

How to help your child succeed

1. Create opportunities for success.
2. Build your child's confidence.
3. Say what you mean and break things down into concrete, specific steps.
4. Model what you want your child to do.
5. Prepare your child for new situations. Practice and model these situations to ensure they will be a success.
6. Encourage independence.
7. Help your child practice making requests by asking for information.
8. Give them what they need. This includes sleep, unstructured time, time to play, and time to recharge.
9. Allow your child to be the master of their work. They should develop responsibility, pride, and ownership in what they are asked to accomplish.