

SHAC MEETING: February 3, 2016

TIME: 12:00 PM

LOCATION: Smithville Elementary Conference Room

Meeting called to order by Sophie Weinheimer RN. Minutes reviewed and corrected. Motion made by Dr. Rock McNulty to approve minutes as corrected and motion seconded and carried unanimously.

OLD BUSINESS: The AIM FOR SUCCESS program that was held February 2, 2016 was discussed. Twenty parents and/or guardians of SISD students attended the parent information presentation on February 1, 2016. Sara Vinklarek spoke regarding the success of the program. Sophie Weinheimer RN spoke in regards to the program at the high school level. Dr. Rock McNulty commented on the statistics of teen pregnancy and STDS.

Debra Rose LVN reported TVFC audit was wonderful and helpful. Sophie Weinheimer RN reported audit went well on her campus.

Seton Health Steps reported they adopted a local family affected by a house fire. The group with the help of outside resources was able to fill the needs of the family. Photos were shared with the group.

Discussion was held regarding how to incorporate the CATCH night to make resources available to parents and /or guardians.

NEW BUSINESS: Sarah Vinklarek SISD high school counselor addressed the committee regarding the addition of the Drug Awareness program offered. Tammi Hewitt SISD elementary principal seconded the idea. Dr. Logan Junior High principal suggested looking into references more local in the Austin area. A motion was made and seconded by Candy Biehle to appoint Sarah Vinklarek into obtaining more options for Drug Awareness programs and present back to the SHAC committee.

Cheryl Hill-Burse, Regional Tobacco Control and Prevention Coordinator, recommended smaller groups rather than assembly type programs. Sophie Weinheimer RN recommended an anti-tobacco awareness program for junior high students.

Scharlene Scheler RN reported to the SHAC committee of cutting being a problem brought to her attention. Discussion regarding cutting was held.

Candy Biehle addressed the SHAC committee regarding the program Farm to School. Local farmers are being asked to participate in a program with the service center in Austin to provide local vegetable and fruits that can be utilized in school cafeterias.

Farmers would sign up with the service center and complete a one day workshop. They would also tour a local farm that currently provides these commodities to local schools.

Candy Biehle also shared with the committee details of an article of our own school gardens featured in the National Magazine. Kudos were given to Richard Lowery for his assistance in helping students as a volunteer in the local school gardens.

Mrs. Biehle brought samples of the new hotdog and pizza being offered to students in the cafeteria using whole grain white products. Lunchables seem to be the hot items in the high school cafeteria.

Sophie Weinheimer RN reported information regarding the recent meeting she attended in Bastrop regarding the assessment of health needs in Bastrop County.

After no further discussion of items a motion was made to adjourn the meeting at 1:01 PM. The motion was seconded by Scharlene Scheler RN and the motion carried unanimously.