach Museum of Art](#) (3 to 8 p.m.)
- [NOV 11] [Long Beach Museum of Art](#)
- [NOV13] [Museum of Latin American Art](#)
- [NOV 13] [Craft and Folk Art Museum](#) (pay what you can)
- [NOV 13] [Pacific Asia Museum](#)
- [NOV 15] [Los Angeles County Arboretum](#)
- [NOV15] [South Coast Botanic Garden](#)
- [NOV 15] [Descanso Gardens](#)
- [NOV 17] [Japanese American National Museum](#) (all day)
- [NOV 17] [MOCA Grand](#) & [MOCA Geffen](#) (from 5 to 8 p.m.)
- [NOV 17] [Skirball Cultural Center](#)
- [NOV 17] [Long Beach Museum of Art](#) (3 to 8 p.m.)

- [NOV 17] [Pasadena Museum of California Art](#) (from 5 to 8 p.m.)
[NOV 18] [Long Beach Museum of Art](#)
[NOV 20] [Craft and Folk Art Museum](#) (pay what you can)
[NOV 20] [Museum of Latin American Art](#)
[NOV 25] [Long Beach Museum of Art](#)
[NOV 25] [Museum of Latin American Art](#) (5 to 9 p.m.)
[NOV 27] [Craft and Folk Art Museum](#) (pay what you can)
[NOV 27] [Museum of Latin American Art](#)

Read Aloud



Every child. Every parent. Every day.

Resource of the Month!



SUMMER-FALL-WINTER-SPRING
FAMILY PLAY PLANS

Busy families often find it hard to set aside time for play, especially with the distraction of screens and technology.

TRUCE offers some seasonal, screen-free ideas to inspire your whole family — whatever their ages — to play together.



FALL FAMILY PLAY PLAN

Turn off the Screen & Turn on the PLAYDOUGH

**Playdough offers endless opportunities
for family playtime.**

Playdough is a simple item, easily made with materials found in the kitchen, that can provide hours of fun family play. As families play together, children learn skills such as cooperation, turn-taking, problem-solving, eye-hand and small muscle coordination, and much more. And, of course, playing together is just plain fun for everyone.



Watch children as they play. This can help you figure out what they are working on and can help you know what to say and do.

You can add to the play by talking about what is happening: "I see that you are making a snake." "This playdough feels smooth." Ask simple questions, such as: "How can we make our playdough balls bigger? How can we make them smaller?"

PLAY VALUE—PRICE VALUE

Playing with playdough—an inexpensive, open-ended material—can offer a deeper, more creative play experience than many of the expensive, one-purpose toys sold today.



Teachers Resisting Unhealthy Children's Entertainment

www.TruceTeachers.org

IDEAS FOR FALLTIME FAMILY PLAY WITH PLAYDOUGH

BEST COOKED PLAYDOUGH RECIPE

Put 2 cups water into a cooking pot. Add 1/4 cup oil and food coloring. Heat until hot but not boiling. Stir in 2 cups flour, 1 cup salt, and 2 T cream of tartar. Cook and stir on medium heat until playdough pulls away from the sides of the pot. Allow to cool, then knead for about 10 minutes—kids can help. Add flour if it's too "goopy." Store in a covered container or Ziploc bag. Consider making two batches in different colors.



NO COOK PLAYDOUGH

Mix together 2 cups flour, 2 cups boiling water or hot tap water, 2 T cream of tartar, 1 cup salt, 2 T oil, and food coloring. When cool, knead it until it's smooth and easy to manipulate.



WHAT DO THE EXPERTS SAY?

Add some props from around the home and playdough play becomes a powerful way to support your child's learning. This simple preschool staple lets children use their imaginations and strengthen the small muscles in their fingers—the same muscles they will one day use to hold a pencil and write. - National Association for the Education of Young Children

PROJECTS WITH PLAYDOUGH

- Make prints in playdough, using your hands, elbows, feet, leaves, pieces of lace, flowers, or whatever you can think of.
- Roll playdough into snakes, balls, and snails.
- Poke things into playdough, such as feathers, pipe cleaners, straws, uncooked pasta, buttons, seashells, or pebbles.
- Make a playdough porcupine and other prickly creatures using toothpicks.
- Make a birthday cake and use real birthday candles.



- Create letters and numbers with playdough.
- Use children's scissors to cut playdough. It's a great way for young children to practice cutting with scissors.



SIMPLE TOYS AND HOUSEHOLD ITEMS TO USE WITH PLAYDOUGH



- Plastic animals and people
- Cookie cutters
- Buttons and beads
- Popsicle sticks
- Wooden dowels
- Pipe cleaners
- Plates, cups, pots and pans from children's kitchen set
- Children's scissors
- Wooden mallet
- Garlic press
- Plastic knives
- Small trays
- Plastic lids
- Small rolling pins
- Plastic cups

TRUCE FAMILY PLAY TIP

Develop a family screen turn off ritual. Here are some ideas:

- Count all the screens that are on as you turn them off.
- See if you can turn off all the screens in a minute or less.
- Have a bin or basket where you put all portable screens during family play time.



Teachers Resisting Unhealthy Children's Entertainment

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The Early Childhood Education Department
Huntington Beach City School District

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Huntington Beach City School District | 17011 Beach Boulevard, Suite #560, Huntington Beach, CA 92647 |
earlychildhood@hbcsd.us