

PREPARE FOR 7TH GRADE



Starting in the **2017-2018** school year, all students entering 7th grade need to have a **physical exam**. (Act 118, law passed in 2016)

THINGS TO KNOW:

- The physical exam should be done within 12 months before the start of 7th grade by a doctor, nurse, or other healthcare professional.
- Let the school know if you need more time because of scheduling.
- Form 14 should be filled out by the doctor's office and brought to school when you register your child for 7th grade.
- Use the physical exam as a time for you and your child to ask the doctor or nurse questions about teen health and wellness issues.

For more information, visit www.hawaiipublicschools.org and search for "Physical Exam"

