

January 10th, 2018
Wellness Committee Minutes

Meeting begins: 3pm

Matt McKinley is minute taker

Wellness Conference: Sarah had Matt and Betty report back on their time at the Wellness conference. Sarah stated that a portion of the conference was geared towards collaboration with other agencies within our communities to accomplish our goals.

Program Materials Request Form: The deadline for submission is March 31st, 2018. A brief discussion took place over how the money should be spent. Mr. Brady suggested a freeze on trail equipment until the equipment we have now is installed. Installation has put a strain on building and grounds. Other ideas were floated as to how money may be spent. Michelle expressed her desire to use the junior high money to replace worn out PE equipment. A subcommittee was formed (Matt, Betty, Kristen, Ann Marie) to address how we want to move forward with the spending of the grant.

Sarah stated that starting this year, the grant requires the chair to have at least one additional person to assist with completing the request form and that the focus is on collaborations with other programs, initiatives or departments.

High School Vending Machine: A long discussion took place over our vending machine in the main lobby at the high school. Pete informed the committee that AW Collins has not yet provided him with a list of snacks that they sell. It was agreed that only snacks meeting the USDA healthy snacks (Smart Snacks) should be stocked in the machine. (*per our wellness policy*) Mr. Brady was going to speak with Mrs. Boyce who would then speak to the class advisor. **We also determined that the end of the instructional day would be 3:02.**

Wellness Policy Implementation Plans: Matt shared a list of snacks that are sold at Walmart that meet the USDA healthy snacks criterion. Teachers and parents could use this as a guidance tool. It will be placed on the wellness website in the near future. Matt will notify the committee members when it has been added.

Mr. Brady shared what the elementary schools are doing in regards to intramurals. He stated one of the barriers to the junior/senior high schools is the availability of the gym. Betty and Anthony shared surveys from their respected schools as to what sports/activities interest the kids. We will continue to move forward and search for possible solutions for the junior/senior high schools.

The edited fundraising form was distributed to committee members on hand. We are not yet ready to move forward with this. Some additional changes may need to be made. Mr. Brady is going to check with Erica LaGarry to make sure we have the correct form. He will notify us when this is done. Matt, Ann Marie and Sarah will continue to work on the form once we've heard from Mr. Brady.

Next meeting: March 28, 2018

Meeting Adjourned @ 4:05