



February 2018

H.M. King High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WK 1	WK 1	WK 1	WK 1- February 1	WK 1- February 2
			Pig in a Blanket Fresh Berry Blend Assorted Juice & Milk	
			Enchiladas OR Chicken Quesadilla Rice & Beans Lettuce & Tomato Salad Apple Slices Fresh Fruit Milk Choice	
WK 2- February 5	WK 2- February 6	WK 2- February 7	WK 2- February 8	WK 2- February 9
Cinnamon Bread Strawberry Applesauce Cups Assorted Juice & Milk	Cereal Bar/Cheese Stick Strawberry Slushie Assorted Juice & Milk	Pig in a Blanket Fresh Banana Assorted Juice & Milk	Blueberry Muffin/Cheese Stick Fresh Berry Blend Assorted Juice & Milk	Ham and Cheese Croissant Green Apple Slices Assorted Juice & Milk
(Spicy) Brahma Bowl or Steak Fingers Mashed Potatoes & Gravy Green Beans Garden Salad Fresh Fruit/Rosy Applesauce Milk Choice	BBQ Pulled Pork Sandwich or Fiery Chicken Wings Creamy Coleslaw Cucumber & Tomato Salad Chilled Pears Fresh Fruit Milk Choice	Honey Sriracha Chicken W/Eggroll Philly Cheese Steak Sandwich Broccoli W/Cheese Sauce Greek Salad Chilled Peaches Fresh Fruit Milk Choice	Carne Guisada or Chicken Quesadilla Rice & Beans Fresh Broccoli Salad Apples Slices Fresh Fruit Milk Choice	Chicken Parmesan or Chicken Nuggets Sonoma Blend Fresh Carrots W/Dressing Pudding Cup Fresh Fruit/Fruit Cocktail Milk Choice
WK-3 February 12	WK-3 February 13	WK-3 February 14	WK-3 February 15	WK-3 February 16
Cherry Frudel Craisins Assorted Juice & Milk	Sausage Wrap Green Apple Slush Assorted Juice & Milk	French Toast Sticks Fresh Banana Assorted Juice & Milk	Pop Tart Trail Mix Assorted Juice & Milk	Grilled Cheese Sandwich Red Apple Slices Assorted Juice & Milk
Oven Breaded Chicken OR Breaded Pork Chop Macaroni & Cheese Ginger Baby Carrots Fresh Fruit Rosy Applesauce Milk Choice	Nachos W/Ground Beef OR Taco Salad Cucumber & Tomato Salad Pinto Beans Fresh Fruit Fruit Cocktail Milk Choice	Ravioli W/Pretzel OR Meatball Sub Fresh Broccoli W/Ranch Lettuce & Tomato Salad Chilled Pears Fresh Fruit Milk Choice	Cheesy, Beefy Lasagna OR Steak Burger Tossed Salad WG Garlic Toast Chilled Peaches Fresh Fruit Milk Choice	Chicken Alfredo OR Spicy Chicken Burger W/Cheese Steamed Carrots Garden Salad Cherry Crisp Fresh Fruit Milk Choice
WK-4 February 19	WK-4 February 20	WK-4 February 21	WK-4 February 22	WK-4 February 23
Pancakes W/Syrup Craisins Assorted Juice & Milk	Banana Bread Green Apple Slush Assorted Juice & Milk	Breakfast Granola Bar UBR Fresh Banana Assorted Juice & Milk	Blueberry Bagel W/Cream Cheese Fresh Berry Blend Assorted Juice & Milk	Uncrustable Green Apple Slices Assorted Juice & Milk
Beef & Broccoli OR General Tso's Chicken Vegetable Eggroll Cucumber and Tomato Salad Fresh Fruit Fruit Cocktail Milk Choice	Frito Pie OR Chicken Fajita Nachos Sweet Corn Salsa Texas Caviar Fresh Fruit Rosy Applesauce Milk Choice	Chalupas OR Beef Tacos Broccoli W/ Ranch Dressing Greek Salad Chilled Peaches Fresh Fruit Milk Choice	Hot Dog W/Chili OR Corn Dogs Sweet Potato Fries Chilled Pears Garden Salad Fresh Fruit Milk Choice	Domino's Pizza OR Chicken Tenders Steamed Peas Potato Rounds Pudding Cup Fresh Fruit Milk Choice
WK-1 February 26	WK-1 February 27	WK-1 February 28		
Blueberry Pancake Wrap Applesauce Cups Assorted Juice & Milk	Banana Bread Green Apple Slush Assorted Juice & Milk	Breakfast Granola Bar UBR Fresh Banana Assorted Juice & Milk		
Burrito W/Chili and Cheese OR Fiery Chicken Wings Sweet Potato Fries Broccoli W/Ranch Dressing Chilled Peaches Fresh Fruit Milk Choice	Spaghetti W/ Meat Sauce OR Crisпитos Tossed Salad Potato Wedges Fruit Cocktail Fresh Fruit Milk Choice	Chicken Fajita Taco OR Southwest Chicken Wrap Homemade Pico de Gallo Homemade Pinto Beans Apples Slices Fresh Fruit Milk Choice		

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