



# What does Homework look like at the Met?

## **What does the Met believe about homework?**

The Met knows that time in school and at internships is valuable, but limited. If students are to meet their full potential and master their goals, they will have to plan time outside of school to do work.

**What can students do?** Students always have work to be done outside of school to practice skills, meet timelines, and build mastery. Some areas where students can always practice:

1. **Journal or blog** their learning and reflections from their LTI days and other topics
  - a. Students are required to do this approximately 3 days per week
  - b. Students may also write parts of their Autobiography
2. **Read Consistently:** All 21st century jobs and careers require students to read critically and thoroughly. Students at this level should read at least 30 minutes a night. Most students are reading...
  - a. a personal text ( a book or series of articles) of choice
  - b. a text with advisory or literacy group
  - c. a text related to their interest or LTI
3. **Practice Math:** More than any other skill in high school, students benefit from frequent math practice. Math specialists often assign work, but students can also practice skills on these online sites: Khan Academy or IXL.
4. **Online Classes and College Classes:** Students may choose to take a CCRI course or online course in a variety of areas. These classes often require homework and reading between sessions.
5. **Career Exploration:** Students can research professionals in an area of interest so that when your student comes to school, they can request to call that person to set up an interview.
6. **Individual Goals:** Please read and review the Student's Learning Plan to support the detailed goals. Every child has unique goals according to their interest from music production to coding to working on their business to writing. This can include project work that wasn't finished during the school day.

**What can parents and guardians do to help?** Parents and guardians are essential, even at the high school level, in supporting students in doing their best to meet their goals.

1. Provide a consistent and quiet space and time for them to work at home (or help them get to a focused space).
2. Ask them about what they are working on.
3. Look at their learning plan with them.
4. Remind them about a few of the things they can do.
5. Keep a copy of their college syllabus so you know what is due and when.
6. Be encouraging!

For more information, contact your student's advisor or principal. Go to the parent portal on our website: **<http://www.themethighschool.org/parents>**