

West ISD

School Health Advisory Council



Annual Report
Presented to the West ISD Board of Trustees
Wednesday, August 9, 2017

School Health Advisory Council

Every Texas public school district is required by law to have a school health advisory council (SHAC).

A SHAC is a group of individuals representing segments of the community and school district which provides advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.

Texas Education Code

Title 2, Chapter 28, Section 28.004

Added in 2009 by the 81st Legislature



State Legislated SHAC Requirements

The following are requirements of local SHACs per legislation:

- ✓ A parent must serve as a chair.
- ✓ A minimum of five members must be appointed to serve on the SHAC by Board of Trustees.
- ✓ Majority of members must be parents who are not employees of the district.
- ✓ SHAC must meet at least 4 times a year.
- ✓ SHAC must deliver an annual report to the Board of Trustees.
- ✓ SHAC is required to submit recommendations regarding the districts' health education curriculum.

Coordinated School Health

All Texas schools are required by law to implement a CSH program in grades K-8.

Texas Education Code

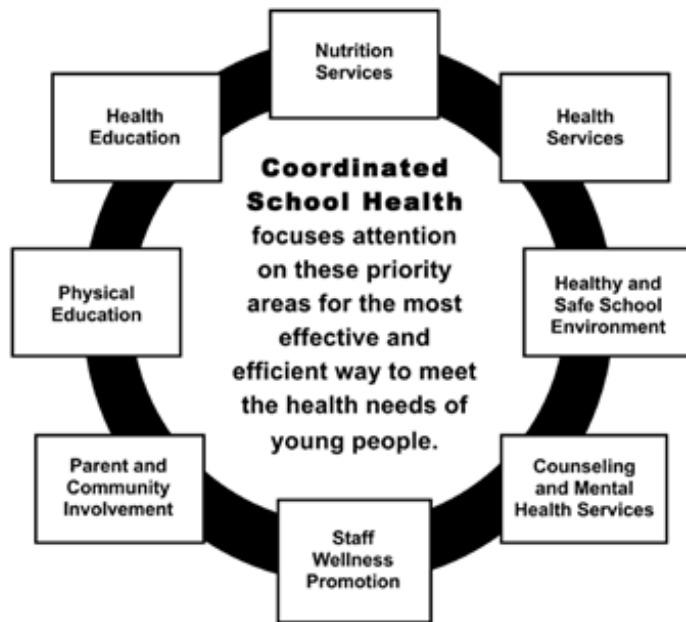
Title 3, Chapter 38, Section 38.013

Coordinated School Health is a systematic approach of advancing student academic performance by promoting, practicing, and coordinating school health education and services for the benefit and well-being of students in establishing healthy behaviors designed to last a lifetime.

West ISD had previously adopted the CATCH program.



Coordinated School Health Committee



Committee Membership:

Chair: David Truitt

Health Education: Chandler Hejl

Health Services: Loretta Cvikel

Nutrition Services: Cathy Gerik

Healthy and Safe School Environment: Dr. Richard Phillips

Counseling and Mental Health Services: Alison Janek

Staff Wellness Promotion: Terri Tobola

Parent and Community Involvement: Amanda Adams

Physical Education: David Woodard and John Knutson

2016-2017 SHAC Meeting Dates

1. October 10, 2016
2. January 24, 2017
3. June 26, 2017
4. July 20, 2017

A SHAC must hold a minimum of four meetings annually. The meetings are open to the public. All SHAC information is posted on the West ISD website. The WISD SHAC has met at several times in hoping to find the best time for a majority of the council to attend the meetings.

SHAC Activity Report

- CPR Training for all 2017 Graduates
- Red Ribbon Week
- Fitness Gram
- West ISD Safety Alert Form
- SHAC Bylaws
- West ISD Board Policies FFA and GKC (LOCAL)
- West ISD Air Quality/Temperature Index Policy

SHAC 2017-2018 Goals

- Vision and Mission Statement
- Full Council of All Required Volunteers
- Human Sexuality Program
- Comprehensive Guidance Curriculum
- Rachel's Challenge Program
- David's Law
- Health TEKS
- CATCH Training
- Student Drug Testing Policy
- Recess Resolution
- Internet Safety Program
- Drug and Alcohol Prevention Program
- West ISD SHAC Website
- West ISD Wellness Program

SHAC Websites

- ✓ Texas School Health Advisory Committee:
www.dshs.state.tx.us/schoolhealth/shadvise.shtm
- ✓ TXPTA Healthy Lifestyle Web page:
www.txpta.org/programs/healthy-lifestyles
- ✓ TEA Fitness Data: www.tea.state.tx.us/index4.aspx?id=3975
- ✓ Youth Risk Behavior Surveillance (YRBS) Survey:
www.dshs.state.tx.us/chs/yrbs/query/yrbss_form.shtm
- ✓ CDC Coordinated School Health: www.cdc.gov/HealthyYouth/CSHP
- ✓ Texas Department of Agriculture Square Meals:
www.squaremeals.org/fn/home/page/0,1248,2348_2349_0_0,00.html
- ✓ Regional Education Service Centers: ritter.tea.state.tx.us/ESC
- ✓ Texas Legislature Online: www.capitol.state.tx.us

SHAC Contact

Contact Information:

David Truitt, Superintendent
801 N. Reagan Street
West, TX 76691
(254) 981-2000
dtruitt@westisd.net

SHAC Website:

http://www.westisd.net/apps/pages/index.jsp?uREC_ID=114492&type=d&pREC_ID=223385