




# Bronx Academy of Promise

## Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

January 16 – 20, 2017	Monday 1/16	Tuesday 1/17	Wednesday 1/18	Thursday 1/19	Friday 1/20		
<p><b>Hot Meals</b></p> <p><b>Sandwich Meals</b></p> <p><b>Salad Bar</b></p>	<p>No School Martin Luther King, Jr. Day</p> 	<p>Chicken Strips Over Penne Pasta w/Alfredo Sauce Green Beans</p>	<p><u><b>Baked Potato Bar</b></u> (Beef Chili, Cheese Sauce, Turkey-Bacon Bits, Salsa) Yellow Corn</p>	<p>Chicken Fajitas Soft Tortillas Broccoli Florets Seasoned Rice Sauteed Spinach</p>	<p><u><b>Homemade Pizza</b></u>  Taco Pizza (Ground Beef, Refried Beans, Salsa &amp; Cheese) or Cheese Pizza  Carrot Sticks or Tossed Romaine Salad or Sunbutter &amp; Jelly Sandwich</p>		
		<p><u><b>Deli Sandwich!</b></u> <u><b>Chicken Salad Sandwich</b></u> Cubed Chicken, Celery &amp; Mayo on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter &amp; Jelly Sandwich</p>	<p><u><b>Hot Panini!</b></u> <u><b>Tuna Melt</b></u> Cheddar Cheese, Celery, Lettuce &amp; Tomato on a W. W. Roll 3 Bean Salad or Sunbutter &amp; Jelly Sandwich</p>	<p><u><b>Deli Wraps!</b></u> <u><b>Turkey BLT Wrap</b></u> Turkey &amp; Turkey Bacon, Lettuce &amp; Tomato on a Whole Grain Wrap or Sunbutter &amp; Jelly Sandwich</p>	<p><b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p><b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p><b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>
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Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

*Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day*

This institution is an equal opportunity provider.