

Have a
Great Day!

Bronx Academy of Promise
Breakfast Menu

May 2018

Meal Includes:
Meat/Meal Alternate, Grains, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 French Toast w/ Syrup Sliced Apples Warm Apple Muffin w/Sliced Apples Fresh or Cupped Fruit Non-fat& 1% Milk	2 Turkey Bacon, Egg & Cheese on a Croissant Pineapple and Strawberry parfait, w/Granola Fresh or Cupped Fruit Non-fat& 1% Milk	3 Blueberry Muffin, Fruit Yogurt Belgian Waffles, Mixed Berries Fresh or Cupped Fruit Non-fat& 1% Milk	4 Disney - Silver & Gold May the 4th be with you Princess Leia Cinnamon Buns Cheese Stick Fresh Fruit Cup Scrambled Egg with Turkey Bacon bits W.W. Toast Fresh or Cupped Fruit Non-fat& 1% Milk
7 Banana Pancakes w/Syrup Breakfast Burrito w/ Turkey/Bacon, Egg & Cheese Fresh or Cupped Fruit Non-fat& 1% Milk	8 Turkey/Ham, Egg & Cheddar Frittata w/Breakfast Biscuit Cinnamon Raisin Bagels, Fresh cut Fruit, Lite Cream Cheese Fresh or Cupped Fruit Non-fat& 1% Milk	9 Bacon, Egg & Cheese on a Kaiser Roll Bran Muffin, Fresh Fruit, Cheese Stick Fresh or Cupped Fruit Non-fat& 1% Milk	10 Warm Banana Bread, Cheddar Cheese Stick Hot Cream of Wheat w/Peach Topping Fresh or Cupped Fruit Non-fat& 1% Milk	11 Cheese Omelet, Hash Brown Potatoes, Whole Wheat Toast Turkey/Ham & Egg on w/w English Muffin Fresh or Cupped Fruit Non-fat& 1% Milk
14 Sausage, Egg & Cheese on an English Muffin Hot Oatmeal w/Fresh Blueberries Fresh or Cupped Fruit Non-fat& 1% Milk	15 Warm Apple Muffin, Sliced apples Scrambled Egg w/Whole Wheat Toast Fresh or Cupped Fruit Non-fat& 1% Milk	16 Turkey/Bacon, Egg & Cheese w/w Kaiser Roll Baked Potato Basket, Egg & Cheese w/Toast Fresh or Cupped Fruit Non-fat& 1% Milk	17 French Toast w/Syrup Grilled Cheese Sandwich on w/w Bread, Fresh Fruit Fresh or Cupped Fruit Non-fat& 1% Milk	18 Mangu (Plantains) Cheesy Scrambled Egg w/Whole Wheat Bagel Cinnamon Raisin Bagel, Lite Cream Cheese, Fresh Fruit Fresh or Cupped Fruit Non-fat& 1% Milk
21 Blueberry Muffin, Cheese Sticks, Fresh Fruit Scrambled Egg, w/w Bagel, Sausage Patty Fresh or Cupped Fruit Non-fat& 1% Milk	22 Sausage, Egg & Cheese on w/w Biscuit Cinnamon Raisin Bagel, Lite Cream Cheese Fresh or Cupped Fruit Non-fat& 1% Milk	23 Pancake w/Syrup, Cupped Fruit Hardboiled Egg w/w Bagel, Cream Cheese Fresh or Cupped Fruit Non-fat& 1% Milk	24 Cream of Wheat w/Fresh-cut Fruit Belgian Waffles w/Mixed Berries Fresh or Cupped Fruit Non-fat& 1% Milk	25 Egg & Cheese in a Pita Berry & Yogurt Parfait w/Granola Fresh or Cupped Fruit Non-fat& 1% Milk
28 School Closed Memorial Day	29 Ham & Cheese Frittata w/ Whole Wheat Toast Yogurt Parfait w/Fruit & Granola Fresh or Cupped Fruit Non-fat& 1% Milk	30 Belgian Waffles, Mixed Berries Scrambled Eggs Whole Wheat Bagel Fresh or Cupped Fruit Non-fat& 1% Milk	31 Peanut Butter and Jelly Sandwich, Banana Bacon, Egg & Cheese on a Kaiser Roll Fresh or Cupped Fruit Non-fat& 1% Milk	

Water available at every meal
This institution is an equal opportunity provider.