

**RESOLUTION**  
**McAllen ISD School Health Advisory Council (SHAC)**  
**Recommendations on foods & beverages offered**  
**during the school day and used as part of fundraising**  
**[03/20/2014 SHAC Meeting]**

**WHEREAS**, § 28.004 of the Texas Education Code requires school districts to consider the recommendations of the local school health advisory council before changing the district's health education curriculum or instruction; and

**WHEREAS**, § 28.004 of the Texas Education Code also requires the local school health advisory council to recommend to administration the development of nutrition guidelines that are as restrictive or more restrictive as Federal regulations.

**WHEREAS**, there is national, state, and community concern about the increase in obesity, diabetes, and other medical conditions among school-age youth; and

**WHEREAS**, research by Let's Move and Alliance for a Healthier generation indicates that schools greatly reduced food waste and reduced behavior interventions in elementary aged students during lunch by having recess before lunch

**WHEREAS**, the local school health advisory council has considered that local community values are reflected in any recommendation made by the council;

**WHEREAS**, the Healthy Hungry Free Kids Act of 2010 provides mandatory guidelines (USDA Smart Snacks) on foods and beverages offered or sold to students during the school day.

**WHEREAS**, the following definitions are agreed upon:

**School day:** Defined by Federal USDA smart snacks legislation as midnight to 30 minutes after the end of the instructional day.

**Instructional day:** Defined as the time of instruction at the schools. Bell schedule is used to determine beginning and end of instructional day.

**Competitive Foods:** Foods and beverages sold or made available to students that compete with the school's operation of reimbursable meals and snacks. This definition includes, but is not limited to, food and beverages sold or provided in vending machines, in school stores or as part of school fundraisers.

**School fundraisers:** Competitive foods and beverages sold through direct or indirect sales by school administrators or staff (principals, coaches, teachers, etc.), students or student groups, parents or parent groups, or any other person, company or organization.

**A la Carte:** Individually priced food items provided by the school food authority during meal times. These items may or may not be part of the reimbursable school meal. Examples include baked chips, v8 splash)

**School Food Authority:** McAllen ISD Food & Nutrition Services Department that provides meals reimbursed under the National School Lunch Program, which includes the Seamless Summer Option and After School Care Program, School Breakfast Program, and Child and Adult Care Food Program.

***NOW, THEREFORE, based on this information, BE IT RESOLVED that the McAllen Independent School District School Health Advisory Council recommends that:***

- a) All elementary campuses ensure scheduling so students have recess first and then a designated lunch period of at least 30 minutes (law requires 20 minutes to eat after service)***
- b) No competitive food or beverage items may be offered or sold to students during the instructional day. This does not restrict a parent or guardian from bring in food for their own child(ren) consumption. These food items may not be shared with other students.***
- c) All food and beverage items offered to students the last 30 minutes of the school day must be procured from the School Food Authority.***
- d) All competitive foods and beverages sold or offered to students after the school day must meet USDA Smart Snacks Guidelines and must also not be sodas or energy drinks. Campuses will be allowed a one-time exemption for a school carnival with date submitted to school food authority one month in advance.***
- e) It is recommended that fundraisers focus on non-food or beverage related sales. However, if fundraisers do include food and beverages they must comply with USDA guidelines.***
- f) Foods and beverages sales at UIL Sponsored Activities (example concession stands) and fieldtrips are excluded from the above provisions.***
- g) All a la carte foods and beverages offered to students must meet USDA Guidelines and also not include sodas or energy drinks. Additionally, elementary campuses are limited to only beverages as allowed in the USDA guidelines.***

Aforementioned Resolution was initially discussed at the January 16, 2014 SHAC Meeting. A Food and Nutrition Sub-committee was established. Input from the Sub-committee was discussed at the February 20, 2014 and March 20, 2014 School Health Advisory Council meetings. Final recommendations were finalized at the March 20<sup>th</sup> meeting. A vote of members present at the SHAC meeting was taken – Resolution passed unanimously. For members not in attendance, they will have an opportunity to approve/not approve Resolution via email vote by March 28, 2014. These members also voted in favor. Resolution was approved by SHAC and submitted by April 1, 2014 to Superintendent of Schools. Approved resolution was presented (as an administrative policy) to the McAllen ISD Board of Trustees in the annual SHAC report to the Board.