

BASKETBALL & CHEERLEADING LEAGUE

UPWARD SPORTS PLAY WITH PURPOSE

Now offering 4 levels of basketball!



Experience the impact of the **360 Progression**, a unique sports experience that develops young athletes **mentally, athletically, spiritually and socially.**

UPWARD
SPORTS

upward.org

Upward Basketball & Cheerleading League focuses on

SKILLS TRAINING CHARACTER DEVELOPMENT DRILLS & GAMEPLAY

4 Levels of Basketball Discovery

Upward Basketball provides an experience that grows with young athletes over time by using a four-level, age appropriate format. Each level is tailored to meet athletes where they are in their athletic journey, allowing them to reach their full potential, on and off the court.

LEVEL 4

Implement middle school rules while competing at a high level.

LEVEL 3

Refine skills & learn team concepts while preparing for the next level of competition.

LEVEL 2

Develop basic skills while learning game rules.

LEVEL 1

Introduce the game & basic skills.

LEVEL OF SKILL



#PLAYWITHPURPOSE



SIGN UP NOW!
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