



WHOLE KIDS

A C A D E M Y

WKA Snack Menu

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Morning</u>	Cereal Mozzarella Cheese Oranges	Hard Boiled Eggs Strawberries Cantaloupe	Scrambled Eggs Cheddar Cheese Pineapple	Yogurt Granola Banana	Oatmeal Nut Butter Apples
<u>Afternoon</u>	Almonds Applesauce Carrots & Ranch	Organic Pretzels Cottage Cheese Tomatoes	Pita Hummus & Ranch Dip Cucumber	Cheddar Cheese Nut Butter Celery & Raisins	Smoothie Hummus & Ranch Dip Broccoli

Please note, milk and water are served with snacks and lunch to all WKA children.

Following the Code of Maryland Regulations, Infants and Toddlers under 2 years of age will be served Whole Milk, while children older than 2 will be served 1 percent fat or non-fat milk.