

# Westmont High School AVID

## What is AVID?

AVID stands for **ADVANCEMENT VIA INDIVIDUAL DETERMINATION**. This program has been in existence for over 30 years. The program at Westmont is in its second year and we have goal of taking the AVID strategies school wide.

## What does it mean?

We help students succeed in high school and get accepted into 4 year colleges and universities, and succeed there, by training you to:

- A. Take Effective and Useful Notes
- B. Study – Cornell Strategies
- C. Write Well – Research papers and timed essays
- D. Work with Groups so Everyone Succeed
- E. Read Effectively
- F. Learn and Ask Questions and develop critical thinking
- G. Prepare for tests – ACT, PSAT, SAT

## AVID = Success

When you sign up for AVID, you are signing up for a **4-year program at Westmont High School** that will help make sure you meet your **college entrance requirements**. AVID is known all over the United States for its success rate.

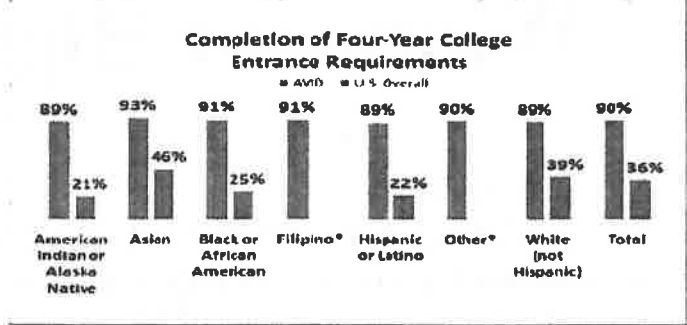
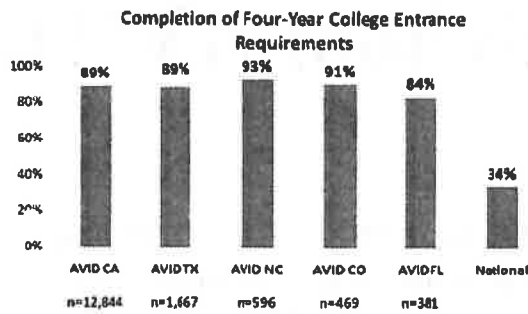
### What does the research say about AVID?

Independent research, together with AVID's own data, validate that the AVID college-readiness system works.

AVID students are more likely to take Advanced Placement classes to complete their college eligibility requirements, and to obtain admission into four-year colleges than students who do not take AVID.

Also most all AVID students who participate for at least three years are accepted into college with roughly 75% being accepted into four-year universities. AVID also helps to ensure that students possess the higher-level skills they need to be successful in their lifelong academic pursuits.

<http://www.AVID.org>



**“Rigor without support is a prescription for failure. Support without rigor is a tragic waste of potential.”**

Mary Catherine Swanson  
AVID Founder

## Who is an AVID Student?

We are looking for students who:

- very motivated to succeed and earn As and Bs in all classes.
- do all their homework, but struggle with tests.
- want to be the first in their family to attend a 4 year university after high school.
- want to do better in school, but need someone to push/support them.
- want to make their parents proud by enrolling in a college prep program.
- want to be successful in high school by keeping a 2.0-4.0 grade point average & be a part of school activities (sports, drama, band, arts, clubs, etc)

## What does this mean to me?

As a **WESTMONT HIGH SCHOOL AVID STUDENT**, you will be part of the **WHS AVID** family. You will go on fieldtrips, enter contests, attend workshops, and have older high school and college students as tutors **FOR FREE!**

## What do I need to do?

Complete the Application ASAP

Return to Mrs. Jarrett in room 52

If selected, a possible interview with the AVID team

## Questions?: