

USDA's Smart Snacks in school standards are practical, science-based nutrition standards for all foods and beverages sold or served to students during the school day. The new rule went into effect July 1, 2014.

This list is not all inclusive. Alternative items may be available at different stores. Manufactures' ingredients and distribution change frequently. To find out if a food or beverage not on the list meets the standards, visit <http://tools.healthiergeneration.org/calc/calculator/> for an online calculator. If you wish to bring in an item not on the list, please input the nutritional information into the calculator at the above link and print the sheet showing its approval. The item will then be added to the approved snack list

Manufacturer	Name/Description	Serving	Walmart
	Applesauce/Fruit Snacks/Fruit Cups		
All Brands	Individual Fruit Cups in Water or Natural Juices	1/2 cup	X
All Brands	Dried Fruit with No Added Sugar	1/4 cup	X
All Brands	Fresh Fruit & Vegetables – Individual Bags or Platters	1/2 cup	X
Buddy Fruits	100% Fruit Snack Squeeze Pouch All Flavors	1 pouch (90g)	X
Buddy Fruits	Pure Fruit Jiggle Gel	1 pouch (3.2 oz)	X
Chiquita	Fruit Chips 100% Fruit Freeze Dried	1 pouch	X
Cliff	Organic Twisted Fruit – All Flavors	1 twist	X
Crunchies	Freeze Dried Fruit – All Flavors	1/4 cup	X
Crunch Pak	Dipper Fruit Packs - All Flavors	1 container (2.75 oz)	X
Del Monte	Fruit Cups No Sugar Added – All Flavors	1 cup (106g)	X
Del Monte	Fruit Naturals No Sugar Added	1 container	X
Disney	Fruit Crisps Freeze Dried Fruit Slices – All Flavors	1 bag (7g)	X
Dole	Fruit Cups in 100% Juice-All Flavors	1 container (113g)	X
Dole	Fruit Squish'ems	1 pouch	X
Earth's Best	Organic Applesauce-Cinnamon	1 cup (113g)	X
Earth's Best	Organic Applesauce-Original	1 cup (113g)	X
Great Value	All Natural No Sugar Added Applesauce – Individual Cups	4 oz unit (113g)	X

Manufacturer	Name/Description	Serving	Walmart
	Applesauce/Fruit Snacks/Fruit Cups		
Great Value	Unsweetened Applesauce	1/2 cup	X
Great Value	Dried Apricots	7 pieces	X
Great Value	No Sugar Added Fruit Cups – Peaches	1 bowl (108g)	X
Happy Squeeze	Fruit & Veggie TWIST Pouch – All Flavors	1 pouch (99g)	X
Motts	Healthy Harvest No Added Sugar – Country Berry, Peach Medley and Summer Strawberry	1 cup (113g)	X
Motts	Natural Apple Sauce	1 cup (111g)	X
Musselman's	Natural Unsweetened Applesauce	1 cup (113g)	X
Musselman's	Healthy Picks – All Flavors	1 cup (113g)	X
Peter Rabbit Organics	100% Pure Fruit Snacks Pouch – All flavors	1 pouch (4oz)	X
Peter Rabbit Organics	100% Veg & Fruit Puree Pouch	1 pouch (4.4 oz)	X
Sunmaid	Raisins	1 box (42.5g)	X
Tree Top	No Sugar Added Natural Apple Sauce- Individual Cups	1 unit (113g)	X
	Chips/Pretzels/Popcorn/Corn Nuts		
Act II	Bags 94% fat free butter popcorn	6.5 Cups popped	X
Corn Nuts	Original, Ranch, Chile Picante	1 package (1/3 Cup)	X
Corn Nuts	Original, Ranch, BBQ & Chile Picante	1/3 cup	X
General Mills	Chex Mix- Traditional Sweet n Salty, Trail Mix, Carmel Crunch	1/2 cup	X

Manufacturer	Name/Description	Serving	Walmart
Lays	Baked Doritos Brand Nacho Cheese Flavored Tortilla Chips	15 chips (1oz)	X
Lays	Baked Ruffles Potato Chips	9 crisps (1oz)	X
Quaker	Popped Rice Snacks – only Apple and Chocolate	1 oz	X
Quaker	Rice Cakes-All Flavors	1 Cake	X
Tostitos	Baked Scoops- Light Tortilla Chips	16 chips (28g)	X
	Nuts/Seeds		
Blue Diamond	Almonds Whole Natural – Grab & Go bags	1 bag (1oz)	X
David	Original Sunflower Seeds	1 bag (1.75 oz)	X
David	Pumpkin Seeds	1/3 cup	X
Emerald	100 calorie Packs- Natural Almonds	1 bag (18g)	X
Orchard Fresh	Walnuts Halves & Pieces	1 oz	X
Orchard Fresh	Pecan Halves	1 oz	X
Orchard Fresh	Whole Natural Almonds	1 oz	X
Planters	Cashew Halves & Pieces	50 pieces	X
Planters	Dry Roasted Peanuts	39 pieces (28g)	X
Wonderful	Pistachios	1 bag (1.5oz)	X
	Cakes/Cookies/Crackers		
Annie's	Homegrown Bunny Grahams – Honey, Chocolate Chip, Chocolate	About 28 cookies (30g)	X
Crunchmaster	Grammy Crisps – Cinnamon Sugar	25 crackers	X

Manufacturer	Name/Description	Serving	Walmart
Homekist	Honey Graham Crackers	2 full sheets	x
Kellogg's	Special K Cracker Chips – Individual Bags	1 package	x
Kellogg's	Special K Cracker Chips-Sea Salt, Sour Cream & Onion, Southwest Ranch, Cheddar	27-30 Chips (30g)	x
Nabisco	100 Calorie Packs-Mini Teddy Grahams	1 package (22g)	x
Nabisco	100 Calorie Packs – Sweet and Salty	1 package (22g)	x
Nabisco	100 Calorie Packs-Wheat Thins Toasted Chips	1 package (22g)	x
Nabisco	Honey Maid Grahams	8 crackers (2 full sheets)	x
Nabisco	Honey Maid Grahamfuls –All flavors	1 pack (25g)	x
Nabisco	Honey Maid Lil' Squares – Cinnamon	29 pieces	x
Nabisco	Teddy Grahams 150 Calorie Pouches, Chocolate, Cinnamon, and Honey Cinnamon	1 pouch (35g)	x
Nabisco	Teddy Grahams – Honey, Cinnamon, Chocolate, and Chocolate Chip	24 pieces	x
Nabisco	Triscuit – All Flavors	Approx. 6 crackers	x
Nabisco	Triscuit Thin Crisps – All Flavors	Approx. 15 crackers	x
Nabisco	Wheat Thins- Original, Reduced Fat, Multigrain, and Toasted Chips	About 14 pieces (1oz)	x
Nabisco	Wheat Thins Toasted Chips – Garden Valley, Vegetable, and Great Plains Multigrain	13 chips (28g)	x
Pepperidge Farm	Baked Naturals Cracker Chips – Multigrain (only)	27 pieces (30g)	x

Manufacturer	Name/Description	Serving	Walmart
	Pastries/Bagels		
Kellogg's	Pop Tarts Oatmeal Delights – All Flavors	1 pastry (50g)	X
Sara Lee's	Soft & Smooth mini bagels – Whole Grain, Cinnamon	1 bagel (37g)	X
Thomas	Bagel Thins – 100% Whole Wheat, Everything, Plain	1 bagel (46g)	X
	Drinks		X
Apple & Eve	Fruitables	6.75 oz	X
Campbell's	V-8 – Spicy Hot, Low Sodium or Regular	8 fl oz. or less	X
Campbell's	V-8 Fusion – Strawberry Banana, Peach Mango, Pomegranate Blueberry, and Tropical Orange	8 fl oz. or less	X
Campbell's	V-8 Fusion – Strawberry Banana, Peach Mango, Pomegranate Blueberry, and Tropical Orange	8 fl oz. or less	X
Campbell's	V-8 Fusion Refreshers	8 fl oz. or less	X
Capri Sun	100% Juice Pouches – All Flavors	1 pouch	X
Dole	100% Pineapple Juice	8 fl oz. or less	X
Great Value	100% Apple Juice, Cranberry, Grape	8 fl oz. or less	X
Great Value	Vegetable Juice from Concentrate 100% Juice	8 fl oz. or less	X
Horizon	Organic Milk – Reduced Fat Milk– All Flavors	8 fl oz	X
Horizon	Organic Milk – Lowfat – All Flavors 8	8 fl oz	X
Juicy Juice	100% Juice – Berry, Grape, Punch, Strawberry, Banana, and White Grape	8 fl oz. or less	X
Minute Maid	100% Juice – Apple, Fruit Punch, Apple White	8 fl oz. or less	X

	Grape, and Mixed Berry		
Manufacturer	Name/Description	Serving	Walmart
Motts	100% Apple Juice	8 fl oz. or less	x
Ocean Spray	100% Juice – Grapefruit, Cranberry, Ruby Red Grapefruit, and Cranberry & Pomegranate	8 fl oz. or less	x
Sam's Choice	100% Juice – Apple Juice Punch Blend, White Grape	8 fl oz. or less	x
Silk	Pure Almond Milk – All Flavors	8 fl oz or less	x
Seneca	100% Apple Juice	8 fl oz or less	x
Sunsweet	100% Prune Juice	8 fl oz or less	x
Tummy Tickler	100% Juice – Apple	8 fl oz or less	x
Treetop	100% Apple Juice	8 fl oz. or less	x
Tropicana	100% Juice – Apple Juice, Fruit Punch, Orange Juice	8 fl oz. or less	x
Welch's	100% Juice – Grape, White Grape, White Grape, Cherry, White Grape Peach, White Grape Blueberry, Kiwi, and Strawberry Kiwi	8 fl oz. or less	x
All Brands	100% Juice (Product must state 100% juice)	8 fl. oz or less	x
All Brands	Milk – Lowfat 1%, Fat Free	12 fl oz or less	x
All Brands	Milk Alternative – Reduced Fat Enriched - Rice, Nut,	12 fl oz or less	x
Water	Pure water, no added artificial sweetener and/or caffeine	Any size	x
	Yogurt/Cheese/Smothies		
Chobani	Non-fat Yogurt – All Flavors	6 oz (170g)	x

Chobani	Low Fat Yogurt – All Flavors	6 oz (170g)	X
Manufacturer	Name/Description	Serving	Walmart
Dannon	Danimals- Yogurt Smoothies	1 bottle (3.1 fl oz)	X
Dannon	Oikos- Fruit on the Bottom Non-fat	5.3oz (150g)	X
Dannon	Light & Fit	6 oz (170g)	X
Frigo	Light String Cheese	1 stick (28g)	X
Great Value	Lowfat Yogurt –All Flavors	6 oz	X
Great Value	Light- Non-Fat Yogurt – All Flavors	6 oz	X
Health Valley	Fruit Yogurt Smoothie Pouch – Strawberry Banana, and Pear Mango	1 pouch (4.2 oz)	X
Kraft	Live Active 2% Milk Marbled Colby & Monterey Jack cheese stick	1 stick (28g)	X
Kraft	Mozzarella Cheese String – 2% Milk	1 stick	X
Liberte	Nonfat Greek yogurt-all flavors	5.3 oz	X
Sargento	String Cheese	1 stick	X
Sargento	Reduced Fat – Colby Jack, Cheddar, Sharp Cheddar	1 stick	X
Stoneyfield	YoKids – Lowfat Yogurt – All Flavors	1 container (4 oz)	X
The Laughing Cow	Cheese Wedges Light – All Flavors	1 wedge	X
Yoplait	Original Yogurt – All Flavors	6oz	X
Yoplait	Reduced Fat Yogurt – All Flavors	8 fl or less	X
Yoplait	GoGurt Protein – Portable Low Fat Yogurt- All Flavors	1 tube (64g)	X

Yoplait	Simply GoGurt-Portable Low Fat Yogurt –All Flavors	1 tube (64g)	X
Manufacturer	Name/Description	Serving	Walmart
Yoplait	Yoplait Kids Yogurt – All Flavors	1 container (113g)	X
Yoplait	Light Yogurt – All Flavors	6oz	X
Yoplait	Pro-Force Protein Yogurt For Kids – All Flavors	1 container (3.5 oz)	X
Weight Watchers	String Cheese	1 stick	X
	Cereal/Breakfast Bars		
Kash	Soft Baked Cereal Bars- Ripe Strawberry	1 bar (35g)	X
Kellogg's	Nutri-Grain Cereal Bars – All Flavors	1 bar (37g)	X
Kellogg's	Special K Bar – 90 Calorie Vanilla Crisp, Strawberry, Chocolate Drizzle	1 bar (22g)	X
Quaker	Oatmeal to Go – Banana Bread, Oatmeal Raisin, Brown Sugar & Cinnamon, and Raspberry Streusel	1 bar (60g)	X
Quaker	Soft Baked Bars- Banana Nut Bread, and Cinnamon Pecan Bread	1 bar (42g)	X
Sunbelt	Fruit and Grain Cereal Bar – Blueberry	1 bar (39g)	X
Sunbelt	Crunchy Oats and Honey Granola Bars	1 bar (29g)	X
	Granola Bars		
Cascadian Farm	Organic Chewy Granola Bar-Fruit & Nut Bar	1 bar (35g)	X
Great Value	Crunch Oats & Honey	2 bars (42g)	X
Kashi	Chewy Granola Bars – Honey Almond Flax, Trail Mix, and Peanut Butter	1 bar (35g)	X
Nature Valley	Chewy Trail Mix Bar	1 bar (35g)	X

Nature Valley	Crunch Granola Bar – Oats N Honey, Peanut Butter, and Cinnamon	2 bars (42g)	X
Manufacturer	Name/Description	Serving	Walmart
Quaker	25% less Sugar Chewy Granola Bar All Flavors	1 bar (24g)	X
Quaker	90 Calorie Chewy Granola Bar – All Flavors	1 bar (24g)	X
Quaker	Chewy Granola Bar – All Flavors	1 bar (24g)	X
	Ice Cream/Frozen Novelties		
Blue Bunny	Sweet Freedom No Sugar Added Fudge Lites	1 bar (45g)	X
Blue Bell	Fruit Bars-All flavors	1 Bar	X
Dryer's	No Sugar Added Fruit Bars-Black Cherry, Strawberry, Kiwi, Mixed Berry, Strawberry, Tangerine, and Raspberry	1 bar (51g)	X
Fudgsicle	Fat Free-No sugar added	1 bar (65g)	X
Fudgsicle	100 Calorie Bar	1 bar (65g)	X
Skinny Cow	Ice Cream Sandwiches-all flavors	1 sandwich	X
Skinny Cow	Cones-All flavors	1 cone	X
Skinny Cow	Bars-all flavors-carmel, cookies & cream, fudge	1 bar	X
Great Value	Crunch Oats & Honey	2 bars (42g)	X
TCBY	Frozen Yogurt On The Go – All Flavors	1 pouch (60g)	X
Weight Watchers	Fudge bars-Giant latte	1 bar	X
Otter-Pops	100% Juice Fast Freeze Juice Bars	1 pop (1oz)	X