



# March 2018

## Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			<b>1</b> Meatball Pizza Sub Turkey Chef Salad Cheese Sandwich Sides: Black Charro Beans Celery Sticks Fresh Banana Fresh Pear	<b>2</b> Broccoli & Cheese Baked Potato Turkey Ham Sandwich Turkey Sandwich Pepperoni Pizza Sides: Steamed Broccoli Fresh Baby Carrots Fresh Apple Fresh Cantaloupe	<b>Special News...</b>  <b>Serve Daily:</b> Hamburger on Bun Chicken Patty Spicy Chicken Patty Chicken Nuggets Cheese Pizza Turkey Hot Dogs Grilled Cheese Sun-Butter & Jelly Sandwich  <b>Grain Choice:</b> All Breads, Pastas, Rice, and Breading are Whole Grain.  <b>Condiments Selection:</b> Ranch Dressing Italian Dressing Ketchup Mayonnaise Mustard BBQ Sauce  <b>Milk Choice:</b> Skim Milk 1% Milk  Menus are subject to change without notice.
<b>5</b> No School	<b>6</b> Chicken Nugget Bowl All-American Cobb Salad Cheese Sandwich Sides: Fresh Roasted Carrots Jimaca Sticks Fresh Banana Fresh Orange	<b>7</b> Macaroni & Cheese Fresh Apple & Cheese Plate T-Ham Sandwich Sides: Steamed Zucchini Celery Sticks Fresh Apple Fresh Cantaloupe	<b>8</b> Roasted Turkey Popcorn Chicken Salad Turkey Sandwich Sides: Kickin Pintos Beans Fresh Baby Carrots Fresh Banana Fresh Pear	<b>9</b> Corn Dogs Beef Nacho Salad Cheese Wrap Pepperoni Pizza Sides: Steamed Broccoli Fresh Cucumber Slices Fresh Apple Fresh Cantaloupe	
<b>12</b> Spaghetti w/ Meatballs Kickin Pinto Taco Salad Turkey & Cheese Sandwich Sides: Sweet Golden Corn Fresh Broccoli Fresh Apple Fresh Pear	<b>13</b> Fish Sticks w/ Mac & Cheese Turkey Chef Salad Egg Salad Sandwich Sides: Seasoned Green Beans Fresh Cucumber Fresh Banana Fresh Orange	<b>14</b> Oven Roasted Chicken Drumsticks Beef Nacho Salad T-Ham Sandwich Sides: French Fries Steamed Zucchini Fresh Apple Fresh Cantaloupe	<b>15</b> Beef Tacos Popcorn Chicken Salad Tuna Salad Sandwich Sides: Chipotle BBQ Black Beans Celery Sticks Fresh Banana Fresh Pear	<b>16</b> Sweet & Sour Popcorn Chicken w/ Broccoli Tuna Salad Platter Egg Salad Wrap Pepperoni Pizza Sides: Steamed Broccoli Fresh Baby Carrots Fresh Apple Fresh Cantaloupe	
<b>19</b> Oven Roasted Chicken Drumsticks Vegetarian Baja Salad T-Ham Cheese Sandwich Sides: French Fries Fresh Broccoli Fresh Apple Fresh Pear	<b>20</b> No School	<b>21</b> Broccoli & Cheese Baked Potato Turkey Chef Salad Egg Salad Sandwich Sides: Orange Glazed Carrots Fresh Squash Fresh Apple Fresh Cantaloupe	<b>22</b> Beef Nachos Egg Chef Salad Chicken Sandwich Sides: Vegetarian Baked Beans Fresh Celery Sticks Fresh Banana Fresh Pear	<b>23</b> Gen Tso Popcorn Chicken w/ Broccoli Beef Taco Salad Turkey & Cheese SDW Pepperoni Pizza Sides: French Fries Fresh Baby Carrots Fresh Apple Fresh Cantaloupe	
<b>26</b> Beef Meatloaf Fruit Cheese Cube Salad Turkey Sandwich Sides: French Fries Fresh Baby Carrots Fresh Apple Fresh Pear	<b>27</b> Corn Dog Tuna Platter Salad Cheese Sandwich Sides: Steamed Zucchini Fresh Cucumber Fresh Banana Fresh Orange	<b>28</b> Mac & Cheese All-American Cobb Salad T-Ham Sandwich Sides: French Fries Fresh Celery Sticks Fresh Apple Fresh Cantaloupe	<b>29</b> Meatball Pizza Sub Ranch Chicken Salad Cheese Wrap Sides: Campfire Chipotle Beans Fresh Baby Carrots Fresh Banana Fresh Pear	<b>30</b> No School	

**To make a meal, student must select at least 1 serving of fruit or vegetable.**

**A parent/guardian of any student with a food allergy should feel Free to contact the Food Service Director at: (708) 484-5773.**

