

2425.1 - Independent Study-Physical Education

Students who wish to pursue independent study in physical education must complete the application form during the first two weeks of the semester. No applications will be accepted after that date. These forms may be obtained from the Director of Health, Physical Education and Athletics. If approved, all students will be scheduled for study hall during their physical education class. (No replacement courses will be scheduled during this time). However, students must meet all health education requirements through regular class attendance. Independent study contracts in physical education will be approved for students involved in an individualized, rigorous training program which prepares them for competition in a sport on an elite or national level. The program must include intensive personal training sessions of at least eighteen hours per week with a certified professional. Students participating in team sports outside of school will not be considered for independent study.

- a) **Independent Study in Physical Education.** Students must be involved in an individualized (not a team), rigorous training program that prepares him/her for competition in a sport on an elite or national level and must include intensive personal training sessions of at least 18 hours per week with a certified professional. The program must demonstrate that it meet all NJCCCS in physical education and will provide activity and development equivalent to that provided by the physical education program.
- b) **Dance in Physical Education.** Students will be involved in this activity during the same hours, with the same general expectations, as regularly scheduled physical education classes.

Students may be asked to complete verification forms at the end of each marking period to ensure continued involvement in the independent study program. Any student who fails to attend study hall or who violates any of the rules governing appropriate study hall behavior will be removed from independent study.

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