



Lakeview Public Schools

*...a harbor for learning, rich in tradition, yet
committed to bold exploration.*

Community Resources Guide

Community Resources
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Government Information

City of St. Clair Shores

City Hall

27600 Jefferson
St. Clair Shores, MI 48081
(586) 445-5200

Police Department

27655 Jefferson
St. Clair Shores, MI 48081
Non Emergency (586) 445-5300
Emergency: **911**

SCS Library

22500 11 Mile
St. Clair Shores, MI 48081
(586) 771-9020

Parks & Recreation

20000 Stephens
St. Clair Shores, MI 48081
(586) 445-5350

Fire Department

Three Locations
Non Emergency (586) 445-5350
Emergency: **911**

Additional city information including events, tax information, assessment, city services and more, can be found at:

www.stclairshores.net

County of Macomb

Clerk's Office

40 North Main
Mt. Clemens, MI 48043
(586) 469-5205

Register of Deeds

10 North Main
Mt. Clemens, MI 48043
(586) 469-7953

Court Building

40 North Main
Mt. Clemens, MI 48043
(586) 469-5120

Additional information and links about county events, additional governmental resources, register of deeds, and vital records can be found at:

www.macombcountymi.gov

www.macombcountymi.gov/clerksoffice

www.macombcountymi.gov/clerksoffice/registerofdeedsIndex.htm

(Main Page)

(Clerk's Office)

(Register of Deeds)

State of Michigan

The State of Michigan website provides information about the state and has links to its many departments. The main website for the State of Michigan is:

www.michigan.gov

Education

St. Clair Shores Public School Districts

Lake Shore Public Schools

Website: www.lakeshoreschools.org
Address: 28850 Harper Avenue, St. Clair Shores, MI 48081
Phone: (586) 285-8480
Superintendent: Brian Annable

Lakeview Public Schools

Website: www.lakeview.misd.net
Address: 20300 Statler, St. Clair Shores, MI 48081
Phone: (586) 445-4000
Superintendent: Sandra Feeley Myrand

South Lake Public Schools

Website: www.solake.org
Address: 23101 Stadium Boulevard, St. Clair Shores, MI 48080
Phone: (586) 435-1600
Superintendent: Deborah Thompson

St. Clair Shores Adult and Community Education (Cooperative effort between Lake Shore, Lakeview and South Lake Public Schools)

Website: www.lakeshoreschools.org (click on Adult Education)
Address: 23055 Masonic Boulevard, St. Clair Shores, MI 48082
Phone: (586) 285-8880
Director: Becky Whitfield

Macomb ISD

Macomb Intermediate School District

Website: www.misd.net
Address: 44001 Garfield Road, Clinton Township, MI 48038
Phone: (586) 228-3300
Superintendent: Michael DeVault

Community College

Macomb Community College

Website: www.macomb.edu
Address: 14500 East 12 Mile, Warren, MI 48088
Phone: (586) 445-7999
President: Dr. Albert Lorenzo

Education (continued)

Universities

Central Michigan University

Mount Pleasant, Michigan

Website: www.cmich.edu

Phone: (989) 774-4000

Eastern Michigan University

Ypsilanti, Michigan

Website: www.emich.edu

Phone: (734) 487-1849

Oakland University

Rochester, Michigan

Website: www.oakland.edu

Phone: (248) 370-2100

University of Michigan

Ann Arbor, Michigan

Website: www.umich.edu

Phone: (734) 764-1817

Dearborn Campus Phone: (313) 593-5000

Flint Campus Phone: (810) 762-3000

Wayne State University

Detroit, Michigan

Website: www.wayne.edu

Phone: (313) 577-2474

(877) WSU-INFO (Toll Free)

Western Michigan University

Kalamazoo, Michigan

Website: www.wmich.edu

Phone: (269) 387-1000

Resources for Children Health/Childcare

4C is a non-profit childcare resource and referral network serving Macomb and St. Clair counties. The Macomb County Board of Commissioners and Michigan State University Extension administer it.

Website: www.mi4c.org
Email Address: 4CR&R@Macombcountymi.gov
Phone: 1-866-Childcare (1-866-424-4532)

MI Child is a health insurance program for Michigan's uninsured children.
Phone: 1-888-988-6300

Child Care Expulsion Prevention Program assists childcare providers with difficult children and provides ideas and help for parents who are experiencing issues and concerns with their child(ren).
Phone: (586) 466-6912

Macomb County Community Services Agency provides information about Head Start, Preschool, and Early Head Start.

Phone: (586) 469-5215
Website: www.co.macomb.mi.us/mccsa/hs.htm
Email: mccsa@libcoop.net

Bridges4Kids is a website that provides resource links to organizations that help families and children. Childcare, nutrition, activities, and health are a few of the links in this website.

Website: www.bridges4kids.org/counties/Macomb.htm

Macomb County Health Department provides an array of health services to children and families.

Website: www.macombcountymi.gov/publichealth - general information about services

Website: www.maiph.org/page.cfm/90 - for locations, hours and staff information

Mt. Clemens Phone Number: (586) 469-5235

SCS Phone Number: (586) 466-6956

Warren Phone Number: (586) 573-2210

Other Related Websites

www.aap.org

American Academy of Pediatrics

www.nih.gov

National Institute of Health

www.diabets.org

American Diabetes Association

www.hhs.gov

US Department of Health and Human Services – Has wellness links

www.michiganstepsup.org

Michigan Steps Up

www.cdc.gov

Center for Disease Control

Computers/Technology/Media Resources for Parents and Students

www.getnetwise.org

This is a resource to help parents understand Internet safety, spam, security, and privacy. It has frequently asked questions (FAQ's), a glossary of terms, and tools to assist parents in providing safer surfing for children.

www.mediawise.org

This website provides information to help parents make wise choices about appropriate television viewing and media usage. It promotes wise use of the media and helps to maximize media's benefits.

www.macomb-sheriff.com/pages/lawenforcement/mace.htm

The Macomb Area Computer Enforcement (MACE) is a computer crime task force that was created by Sheriff Hackel. The website provides information related to Internet safety. It also provides an avenue to report Internet fraud and abuse.

www.michigancisc.org

Michigan Children's Internet Safety Campaign (MCISC) provides tips and creates public awareness about Internet abuse and misuse. It has an avenue to report Internet abuse and fraud.

www.michigan.gov/msp

Click on: 'Crime Prevention, Safety & Police Service'

Click on: 'Safety'

Click on: 'Internet Safety'

This is a Michigan State Police website that gives valuable information about Internet safety, fraud, and abuse. Resources for families are available on the website and allows the reporting of "CYBER CREEPS".

www.mccarehouse.net

The Care House provides a vast number of services including educational programs to schools to prevent physical and sexual abuse to students who use the Internet.

Phone:(586) 463-0123

Address: Care House

131 Market Street

Mt. Clemens, MI 48043

Domestic Violence/Abuse

Turning Point provides information and support to victims of domestic violence, sexual assault, and homelessness. Links to emergency services, events, resources, and other information are included in this website.

24-Hour Crisis Line: (586) 463-6990

Website: www.turningpoint.com

Macomb County Crisis Center has a 24 hour/7 days a week telephone hotline to provide counseling and referral services. Referrals are also provided. Counselors work on a volunteer basis.

24-Hour Crisis Line: (586) 307-9100

Website: www.macombcountymi.gov/volunteer/center.htm

Women's Law is a resource website that provides information and links to legal avenues, personal protection orders, courthouse locations, and other resources for victims of abuse and violence. The website also has links to referrals for low cost legal services and other resources.

Website: www.womenslaw.org/MI/MI_links.htm

The Macomb County Prosecutor's Office offers a website that offers information to help victims, defines violence and the steps to take if assaulted. Links include the Domestic Violence Statute, the meaning of domestic violence, help, and resources available for victims.

Website: www.macombcountymi.gov/prosecutorsoffice/domestic-violence.htm

Making the Right Connection is a MISD sponsored website offering information to victims. Phone numbers, Personal Protection Order obtainment, and other resources are included on this site.

Website: www.misd.net/connection/domestic.htm

Domestic Violence Safety Plan is a document prepared by the Prosecutor's office describing resources and steps the victim can take to help ensure their safety.

Website: [www.macombcountymi.gov/prosecutorsoffice/pdf/domestic%20violence%20safety%](http://www.macombcountymi.gov/prosecutorsoffice/pdf/domestic%20violence%20safety%20plan.pdf)

Michigan Coalition Against Domestic and Sexual Violence supports efforts of local agencies and provides information to victims and their families.

Website: www.ncadv.org

Phone: (517) 347-7000

National Hotline: 1-800799-SAFE

Employment Resources

Unemployment Assistance – This website assists workers who have been laid off or otherwise terminated from their employment. There are links to job openings, job search assistance, and an avenue to file for unemployment. The site describes eligibility requirements to obtain unemployment assistance. It has a Frequently Asked Questions section for employers and employees.

Website: www.michigan.gov/uia

Michigan Works! Agencies offers services to employers and employees with their employment needs. Employers may post jobs on the website and employees may search the database for employment. Local agency staff assists people in finding gainful employment and discuss possible training options with eligible customers. Seminars and workshops are conducted at the sites, along with individualized help on resume preparation. Employment services are available free of charge.

Website: www.michiganworks.org

www.michiganworks.org/page.cfm/80/

Local Michigan Works! Agency Offices

Mt. Clemens Service Center

75 North River Road
Mt. Clemens, MI 48043
(586) 469-7702
Hours: 8am-5pm

Roseville Service Center

15950 12 Mile Road
Roseville, MI 48066
(586) 447-9220
Hours: 8am-5pm

Clinton Township Service Center

43630 Hayes Road
Clinton Township, MI 48038
(586) 263-1501
Hours: 8am-5pm

Additional Job Search Websites:

www.monster.com
www.careerbuilder.com
www.jobfactory.com
www.careerpath.com
www.ajb.dni.com
www.snagajob.com

www.simplyhired.com
www.USAjobs.com
www.truecareers.com
www.directemployer.com
www.alljobsearch.com
www.employmentwizrd.com

Health/Wellness Resources

Mt. Clemens General Hospital offers educational classes in nutrition and fitness. The hospital also offers smoking cessation programs and body fat analysis. A free cardiovascular assessment is available on line.

Website: www.mcgh.org

Phone: (800) 779-7178 – Doctor Connection

St. Joseph Mercy Hospital offers wellness programs related to healthy living and wellness. The hospital offers a variety of support groups, some of which are free.

Website: www.stjoe-macomb.com

Phone: (586) 263-2410

Macomb Community College has a continuing education department that offers wellness and fitness classes.

Website: www.macomb.cc.mi.us (click on community department)

Phone: (866) 622-6624

Macomb County Health Department offers preventative and personal health services for county residents. The Health Department offers free cardiovascular screening. Nutrition counseling is also available.

Website: www.macombcountymi.gov/publichealth/index.asp

Phone: (586) 469-5520 (main number)

(586) 412-3387 (cardiovascular screening)

(586) 412-3396 (nutrition counseling)

Healthier Macomb Fitness Council works with the Governor's Council on Physical Fitness. This site encourages people to exercise and has resources about fitness and nutrition. The 'Walk Michigan' program is linked to this website.

Website: www.chmonline.org

Additional Websites

www.mentalhealthscreening.org/screening

www.americanheart.org

www.alam.org

www.hhs.gov

www.aa.org

www.nih.gov

www.eatright.org

www.diabetes.org

www.michiganstepsup.org

Screening for Depression

American Heart Association

American Lung Association

U.S. Department of Health & Human Services

Alcoholics Anonymous

National Institute of Health

American Dietetic Association

American Diabetes Association

Michigan Steps U

Financial and Emergency Assistance for Families

Temporary Assistance for Needy Families (TANF) provides cash assistance for families meeting eligibility requirements. Participating in the Work First Program may be a requirement to obtain cash assistance.

Website: www.michigan.gov/dhs (Department of Human Services)

Child Day Care Assistance payments are available for child day care services for qualifying families are available when the parent, legal guardian, or substitute parent is unavailable because of employment, education, and/or health/social condition for which treatment is being received.

Emergency Services are available to eligible families who meet income guidelines and eligibility requirements. Services are as follows:

Heat and Utilities: Financial assistance is available to low-income families who meet requirements when heating or electrical service has been or will be shut off.

Home Repairs: Assistance to eligible families with home repair to correct unsafe conditions and restore essential services are available. (e.g., furnaces, septic tanks, hot water heaters)

Relocation Assistance: Money is available for rent, evictions, security deposits, and moving expenses for individuals and families. There are specific eligibility requirement and considerations vary with each case.

Medical Services are available for individuals and families meet certain eligibility criteria. Medical assistance is as follows:

Medicaid: This is health coverage for individuals and families who meet eligibility requirements. Specific coverage varies depending on the program and the applicant's citizenship status. Income and assets are considered.

Healthy Kids: This is a program designed for low-income children (under age 19) and pregnant women, including dental, vision, and mental health services.

Special Disabled Children: This program is available for children receiving SSI benefits. The child must meet the disability definition and criteria.

Prevention Services are available to assist with money problems, a difficult child, anger, isolation, coping, etc.

Food Assistance is available to eligible families.

Dental Services are available to low income children and adults in Macomb County. These include restorative and preventative services. *Dental services are only available at the Warren Health Department Office.*

Local Offices

Mt. Clemens
21885 Dunham Road
Mt. Clemens, MI 48043
(586) 469-7700

Warren
27960 VanDyke
Warren, MI 48093
(586) 427-0668

Sterling Heights
44600 Delco Boulevard
Sterling Heights, MI 48313
(586) 254-1500

Hospitals (Local)

Henry Ford Health System

Website: www.henryfordhealth.org

Henry Ford Hospital

2799 w. Grand Boulevard
Detroit, MI 48234
(313) 916-2600

St. Joseph Mercy

15855 19 Mile Road
Clinton Township, MI 48038
(586) 263-2300

Bi-County Hospital

13355 East 10 Mile
Warren, MI 48089
(586) 759-7300

Cottage Hospital

159 Kercheval
Grosse Pointe Farms, MI 48236
(313) 640-1000

Beaumont Hospitals & Medical Centers

Website: www.beaumonthospitals.com

Beaumont Hospital-Royal Oak

3601 west 10 Mile Road
Royal Oak, MI 48073
(248) 898-5000

Beaumont Hospital-Troy

44201 Dequindre
Troy, MI 48085
(248) 964-5000

St. Clair Shores Medical Center

27631 Little Mack
St. Clair Shores, MI 48081
(586) 443-2900

St. John Health System

Website: www.stjohn.org

St. John Hospital

22101 Moross
Detroit, MI 48236
(313) 343-4000

North Shores Hospital

26755 Ballard
Harrison Township, MI 48045
(586) 465-5501

Mt. Clemens General Hospital

Website: www.mcgh.org

1000 Harrington
Mt. Clemens, MI 48043
(586) 493-8500

Housing Purchase/Weatherization

Home Buying and Home Repair information is available on topics such as maintenance and how to shop for a home and keep a home in good repair. Subjects include plumbing, electrical and much more. Website: www.macombcountymi.gov/publicaffairs/services/pdf_svcs/food_shelter.pdf

Contact: Macomb MSU Extension – Housing
VerKuilen Building, Suite 10
21885 Dunham Road
Clinton townships, MI 48036
(586) 469-6430

Individual Development Account Program is administered through MCCA. It helps eligible families build resources with the goal of purchasing their first home. Families enrolled in the program make monthly contributions to a special savings account and are then matched by MCCA. The combined savings are used for a down payment and closing costs on a home purchase. Website: www.macombcountymi.gov/mcca

Contact: MCCA IDA/ADDI Program
VerKuilen Building, Suite 10
Clinton Township, MI 48036
(586) 469-7378

Home Preservation/Energy Weatherization is a program where staff performs whole house audits and installation of energy efficient measures in homes of eligible families and individuals. Weatherization improvements can save up to 30% on heating and utility bills. Website: www.macombcountymi.gov/mcca/wx.htm

Contact: MCCA Weatherization
VerKuilen Building, Suite 10
Clinton Township, MI 48036
Phone: 469-6329

Housing Rehabilitation Program provides no-interest loans to qualified low and moderate-income families. Improvements are generally limited to those that will make the home safe and sanitary.

Contact: Department of Planning and Economic Development
1 South Main Street, 7th Floor
Mt. Clemens, MI 48043
Phone: (586) 469-5285

Parent Resources

The Macomb Intermediate School District (MISD) provides a wide variety of services designed to help and educate parents. The MISD is a wonderful resource for parents on many topics. Some of them include:

- Emotional Problems
- Learning Disabilities
- Slow Learning
- Speech Problems
- Need for Attention
- Health concerns
- Sight and Hearing
- Pre-School Programs

The MISD also has links to services and resources for parents on topics such as:

- Employment
- Dealing with Substance Abuse
- Directory of Children's Services
- Transportation
- Web Searches
- Children's Network
- Technology

Website: www.misd.net
www.misd.net/parentresources.htm
www.misd.net/moreparentresources.htm

Address: 44001 Garfield, Clinton Township, MI 48038

Phone: (586) 228-3300

Macomb County Community Mental Health has an on-line Resource library that provides parents with a large number of resources, links and services. The website has links to many topics including:

- Family Issues
- Self Esteem
- Drug Effects on Babies
- Violence
- Substance Abuse
- Events
- Substance Abuse Prevention

Website: www.mcosa.net/library.php?topic=8

Family Support Network of Michigan offers parents of children with any disability support through groups and resources.

Website: www.projectfindmichigan.org

Learning Disabilities Association of Michigan provides education and information for parents and professionals regarding learning disabilities.

Website: www.ldofmichigan.org

Phone: 1-888-597-7809

CARE of Macomb offers a free support program for parents and youth about a family member's use of alcohol or other drugs or have a family member in recovery or themselves.

Website: www.careofmacomb.com

Phone: (586) 541-0033

Michigan State University Extension Center offers parent support and link to resources including childcare, tax information, health and nutrition, 4H, family issues, and more.

Website: www.msue.msu.edu

Address: 21885 Dunham Road, Suite 12

Clinton Township, MI 48036

Phone: (586) 469-5180

Recreation, Leisure, and Fun

Macomb County Parks and Recreation has many parks throughout the county for the enjoyment of its residents. Some of the parks include: Freedom Hill, Macomb Orchard Trail, and Stony Creek. Visit the website for a complete listing of the things to do with family and friends.

Website: www.macombcountymi.gov/parks/index.htm

Phone: (586) 979-7010

St. Clair Shores Adult and Community Education offers many trips and tours to many locations and venues. Enrichment classes are offered to youth and adults. The brochure is on the Lake Shore Public Schools website and available three times per year.

Website: www.lakeshoreschools.org Click on: Adult Education

The City of St. Clair Shores Department of Parks and Recreation has a variety of recreational programs, parks, and facilities for residents. Visit the website to view the parks and programs the city has to offer.

Website: www.stclairshores.net

www.stclairshores.net/parksrec/right.htm

Phone: (596) 445-5350

The Henry Ford Museum and Greenfield Village has an array of educational and fun things to do with family and friends. The Henry Ford offers the IMAX Theater, Greenfield Village, The Henry Ford Museum, Benson Research Center, and The Rouge Factory Tour. Special events, prices, restaurants, and events are highlighted on the website.

Website: www.hfmqv.org

Address: 20900 Oakwood Boulevard, Dearborn, MI 48124

Phone: (313) 271-2455

Senior Citizen Resources

Macomb County Senior Citizen's Services provides resources including housing, adult daycare services, grandparents raising grandchildren, legal assistance, discount dental, housing, chore assistance, and much more.

Website: www.macombcountymi.gov/seniorservices

Phone: (586) 469-6313

Address: 21885 Dunham Road, Mt. Clemens, MI 48043

Grandparents Raising Grandchildren Program offers services and resources to grandparents who are raising grandchildren. Information about seminars and events are available on the website.

Website: www.macombcountymi.gov/seniorservices/grg_prg_homepg.htm

Phone: (586) 469-6315

Interfaith Volunteer Caregivers is an organization designed to find volunteers to assist the elderly and challenged adults.

Website: www.mcivc.org

Phone: (586) 757-5051

Address: 8075 Ritter, Centerline, MI 48015

Alzheimer's Family Support Group provides support for families whose loved one has Alzheimer's disease. The website offers ideas resources, also.

Website: www.alzqmc.org

Phone: 1-800-337-3827

Address: 20300 Civic Center Drive, Suite 100, Southfield, MI

Meals on Wheels provides meals for senior citizens unable to prepare meals for themselves due to physical or mental impairments related to age and medical condition. There are eligibility requirements and the person must be at least 60 years old. Eligibility is *not* based on income. This program is administered through the Macomb County Community Services Agency (MCCSA).

Website: www.macombcountymi.gov/mccsa/mow.htm

Phone: 1-800-852-7795 (call to determine eligibility)

MI Seniors-Office of Services to the Aging provides information and resources to older adults, family members. Topics include: health, retirement planning, available services, and Medicare.

Website: www.michigan.gov/miseniors

Phone: (517) 373-8230

Medicare Information Source is a website designed to educate and inform people about Medicare plans, eligibility, enrollment, and premiums. It provides a Frequently Asked Question section and has contact information.

Website: www.medicare.org

Area Agency on Aging provides services to the elderly in Macomb, St. Clair, Monroe, and Oakland Counties.

Phone: 1-800 852-7795

Substance/Drug Alcohol Awareness

MCOSA-Macomb County Mental Health Office provides information and links to assist families affected by substance abuse. Topics such as treatment centers, prevention, and recovery groups are part of this website.

Website: www.mscosa.net/services_directory.php?topic=6
www.mcosa.net/services (main site)

Macomb County Crisis Center provides a 24 hour/7day a week telephone hotline so callers can sort through problems and get support for their problem. Information and referral are given to callers.

Website: www.macombcountymi.gov/volunteercenter.htm
Phone: (586) 307-9100

Mothers Against Drunk Driving provides support and groups for families afflicted by substance abuse.

Website: www.madd.org/home

Macomb Alano Center is an alcohol-free recreational club for those recovering from substance.

Website: www.grrr.net/alano.html#mi
Phone: (586) 465-3151

St. John Hospital and Medical Center provides resources and referral for those who are suffering from substance and alcohol abuse.

Website: www.stjohn.org
Address: 22101 Moross, Detroit, MI 48236
Phone: (313) 343-4000

Macomb County Prevention Coalition creates community partnerships to ensure safe drug-free environments for youth. The Coalition works with local agencies and communities.

Website: www.mcpcweb.org
Phone: (586) 226-3440

William Beaumont Hospital sponsors various support groups that assist with alcohol and substance abuse. There is a toll free number to call for further information.

Phone: 1-800-633-7377

Additional Websites

www.aapriarypurpose.org
www.agingandaddiction.net
www.checkyourself.com
www.FACEproject.org
www.nocoa.org

www.talkingwithkids.org

Message of hope through **AA** principles
Information regarding seniors and addiction
A place to check where they are with alcohol and drugs
Facing Alcohol Concerns Through Education-FACE
Education and Support for children with alcohol/substance
using parents
How and when to talk to your kids about tough issues

Tobacco Prevention

The American Cancer Society offers community referral information, phone consultation, and information regarding nicotine replacement and prescription therapies, and self help materials. This is a FREE service.

Website: www.cancer.org

Address: 39245 Garfield Road, MI 48038 Suite 24

Phone: 1-800-925-2271 (Local)

1-800-ACS-2345 (National)

American Heart Association is an agency dedicated to fighting heart disease, stroke, and other cardiovascular diseases.

Website: www.americanheart.org

Address: 24445 Northwestern Highway, Suite 11, Southfield, MI 48075

Phone: 1-800-AHA-USA1

Michigan Department of Community Health provides free QUIT KITS for smokers who wish to 'kick the habit'.

Website: www.michigancancer.org/WhatWeDo/tob-providerstoolkit.cfm (Tool Kit)

Phone: 1-800-537-5666 (Quit Kit)

Phone: 1-800-480-QUIT (Quit Hotline)

American Legacy Foundation works with young people to reject tobacco and assist those who wish to quit smoking.

Website: www.americanlegacy.org

Address: 1001 G Street, NW. Suite 800

Washington DC, 20001

Phone: 1-800-4-A-LEGAC

American Lung Association provides resources on quitting smoking and the benefits of quitting.

Website: www.alam.org

Phone: 1-800-Lung-USA (Resources)

1-800-548-8252 (Health Questions)

American Lung Association provides self-help materials at no cost.

Website: www.lungusa.org/tobacco

Address: Michigan Affiliate, 259 Greenfield, Suite 401, Southfield, MI 48237

Americans for Non-Smokers Rights provides clean indoor air and secondhand smoke materials, including sample clean indoor policies and the "Teens Take Action Guidebook".

Website: www.no-smoke.org

Beaumont Hospital provides in-house stop smoking classes at various locations.

Website: www.beaumonthospitals.com

Phone: (248) 551-5000

Support Groups

Aids

Michigan Aids Hotline provides group support and for persons affected by Aids and HIV positive. This includes family members and individuals with the disease.

Phone: 1-800-872-AIDS

Aids Partnership-Michigan offers support to AIDS patients and their families.

Website: www.aidspartnership.org

Phone: 1-800-872-2437

Aids and Sexually Transmitted Disease Hotline provides referrals for groups and support for HIV and Aids.

Phone: 1-800-227-8922

Allergies

Cinton-Macomb Library offers support groups for children allergic to foods.

Phone: (586) 416-0288

Alcohol and Substance Abuse

AA groups are offered for those with alcohol problems at various locations and time.

Phone: 1-800-356-9996

Alanon & Alateen offers groups for families, teens, and individuals with alcohol issues or family members with an alcohol problem.

Phone: 1-800-316-2748

Cocaine Anonymous provides fellowship and support to men and women who share experiences and hope to each other.

Website: www.camichichigan.org

Codependents Anonymous

Website: www.codependents.org

Co-Dependents in Recovery groups meet at Renaissance Unity Church in Warren. The focus of the group is to provide support to those who have problems maintaining functional relationships.

Website: www.churchoftoday.com

Phone: (586) 758-3050

Families Anonymous is a group of concerned parents, grandparents, relatives, and friends whose lives have been affected by a loved one's addiction to alcohol or drugs.

Phone: (248) 852-8310

Website: www.familiesanonymous.org

Alzheimer's Disease

Alzheimer's Family Support Groups are available for those who have a family member affected by Alzheimer's disease.

Website: www.alzgmcc.org

Phone: (248) 351-0280

Fisher Center for Alzheimer's Research provides information and resources about Alzheimer's disease. It provides resources for support and self help groups.

Website: www.alzinfo.org

Anxiety, Panic Disorders, and Depression

Peace Presbyterian Church in Clinton Township offers support groups for those suffering from anxiety.

Phone: (586) 949-5987

St. Anthonis Church in Roseville have groups for person who suffer from anxiety, panic attacks, and/or depression.

Phone: (586) 547-0400

Recovery, Inc has support groups in Macomb County for those who suffer from anxiety, depression, tension, and more. Meetings are held weekly.

Website: www.recovery-inc.org

Phone: (313) 561-2521

Depressed Anonymous

Website: www.depressedanon.com

Depression & Bi-Polar Support Alliance offers groups that are peer-led.

Website: www.dbsa-metrodetroit.org or www.dballiance.org

Cancer

American Cancer Society offers groups for individual with cancer and their families.

Website: www.cancer.org

Phone: (586) 263-8000

St. Joseph Mercy Hospital offers support groups for women undergoing cancer treatment titled "Look Good, Feel Better"

Phone: (586) 263-2230

Mt. Clemens General Hospital provides an *"I can cope"* support group for cancer patients and their families.

Phone: 1-800-716-0980

Bi-County Hospital offers Breast Cancer support groups.

Phone: 1-800-925-2271

Deaf and Hard of Hearing

National Self Help For Hard of Hearing People (SHHH) provides a monthly support group for those who are hard of hearing at the Birmingham Area Senior Center.

Website: www.mi-shhh.org

Diabetes

Mt. Clemens General Hospital offers support groups for Diabetes including youth and adult groups.

Website: www.mcgh.org

Phone: 1-800-779-7178

St. John Medical Center offers support groups for children with diabetes. Groups are offered at Macomb Township.

Phone: 1-888-757-5463

Divorce

Divorce Support Groups provides self-help for separated or divorced persons in a group setting.

Website: www.divorcesource.com/groups/michigan.shtml

Fathers & Children, National Congress has information for father's rights regarding divorce. Meeting times/locations and resources are available.

Website: www.ncfc.org

Phone: 1-800-SEE-DADS

Divorce Care For Kids offers groups designed to help children ages 5-12 heal from divorce or separation. Groups are offered at Faith Lutheran Church in Troy.

Phone: (248) 689-4731

Trinity Family Counseling offers groups dealing with the pain of divorce. Groups are held in Utica.

Phone: (586) 254-3663

Late Life Divorce Groups are available through the MCCSA (Macomb County Community Services Agency).

Phone: (586) 469-6708

Domestic/Sexual Violence

Turning Point offers a 12-week support group for women who may be struggling in violent relationships or potentially dangerous situations.

Phone: (586) 463-4430

Turning Point offers weekly support groups for female victims of violence.

Phone:(586) 463-4430

Domestic Violence Survivors Support Group

Phone: 1-888-985-5538

Turning Point offers 8 and 16-week support groups for teens and adults who have been or affected by sexual assault.

Phone: (586) 463-4430

Gambling

Gambler's Anonymous offers support groups to individual and families with gambling problems.

Website: www.gamblersanonymous.org

Phone: (313) 792-2877

Gam-Anon is a group of families and friends who are seeking workable solutions related to the issues of gambling. Groups are housed at Renaissance Unity Church in Warren.

Website: www.churchoftoday.org

Phone: (586) 758-3050

Grief and Loss

Grief Support Groups available for those going through the loss, bereavement/grieving Process. These services are affiliated with hospices.

Website: www.mihospice.org/find/vml

Compassionate Friends-Grief Support Group assists individuals and families with the death of a child of any age.

Website: www.compassionatefriends.org

Phone: 1-877-969-0010

Bi-County Hospital offers bereavement support groups.

Phone: (586) 759-7953

St. Joseph Mercy Hospital provides groups for those who have experienced loss in their family.

Phone: 1-800 263-2840

Mt. Clemens General Hospital provides groups for children who have experienced loss titled "Kids Coping Together"

Website: www.mcqh.org

Phone: 1-800-716-0980

Parent Support

Family Support Network of Michigan offers parents of children with any disability support through groups and resources.

Website: www.projectfindmichigan.org

Parents of Murdered Children offers support for parents in the metropolitan Detroit area.

Website: www.pomc.com/metrodetroit/index.html

Macomb Intermediate School District provides a link to support groups for parents and children on a wide variety of topics and issues.

Website: www.misd.net/connection/support.htm

Mothers Against Drunk Driving (MADD) provide information and support to parents.

Website: www.madd.org/mi/macomb

Phone: (586) 463-3611

Address: Macomb County Chapter-MADD
59 North Walnut
Mt. Clemens, MI 48043

Learning Disabilities Association of Michigan provides education and information for parents and professionals regarding learning disabilities.

Website: www.ldofmichigan.org

Phone: 1-888-597-7809

CARE of Macomb offers a free support program for parents and youth about a family member's use of alcohol or other drugs or has a family member in recovery or themselves.

Website: www.careofmacomb.com

Phone: (586) 541-0033

Smoking Cessation

Nicotine Anonymous offers support groups to people wanting to quit smoking.

Website: <http://nicotine-anonymous.org>

Stop smoking (FreshStart) is offered through the American Cancer Society to help in smoking cessation.

Website: www.cancer.org

American Lung Association provides resources including information on support groups on quitting smoking and the benefits of quitting.

Website: www.alam.org

Mt. Clemens General Hospital offers educational classes and smoking cessation programs.

Website: www.mcgh.org